

Putting God First: My Life
Week 2: Ask God for Help

Video

Has anyone seen the show Amazing Race? We're going to have an amazing race of our own. A race to put God first in our lives. Are you ready?

I need 4 volunteers from each side. You have to get your crew across the river with only one team member's feet touching the river.

- What made this task difficult?
- What helped?
- When do you need help in your life?
- How does God help you when you ask?

Life can be like an amazing race. It can be hard, but you can always ask God for help, and he'll help you.

The next stop in our Amazing Race to put God first is Jericho. There is a beggar there named Bartimaeus. Now, I want us to use the scripture Mark 10:46-51 as a clue to discover the answer to the following question:

What did Bartimaeus want Jesus to do for Him? Raise your hand when you have the answer.

Tell me about a time you might have felt like Bartimaeus did when he couldn't see?

Let's find out what Bartimaeus experienced before he met Jesus.

Have 2 kids come up that have tie shoes on and put blindfolds on.

1. Untie and tie your shoes.
2. Write your name on a piece of paper
3. Read verse 52 and tell me what Jesus did for Bartimaeus

When they ask for help say: Because you asked for help, I would be happy to give you the answer!

Vs. 52: "And Jesus said to him, 'Go, for your faith has healed you.' Instantly, the man could see, and he followed Jesus down the road."

- What was easy or difficult about asking for help in this activity?
- Why is it easy or difficult for you to ask God for help in daily life?
- What would happen if we ask God for help?

- What keeps us from asking God for help sometimes?

Video

We can ask God for help in any situation in our lives. God wants to hear from us and we can trust Him to help us like he did for Bartimaeus.

Let's think about how we can ask God for help.

Write down one thing you need to ask God for help with. Maybe getting along with someone, a hard subject at school, being better at following God...

God loves us so much that he wants to help us. God can help us in lots of way. If we're scared, God can help us by giving us courage. If you need help knowing the right thing to do, God will help us by giving wisdom. When we're having a problem with a friend or family member, God might help us find patience. All we need to do is ask God for help.

Bartimaeus was very thankful that Jesus healed him. We can be thankful too, that we can ask God for help. Tell us about a time God helped you in a tough situation.

God is always here for us.

Bartimaeus was very thankful that God helped him. God helped Barimaeus in a wonderful way! God will help you also.

Let's take some time and ask God to help us in the areas that you wrote on your paper.

Now, on the count of 3 rip your paper up.

- What was it like to rip up your problems?
- How is that like or not like what happens when we ask God for help?

Our Amazing Race to put God first never ends. Every day brings a new challenge to put him first. When we ask God for help with the problems in our lives, he'll give us what we need to conquer those problems. That doesn't mean God will take our problems away. But he will help us deal with them. We just need to ask for help.

Your last task in the amazing race is to pick up all your paper.

Memory verse: "We put our hope in the Lord. He is our help and our shield." Psa. 33:20