

Notes:

The Curated Soul:

Living the Life you were Meant to Live - Week 2

Nourishing Your Soul Through Creation & Artwork

Press _____ and Press _____

Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

— Philippians 3:13-14 NIV

Look _____ and Look _____

For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without excuse.

— Romans 1:20 NIV

The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they reveal knowledge. They have no speech, they use no words; no sound is heard from them. Yet their voice goes out into all the earth, their words to the ends of the world. — Psalm 19:1-4

Explore your _____ side

He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end. Ecclesiastes 3:11 NIV

Honor and great power are with Him. Strength and beauty are in His holy place. — Psalm 96:6 NIV

- 1 Creation - connect with God through nature
- 2 Beauty & Art - connect with God by observing or creating artistry
- 3 Tradition - connect with God by rediscovering historic patterns and prayers
- 4 Activism - connect with God while serving others
- 5 Celebration - connect with God in worship gatherings
- 6 Contemplation - connect with God alone and in silence
- 7 Intellect - connect with God through study and learning
- 8 Relationships - connect with God through interaction with others