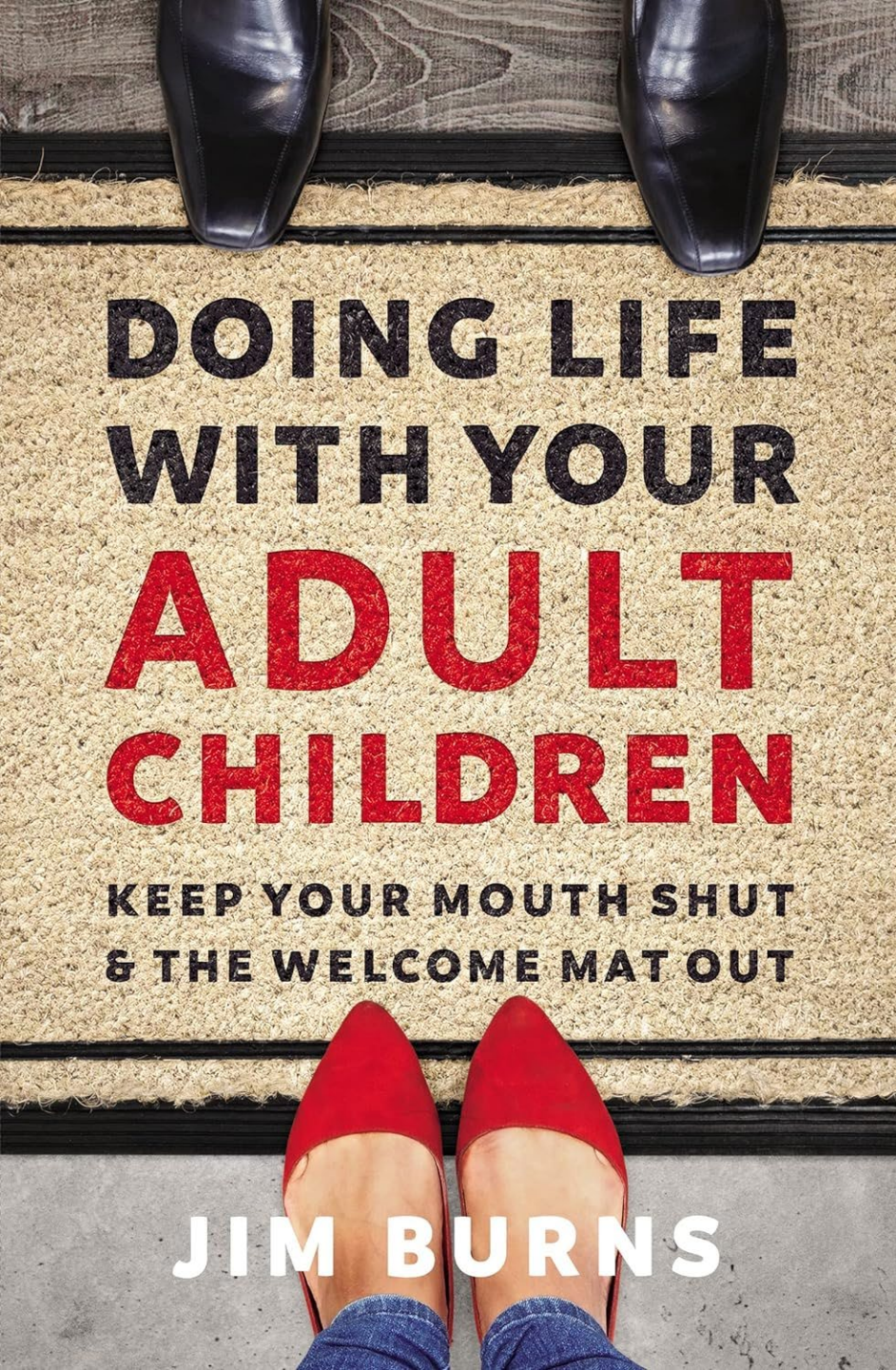


**DOING LIFE  
WITH YOUR  
ADULT  
CHILDREN**

**A Jesus University Offering  
Jan – Feb 2024**





**DOING LIFE  
WITH YOUR  
ADULT  
CHILDREN**

**KEEP YOUR MOUTH SHUT  
& THE WELCOME MAT OUT**

**JIM BURNS**

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**Facilitators: Eric and Teresa Edwards**

