

Notes:

## The Curated Soul:

### Living the Life you were Meant to Live

Week One — Longing for More

#### 1 Go ahead \_\_\_\_\_

*"Keep on **asking**, and you will receive what you ask for. Keep on **seeking**, and you will find. Keep on **knocking**, and the door will be opened to you. 8 For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened.* — Matthew 7:7-8 NLT

#### 2 Don't \_\_\_\_\_ too \_\_\_\_\_

*I don't mean to say that I have already achieved these things or that I have already reached perfection. But **I press on** to possess that perfection for which Christ Jesus first possessed me.*

— Philippians 3:12 NLT

#### 3 Listen to \_\_\_\_\_

*Pay **close attention** to **yourself** and to your teaching; continue in these things, for in doing this you will save both yourself and your hearers.* — 1 Timothy 4:16 NRSV

#### 4 \_\_\_\_\_ stop reaching, loving \_\_\_\_\_ more and more.

*Brothers and sisters, I myself don't think I've reached it, but I do this one thing: I forget about the things behind me and **reach out** for the things **ahead of me**. The goal I pursue is the prize of God's upward call in Christ Jesus.* — Philippians 3:13-14 CEB

~ Why Are you Alive?

~ What Keeps you Up Nights?

~ When & Where Were you Last "ALIVE"?

~ What God-Whispers are you Hearing? Nudges?  
Leadings?