

2026 HOLY CONSECRATION

January 4 through January 24



GRACELIFE

2 Peter 3:18

Setting ourselves apart for **21 days of praying and fasting** to grow in grace.

After having his life altered by finding faith in God through surviving a violent shipwreck in 1748, John Newman wrote the timeless hymn ***Amazing Grace*** as a testimony of his life's journey. This former, harsh, slave trader converted and became an Anglican minister and abolitionist, transformed by the grace of God. **Grace** is at the core of our relationship in Christ Jesus. It empowers us to get rid of spiritual weight and clingy sin and become more like Christ. Our focus for this year's 21 Day Consecration is to "grow in the **grace** and knowledge of our Lord and Savior Jesus Christ." As we become more ***graced gripped*** we live more of an abundant grace life.

~ Pastoral Team

What is Consecration? In the Hebrew language to consecrate means to *dedicate, separate or set apart*. Holy Consecration is:

- a sacred time of *setting ourselves apart for God's service* through fasting and praying. It increases our ability to hear clearly from God.
- a way to *demonstrate our love to God* and show him that His plans for our lives, money, and ministry are our priority.
- a *process of spiritual purification* that resets our lives and cleanses us from unrighteousness.
- a process that *matures us as a disciple of Christ*.
- it helps us to *live our best and abundant life*.

Spirit (Galatians 5:16 NLT)

- Have daily conversations with God (1 John 5:14-15)
- Pray the word of God, and in the Spirit (Jude 1:20)
- Spend 15-30 minutes in daily meditation and listening to God (Jeremiah 33:3)
- Attend CAYA and Prayer every week (Hebrews 10:24-25)
- Commit to spiritual transformation (Ephesians 4:23)
- Bring more kindness to the culture! Give one random act of kindness a week.

Body (1 Corinthians 6:19-20)

- Glorify God with your body.
- Be intentional about your physical health.
- Exercise at least 3 days a week (includes walking, shoveling snow).
- Consider scheduling a physical examination.

Soul (Psalm 86:6 NASB)

- *Consecrate!* Practice more of the fruit of the Spirit (Galatians 5:22-24).
- Positively feed your mind, will and emotions (Philippians 4:8).
- Speak positive declarations about yourself and others (John 12:49).
- Love God and people (Deuteronomy 6:5-8).
- Embrace and cultivate biblical diversity (Romans 10:12).
- Fulfill God's purpose (Ephesians 5:10).
- Live Biblically (James 1:22) and Spiritually (Ephesians 4:23) empowered.
- Serve in Excellence (Daniel 6:3)

Fasting Options

The purpose of fasting is to sacrifice food and/or beverages to strengthen our relationship with God. If what you are fasting from doesn't mean anything to you, then it doesn't mean anything to God. Below are some fasting choices that will unify us.

As with any fast, we encourage you to consult with your physician about how you can fast.

Daniel Fast	The Daniel fast includes only fruit, vegetables, pulses (beans), whole grains, and water.
Directed Fast	Pray and ask the Lord how he wants you to fast, what He wants you to fast from, and the time of day he wants you to fast.
Intermittent Fast	<p>This fast is any of various meal timing schedules that cycle between voluntary fasting and non-fasting over a given period. Methods of intermittent fasting include alternate-day fasting, periodic fasting, such as the 5:2 diet, and daily time-restricted eating.</p> <p>Alternate day fasting involves “fasting days” in which no energy-containing foods or beverages are consumed alternating with days where foods and beverages.</p>
Time-Restricted Fast	<p>Time-Restricted Eating (TRE), time-restricted eating involves limiting eating hours to a specific window.</p> <p>Example: Fast for 12 hours a day without any food or water for 21 days.</p>
<i>New to Fasting</i>	<p>Here are some options for fasting:</p> <ul style="list-style-type: none"> • Drink water only during the consecration (fruit and veggie enhancers allowed). • Eat fruit, vegetables, beans, nuts, and plant-based foods only. • Don't eat a favorite food item and/or drink for twenty-one days. • Water only to drink during the entire consecration. • Skip one meal a day and don't eat anything from 9:00pm to 9am. • Or try a combination of these options.
<i>Non-Food Fast</i>	<p>You can also fast from things that keep you from spending time with God. Ask God to search your heart and help you decide on what to thing to fast from:</p> <ul style="list-style-type: none"> • Cussing. • Gossiping. • Gaming (gambling), video games. • Screen time (social media: some or all). • Movies or shows with vulgar language or sexually explicit content. • Reading, listening, or watching negative news. • Seek God on things specific to you.

Prayer Schedule

During this Consecration, we are coming together to pray and fast to know and hear from God more. He has called us to be set apart for Him. For these 21 days we have set aside special prayer times and activities to prepare our hearts and spirits for revival. As we consecrate in prayer we are returning to our first love, rekindling the devotional fire, and seeking the face of God with acceptance and repentance. Join us as we pray and declare the Word of God before Him to embrace and live more in his grace.