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**Duration: 6 Sessions, January - February**  
*- no class 1<sup>st</sup> Sunday of February*

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**Resources**

- The Holy Bible: scriptures throughout study
  - In-class videos and handouts
  - “Doing Life with Your Adult Children” book
-





# 6-Week Study

Welcome

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**Jan 14<sup>th</sup>, Session 1: You're Fired! (So be quiet)**

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**Jan 21<sup>st</sup>, Session 2: Keep Learning**

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**Jan 28<sup>th</sup>, Session 3: From Linger to Launch**

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**Feb 4<sup>th</sup>, NEXT GENERATION PRAYER TIME**

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**Feb 11<sup>th</sup>, Session 4: Differing Values**

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**Feb 18<sup>th</sup>, Session 5: Money, Money, Money**

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**Feb 25<sup>th</sup>, Session 6: The Other Relationships**

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**Self-Study, Session 7: Now What**

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# Session Agenda

Welcome

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**Welcome & Review (5-10 mins)**

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**Video Teaching (10-15 mins)**

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**Group Discussion (10-15 mins)**

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**Closing Prayer (5 mins)**

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**What's  
required  
of you?**

*Welcome*

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**Open Heart**



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**Open Mind**



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**Willingness to Share**







**Session  
1  
Recap**

Welcome

## **YOU'RE FIRED! (SO BE QUIET)**

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**PRINCIPLE ONE:  
YOUR ROLE AS THE PARENT MUST  
CHANGE.**

---

**PRINCIPLE TWO:  
UNSOLICITED ADVICE IS USUALLY  
TAKEN AS CRITICISM.**

---

**“And I am certain that God, who began the good work within *[your adult child(ren)]*, will continue his work until it is finally finished on the day when Christ Jesus returns.”**

– Philippians 1:6 NLT

---

Session  
2  
Recap

Welcome

## KEEP LEARNING

---

**PRINCIPLE THREE:  
YOU CAN'T IGNORE YOUR CHILD'S  
CULTURE.**

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*“Understand this, my dear brothers and sisters: You must be quick to listen, slow to speak, and slow to get angry.”* – James 1:19 NLT

