

# Kingdom Forward

21 Days of Prayer & Fasting  
**Holy Consecration**  
January 10 - January 30, 2021



Our consecration will begin Sunday, January 10<sup>th</sup> and will end Saturday, January 30<sup>st</sup>.

## Week 1 Mind January 10 - 16

This week's focus is on rebooting our minds for kingdom living. Scripture informs us that our minds are renewed through the word of God. We are transformed to think like the kingdom champions we are created to be. (Romans 8:2) Jesus encourages us to "Love the Lord your God with all your heart and with all your soul and with all your **mind**." (Matthew 22:37 NIV) We do this through discovering, learning and making a plan to follow God's will. Complete and begin an Individual Growth Plan (IGP).

## Week 2 Spirit January 17 - 23

This week we set ourselves apart to deepen our relationship with the Holy Spirit. Again, the greatest commandment includes loving the Lord our God with our **soul (spirit)**. (Luke 10:27) When we are born again, of water and Holy Spirit, we become capable of living a kingdom lifestyle. The Holy Spirit will teach us how to live this way as we build our relationship with Him.

## Week 3 Body January 24 - 30

The Bible teaches that our bodies belong to God and that the Holy Spirit lives in us (1 Corinthians 6:19-20). We are to glorify God with our bodies. The focus for this week is on being a good steward of our bodies through what we eat, drink and do with it.

**CONSECRATION** in Hebrew is *Nazar*. It means to dedicate, separate or set apart. Holy Consecration is a sacred time of setting our lives apart for God's service through fasting and praying. It deepens our relationship with Jesus and increases our ability to hear clearly from God. It is a way to demonstrate our love to God and show him that His plans for our lives and ministry are our priority. It is a process of *spiritual purification*. It is also a process to mature as a disciple of Christ. Finally, fasting and praying will help us to live and celebrate our best life in Jesus Christ.

## **MIND**

- Take the kingdom approach (Matthew 6:33).
- Kingdom Lifestyle (Colossians 3:1-10).
- Develop and cultivate a champion mindset (Romans 8:2).
- Cultivate the mind of Christ (Philippians 2:4-5).
- Positively feed your mind, will and emotions (Philippians 4:8).
- Speak positively about yourself and others (Proverbs 16:24).
- Embrace your kingdom position (Ephesians 2:6).

## **SPIRIT**

- Have daily conversations with God (Psalm 91:15).
- Pray the word of God. Pray in the Spirit (Jude 1:20).
- Spend at least 30 minutes daily meditating and listening to God (Jeremiah 33:3).
- Attend CAYA and Prayer every week (Hebrews 10:24-25).
- Refrain from media, music and movies with profanity, sex, or violence.
- Commit to spiritual transformation (Ephesians 4:23).

## **BODY** (Be mindful of any medical health needs)

- **Water only to drink during the entire consecration. (Fruit in water and natural fruit smoothies are allowed)**
- Fast one meal a day and replace it with 30 minutes of Bible reading and meditation.
- Fast a 12 hour period between the last evening meal and first meal of the day.
- Fast from a favorite food vice (your choice).
- No fast foods.
- Exercise a minimum of 30 minutes every day (this includes walking).
- Consider scheduling a physical examination or visit with a Nutritionist.

Daily meditations are provided to keep us focused and empowered during the consecration. The notes are included to help you capture a thought, revelation or inspiration you can apply to your life and share with others. Sharing our growth, victories and inspirations can be encouraging and inspirational to family, relatives and friends. **Let's encourage each other during consecration!**

Week One January 10-16		Commentary
Day <b>01</b>	Trials are Common Jeremiah 29:1-3	Even the called, chosen and anointed people of Christ <b>are not exempt from many trials and tribulations of 2020 or any time period.</b>
Day <b>02</b>	God's in Control Jeremiah 29:4	God takes responsibility for allowing (or even sending the) children of Israel to go into captivity just as God has allowed us to experience the trials of 2020.
Day <b>03</b>	Glorify God Always Jeremiah 29:5-6	No matter where we find ourselves and for how long, we need to seek a new normalcy of how to glorify God in the midst of coming out of whatever we are in. <b>Housing</b> - Build houses and live in them (expound). <b>Food</b> - Plant gardens and eat their fruit (expound). <b>Family</b> - Continue to marry (not intermarry) and multiply (expound).
Day <b>04</b>	Pray for Peace Jeremiah 29:7	In times of extreme racism, oppression and unfairness we must pray for the peace of those spurring these character defects.
Day <b>05</b>	Trust God's Plan Jeremiah 29:8	No matter how bad things get we should not intermingle or accept those <i>claiming</i> to be sent from God. Their words are contrary to the word of God. No matter how hopeful, encouraging, eloquent or educated their words may seem, <b>trust God.</b>
Day <b>06</b>	Part of the Plan Jeremiah 29:11	Even though we use this verse for everything and anything, what God is really saying, is that He knew what was going to happen to the children of Israel. He knew by whom and for how long. It was all part of His plan.
Day <b>07</b>	Grace to Prosper Jeremiah 29:11	To God be the glory because after 70 years of punishment because of disobedience and idolatry, He was going back to get and restore His chosen people. <b>God's plans are always intended to extend grace to prosper His people.</b>

<b>Week Two</b> <b>January 17-23</b>		<b>Notes</b>
<b>Day 08</b>	Kingdom Priority Matthew 6:33	
<b>Day 09</b>	Kingdom Lifestyle Colossians 3:1-10	
<b>Day 10</b>	Mind of Christ Philippians 2:4-5	
<b>Day 11</b>	Kingdom Position Ephesians 2:6	
<b>Day 12</b>	Kind Words Proverbs 16:24	
<b>Day 13</b>	Kingdom Resources Ephesians 1:3	
<b>Day 14</b>	Kingdom Forward Luke 17:21	

<b>Week Three</b> <b>January 24-30</b>		<b>Notes</b>
<b>Day 15</b>	Listening to God Jeremiah 33:3	
<b>Day 16</b>	Talking with God Psalm 91:15	
<b>Day 17</b>	Body Care 1 Corinthians 6:19-20	
<b>Day 18</b>	Eat to Live 3 John 1:2	
<b>Day 19</b>	Physical Fitness 1 Corinthians 10:31	
<b>Day 20</b>	Live Pure Colossians 3:5	
<b>Day 21</b>	Physical Training 1 Timothy 4:8	