Mondays January 5, 12, and 19

6:00am – 7:00am | Online Prayer | Zoom

Wednesdays January 7, 14, and 21

6:30pm – 7:30pm | Prayer Walk | KM Center

Saturdays January 10, 17, and 24

10:00am – 11:00am | Prayer & Praise | KM Center

Daily 30 for 30 - Thirty minutes of Bible reading and thirty minutes of prayer.

There are many ways this can be done.

- 15 minutes of reading and praying in the morning and 15 minutes of reading and praying in the evening.
- 10 minutes of reading and praying in the morning, 10 minutes around 12 noon, then 10 minutes in the evening.
- Be creative in finding ways to get your 30 for 30 in.
- Consider reading and praying with someone else.

<h1>Week 1</h1> <h2>January 04-10</h2>		<h1>Devotional Focus</h1> <p>God's Unifying Grace</p>
Day 01	Discovering Grace Genesis 6:3, 5-8, 22	When is the 1 st time the word grace was used in the bible (not the concept of God's Grace)? God extended His mercy in the life of _____ and his family (how many people did God spare __?). This was also the 1 st time a certain thing ever happened on the earth _____?
Day 02	Experiencing Grace Deuteronomy 8:1-5	This passage reminds us how the Lord extends His Grace even in the midst of His punishing the _____ during their __-year journey of judgement and development through the wilderness. God allowed them to go through the wilderness to _____ them? _____ was the number who made it through the wilderness.
Day 03	The Throne of Grace 2 Samuel 7:12-16	We see the "Grace of God" shown forth in the life of _____. God would not let _____ build His house because _____, all while ensuring him that God's throne would be a part of his _____ forever.
Day 04	Extension of Grace Matthew 1:1-17 Luke 3:23-38	There is no way we can talk about the "Great Gift of God," Grace without stopping by the "Birth of Christ." Both genealogies in the passages are filled with examples of God's grace in the people that were included. Take some time to identify and familiarize yourself with a few undeserving (grace) people. List them and their connection to Christ _____
Day 05	Source of Grace John 3:16-17 Romans 5:10-11, 20	"For God so _____ the world, that He gave (<i>graced</i>) us his _____, so that no believer in Jesus should perish (Mercy) but have _____ life (GRACE). For Jesus did not come into the world to _____ (Mercy), but that through Him we might be _____ (Grace). What was God's Greatest Gift of Grace according to: John 1:14, Philippians 2:6-8, 1 Timothy 3:16, Hebrews 2:14, 1 John 4:2-3 _____?
Day 06	Gift of Grace Ephesians 4:4-13	This is a great passage that teaches us how God's gifts of grace unify us in the building of the body of Christ and His Kingdom. The hope found in this passage unifies us as one _____ and one _____. This passage also gives us the key focuses of how we can become and remain one in Christ; this is possible because He is _____, He rules _____ and is _____ and is in _____.
Day 07	Unity of Grace 2 Peter 3:18	This is our anchor verse, it encourages us to _____ in the _____ of Jesus, through the _____ of Jesus, which leads us to _____ in Jesus. There is an expectation of growth, for the development and growth of the body.....

<h1>Week 2</h1> <h2>January 11-17</h2>		<h1>Devotional Focus</h1> <p>Growing in Grace Through...</p>
Day 08	Prayer Psalm 145:18-19	God's grace enables us to communicate with him through prayer. In talking <i>with</i> God, we learn his will and plan for our daily lives. Start your day by asking the Lord and begin fulfilling what his plans are for your day.
Day 09	Fasting Romans 14:17	Fasting sends a clear message to God and to our flesh that he is first in our lives and is worth the sacrifice of food. As you give up food confirm and confess that serving God is your priority and experience God's grace strengthening your mind, body, and spirit.
Day 10	Scripture John 1:14	The glory of Jesus is accompanied by His grace. As you read, hear, and meditate on the Word of God acknowledge and receive His grace and truth for circumstances and relationships in your life. Living the word of God is how we become <i>graced-gripped</i> !
Day 11	Love Romans 5:2, 8	Lift your spirit and celebrate how God's love saturates, saves, and sustains you by His grace! Research and read other Scriptures that reveal God's unconditional and eternal love for you.
Day 12	Overcoming Sin Luke 10:19	In this passage, snakes and scorpions represent evil and danger. The grace and power of Christ have given us victory over everything the enemy throws at us. Remember to pray <i>from</i> victory as you pray <i>for</i> victory.
Day 13	Discipline Galatians 5:16	As we push back the plate we can rely on the grace of God to discipline our flesh and build up our spirit. This is a good time to strengthen spiritual disciplines such as balancing life's demands; time with God, family, and church; witnessing Christ to others; and of course, staying spiritually, emotional, and physically fit for God's use.
Day 14	Submitting to God James 4:7	This simple but not always easy process of submitting to God can only be done by grace. Submitting consistently will progressively show a more <i>grace-filled</i> life. A more grace-filled life means we are becoming more like Jesus. The more we become like Jesus the more the enemy sees Him in us and flees from us.

Week 3 January 18-24		Devotional Focus *Coming Soon
Day 15		
Day 16		
Day 17		
Day 18		
Day 19		
Day 20		
Day 21		