

My Country 'tis of Thee/America
*My country, 'tis of thee, sweet land of liberty,
of thee I sing: Land where my fathers died,
Land of the pilgrim's pride, from every mountainside
Let freedom ring!*

Onward, Christian Soldiers
*Onward, Christian Soldiers, Marching as to war,
With the cross of Jesus, Going on before!
Christ, the Royal Master, Leads against the foe;
Forward into battle, See His banner go!
Onward, Christian soldiers, Marching as to war,
With the cross of Jesus Going on before!*

Text Copied and/or projected by permission under
Church Copyright Agreement CCLI #1351903.

PLEDGES

Pledge to the American Flag

I pledge allegiance to the flag of the United States of America and to the republic for which it stands; one nation, under God, indivisible, with liberty and justice for all.

Pledge to the Christian Flag

I pledge allegiance to the Christian Flag and to the Savior for whose Kingdom it stands; One brotherhood uniting all Christians in service and love.

FREE Flu Shots
Thursday, November 1
11:00 AM - 1:00 PM, ROC Cafe

Sign-Up in the Church Office

Thank you to: WKU Institute for Rural Health

Senior Adult Fellowship Monthly Potluck Meeting Minutes

September 27, 2018

11:30 – 1:00 PM

Social Center-FBC

- The welcome was given by David Tooley. He reminded the group that the Haywood Brown Banquet is scheduled for Thursday, November 8th. Christian comedian, Dennis Swanberg, will be providing the entertainment.
- Pledges to the American and Christian flags were led by William Neel, Jr.
- David Ham led the group in singing "My Country Tis of Thee" and "Onward Christian Soldiers".
- Prayer of thanksgiving for the meal was voiced by David Tooley.
- Table assignments were done by Betty Stahl.
- Sandra Webb introduced the speaker for today: Melinda Joyce, Pharm.D., FAPHA, PACHE, Med Center Health. Dr. Joyce topic was Be In The Know: Your Medications and Possible Interactions. She presented information with regards to Adverse Drug Reactions, Common Adverse Events, Polypharmacy, Types of Interactions, Risk for Potential Interactions with included Drug-Drug Interactions and their consequences. Both intensification and reduction of effects with regards to medications were reviewed. The need to be careful with over the counter products was discussed. These included analgesics, cough/cold products, and interactions with alcohol. Drug-food interactions with regards to drug absorption was reviewed. Tips to minimize interactions were discussed. Following the presentation, there was a question and answer period.
- David Tooley thanked Dr. Joyce for her presentation. He dismissed the meeting with a prayer.
- Joe Johnson reported money available before the meeting was \$188. \$40 was taken in and \$30 spent in the kitchen staff leaving a cash balance on hand of \$198.

Submitted by Sandra Webb & Beth Whitfield