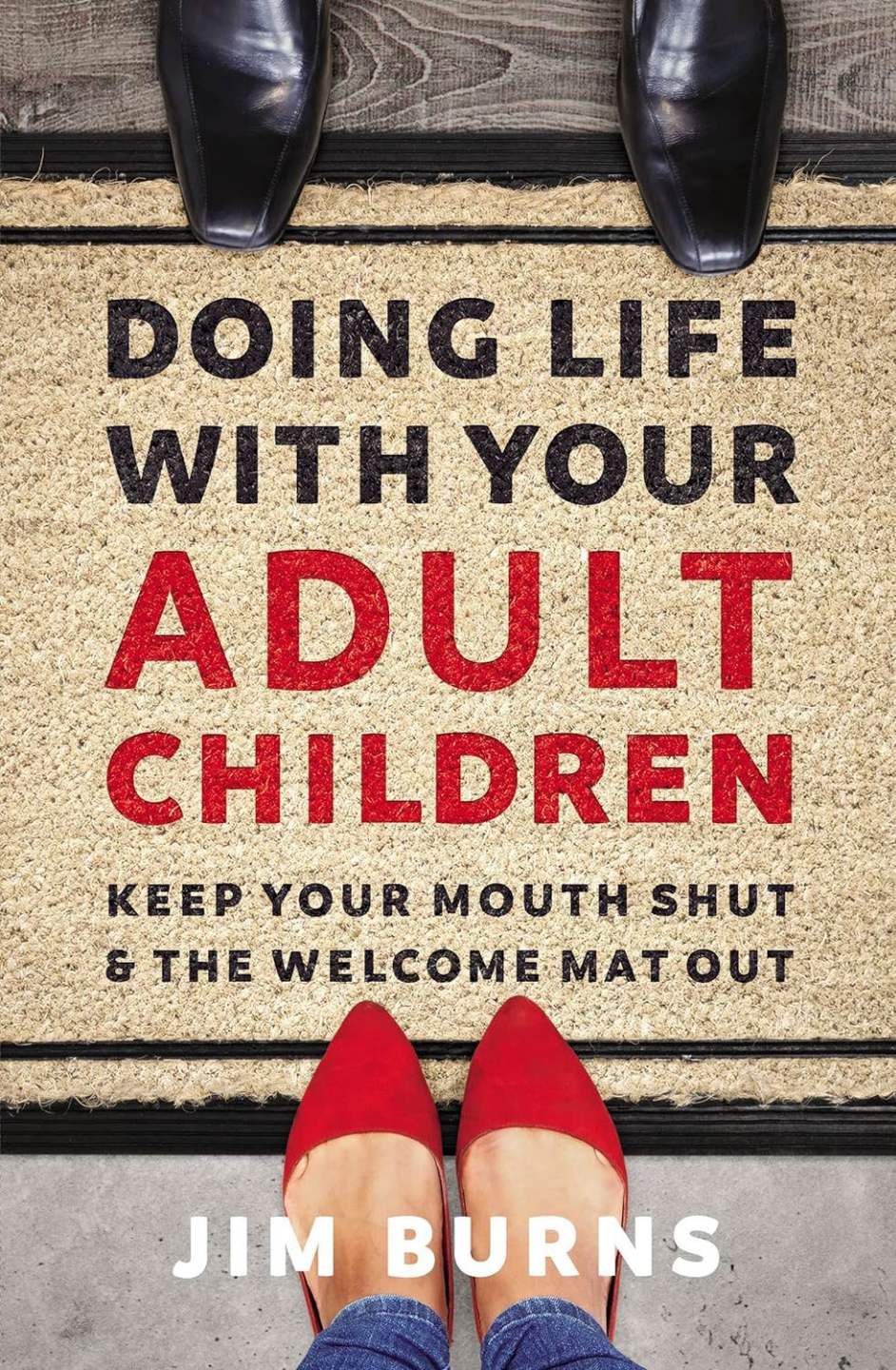


**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**A Jesus University Offering
Jan – Feb 2024**



**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**KEEP YOUR MOUTH SHUT
& THE WELCOME MAT OUT**


JIM BURNS

Facilitators: Eric and Teresa Edwards

Duration: 6 Sessions, January - February
- no class 1st Sunday of February

Resources

- The Holy Bible: scriptures throughout study
 - In-class videos and handouts
 - “Doing Life with Your Adult Children” book
-



6-Week Study

Welcome

Jan 14th, Session 1: You're Fired! (So be quiet)

Jan 21st, Session 2: Keep Learning

Jan 28th, Session 3: From Linger to Launch

Feb 4th, NEXT GENERATION PRAYER TIME

Feb 11th, Session 4: Differing Values

Feb 18th, Session 5: Money, Money, Money

Feb 25th, Session 6: The Other Relationships

Self-Study, Session 7: Now What



Session Agenda

Welcome

Welcome & Review (5-10 mins)

Video Teaching (10-15 mins)

Group Discussion (10-15 mins)

Closing Prayer (5 mins)

**What's
required
of you?**

Welcome

Open Heart



Open Mind



Willingness to Share





**Session
1
Recap**

Welcome

YOU'RE FIRED! (SO BE QUIET)

PRINCIPLE ONE:

YOUR ROLE AS THE PARENT MUST CHANGE.

PRINCIPLE TWO:

UNSOLICITED ADVICE IS USUALLY TAKEN AS CRITICISM.

“And I am certain that God, who began the good work within *[your adult child(ren)]*, will continue his work until it is finally finished on the day when Christ Jesus returns.”

– Philippians 1:6 NLT

Session
2
Recap

Welcome

KEEP LEARNING

**PRINCIPLE THREE:
YOU CAN'T IGNORE YOUR CHILD'S
CULTURE.**

“Understand this, my dear brothers and sisters: You must be quick to listen, slow to speak, and slow to get angry.” – James 1:19 NLT

Your adult child(ren)'s decisions do not define you.

“Lord, teach me to parent the [adult] children I have, not the [adult children] I thought I would have.”

Session
3
Recap

Welcome

FROM LINGER TO LAUNCH

PRINCIPLE FOUR:
THEY WILL NEVER KNOW HOW FAR THE TOWN IS IF YOU CARRY THEM ON YOUR BACK.

PRINCIPLE FIVE:
MOVE THEM FROM DEPENDENCE TO INDEPENDENCE.

“Where there is no vision, the people will perish.” –Proverbs 29:18 KJV

“Like arrows in the hands of a warrior are children born in one’s youth.” –Psalm 127:4 NIV

Session
4
Recap

Welcome

DIFFERING VALUES

PRINCIPLE SIX:
YOU CAN'T WANT IT MORE THAN THEY WANT IT.

“Train up a child in the way he should go; even when he is old he will not depart from it.” – Proverbs 22:6 NLT

“Therefore, since we have been justified by faith, we have peace with God ...”
- Romans 5:1 NLT

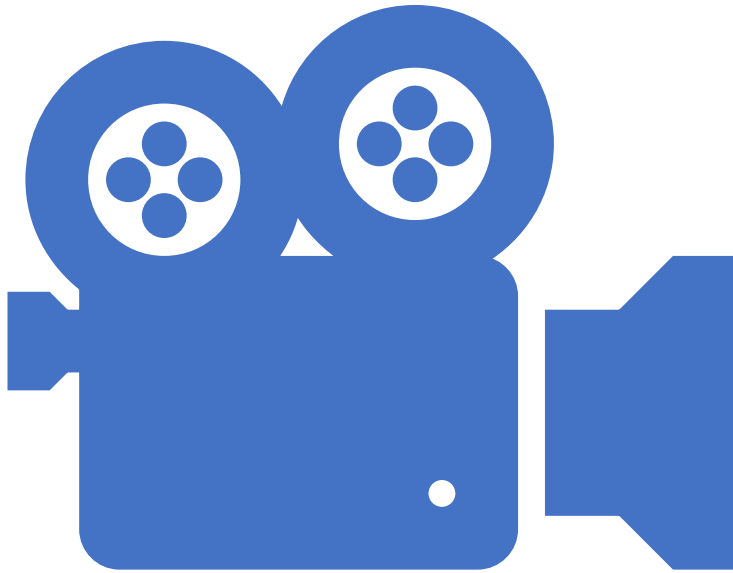
Relinquish your children to God's care.

Session

5

Welcome

**MONEY,
MONEY,
MONEY**



Click to view
Session 5 Video

Note: I do not own rights to this video

Session 5

Welcome

MONEY, MONEY, MONEY

PRINCIPLE SEVEN:

Financial Independence and Responsibility
is **THE GOAL**.

◆ **75% OF PARENTS** help their adult children.

◆ Develop a clear plan with an **EXIT STRATEGY**.

◆ Saying **I LOVE YOU** means saying “no”.

◆ Don't make it **COMPLICATED**.

Session 5

Welcome

MONEY, MONEY, MONEY

PRINCIPLE SEVEN:

Financial Independence and Responsibility
is **THE GOAL**.

◆ Foster **INDEPENDENCE**.

◆ Set clear **PARAMETERS**.

◆ **GIVE** according to your needs/ability.

◆ Teach healthy **STEWARDSHIP**.



Session 5

Welcome

TEACH HEALTHY STEWARDSHIP

1. **GOD** owns it all.

2. There is no such thing as “**INDEPENDENT FINANCIAL DECISIONS**”.

3. **DELAYED GRATIFICATION** is the key to financial maturity.

4. Spend **LESS** than you make.

5. Debt is **NOT** healthy stewardship.

6. A **BUDGET** is a must.

7. **GIVE** 10% and **SAVE** 10%.

BREAK OUT GROUPS



5
mins

- 1) In what ways does money make your relationship with your adult child(ren) complicated?
- 2) How have you tended to make decisions about when to help and when not to help with finances? When might financial assistance promote dependence rather than independence?
- 3) Jim tells us there are no such things as “independent financial decisions.” What do you think he meant by that statement?
- 4) When your adult child(ren) are responsible with their time, talents, relationships, career – and with their money – are you more inclined to help them financially? Why or why not?

Session 5

Welcome

MONEY, MONEY, MONEY

WHAT CAN WE DO TO TRY TO HELP OUR ADULT CHILD(REN) MAKE HEALTHY FINANCIAL CHOICES

- ◆ Don't be afraid to talk about money.
- ◆ Model healthy financial maturity.
- ◆ Offer to help them with a budget.
- ◆ Offer to go through a program like Financial Peace University with them.
- ◆ Buy them a book like Dave Ramsey's "The Total Money Makeover" as a gift.



Session

5

Welcome

MONEY, MONEY, MONEY

One of the items from the video was “Setting clear parameters”.

- This is something we should all do, creating your own “Personal Parameters”, so that no matter who the financial help request comes from we can operate consistently and hopefully avoid being guilty into doing something we shouldn’t.

For us, we settled on 4 rules/parameters (from a lot of mis-steps) when it came to people asking for financial help, whether it was our kids or someone else:

1. We would never co-sign a loan for anyone.
2. If you are asking us for money, you are giving us permission to get all up in your business and ask questions.
3. We would never give/loan any amount of money we couldn’t afford to NOT get back.
4. Depending on the person, we would pay the bill directly, if possible, instead of giving them the money (we all have that family member or friend who isn’t good with money).

MONEY, MONEY, MONEY

Session 5

Welcome

One of the other items the book talks about is discussing your Estate Plan with your adult child(ren).

Session
5

Welcome

GOD GRANT
me the
SERENITY
to ACCEPT THE THINGS I CANNOT Change
to the COURAGE
to Change THE THINGS
I CAN and the
WISDOM
TO KNOW THE Difference
JoAnn M. Weiss

Session

5

Recap

Welcome


MONEY, MONEY, MONEY

**PRINCIPLE SEVEN:
FINANCIAL INDEPENDENCE AND
RESPONSIBILITY IS THE GOAL.**

“You cannot serve both God and money.”
– Matthew 6:24 NLT

***“For where your treasure is, there your heart
will be also”***
- Matthew 6:24 NLT

Relinquish your children to God’s care.



6-Week Study

Welcome

Session 1: You're Fired! (So be quiet) – Ch 1-2

Session 2: Keep Learning – Ch 3

Session 3: From Linger to Launch – Ch 4-5

Feb 4th, NEXT GENERATION PRAYER TIME

Feb 11th, Session 4: Differing Values – Ch 6

Feb 18th, Session 5: Money, Money, Money – Ch 7

Feb 25th, Session 6: The Other Relationships – Ch 8-9

Self-Study, Session 7: Now What

Be Blessed!



9
**Principles
of
Doing Life
with Your
Adult
Children**

Principle One	Your Role as Their Parent Must Change
Principle Two	Unsolicited Advice is Usually Taken as Criticism
Principle Three	You Can't Ignore Your Child's Culture
Principle Four	They Will Never Know How Far The Town is if You Carry Them on Your Back
Principle Five	Move Them from Dependence to Independence
Principle Six	You Can't Want it More Than They Want it
Principle Seven	Financial Independence and Responsibility is the Goal
Principle Eight	Wear Beige and Keep Your Mouth Shut
Principle Nine	Being a Grandparent May Be Your Greatest Legacy