---

**Your adult child(ren)'s decisions do not define you.**

---

**“Lord, teach me to parent the [adult] children I have, not the [adult children] I thought I would have.”**

---

Session  
3  
Recap

Welcome

## FROM LINGER TO LAUNCH

**PRINCIPLE FOUR:**  
**THEY WILL NEVER KNOW HOW FAR THE TOWN IS IF YOU CARRY THEM ON YOUR BACK.**

**PRINCIPLE FIVE:**  
**MOVE THEM FROM DEPENDENCE TO INDEPENDENCE.**

***“Where there is no vision, the people will perish.”*** –Proverbs 29:18 KJV

***“Like arrows in the hands of a warrior are children born in one’s youth.”*** –Psalm 127:4 NIV



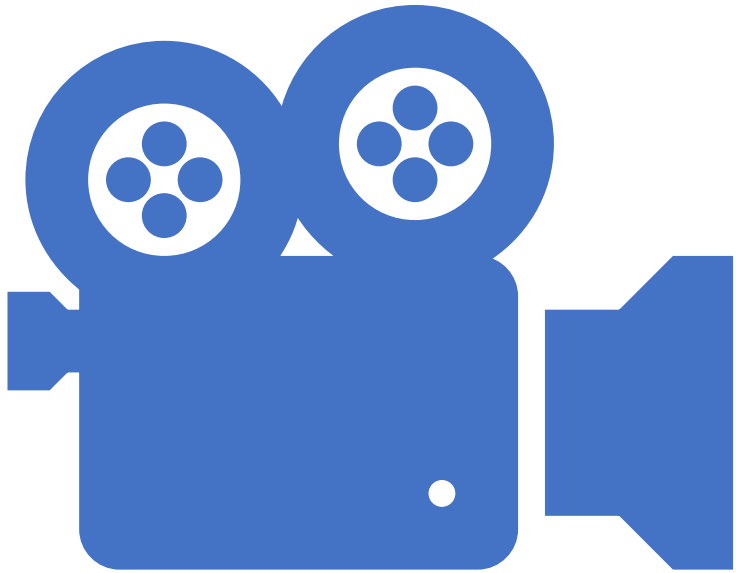
**Session  
4**

*Welcome*

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# DIFFERING VALUES

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**Click to view**  
**Session 4 Video**

Note: I do not own rights to this video



# Session 4

Welcome

## DIFFERING VALUES

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### PRINCIPLE SIX:

You can't want it **MORE** than they want it.

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- ◆ It may be too late for **PREVENTION**, but it is never too late for **REDEMPTION**.
  - ◆ Offer your adult child **TOUGH LOVE**.
  - ◆ Don't **BAIL** them out.
  - ◆ Don't be a **ONE-TOPIC** parent.
  - ◆ Don't dump your anger and frustration **ON YOUR CHILD**.
-

# Session 4

Welcome

## DIFFERING VALUES

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### PRINCIPLE SIX:

You can't want it **MORE** than they want it.

---

- ◆ Find **SUPPORT** for yourself.
  - ◆ Seek professional **WISDOM** and **COUNSEL** for difficult issues.
  - ◆ Maintain a climate of **OPENNESS AND GRACE**.
  - ◆ **REFUSE** to beat yourself up.
  - ◆ Continue to **INFLUENCE** them.
-



# BREAK OUT GROUPS

5  
mins

- 1) Discuss some examples of you “wanting it” more than your adult child. How does this make you feel?
- 2) Do you feel responsible for your adult children’s decisions? Does your adult child’s poor decisions make you second-guess your parenting?
- 3) How would you describe “tough love”? Share any examples of you showing tough love to your adult child.
- 4) When it comes to how young adult children lead their lives, what level of influence do you believe parents have? Share the reasons for your response.
- 5) How would you counsel or encourage a friend whose adult child had violated their values or strayed from faith?

# Session

## 4

Welcome

## DIFFERING VALUES

### Even Good Parents Have Children Who Make Poor Choices

- ◆ Guilt and shame can paralyze our faith walk
- ◆ ***“Therefore, since we have been justified by faith, we have peace with God ...”***  
- Romans 5:1 NLT
- ◆ Their decisions are their decisions, not yours
- ◆ Carry all your burdens to the Lord in prayer





**Session**  
**4**

*Welcome*

## **DIFFERING VALUES**

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**“Hardship often prepares an ordinary person for an extraordinary destiny.”**

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# Session 4

Welcome

## DIFFERING VALUES

### WHAT TO DO WHEN YOUR ADULT CHILD MAKES REGRETTABLE CHOICES

- ◆ Offer your adult child tough love.
- ◆ Don't bail them out.
- ◆ Don't be a one-topic parent.
- ◆ Don't dump your anger and frustration on your child.
- ◆ Find support for yourself.
- ◆ Seek professional wisdom and counsel for difficult issues.
- ◆ Relinquish your children to God's care.





**Session**  
**4**

*Welcome*

# **RELINQUISH YOUR CHILDREN TO GOD'S CARE**

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**“GOD,  
I release my children to  
your loving care and  
tender mercies.”**

---



# Session 4

Welcome

## DIFFERING VALUES

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**“When your kids are young, they look like their parents. When they are old, they look like their decisions.”**

---



# Session 4

Welcome

## DIFFERING VALUES

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### WHEN YOUR ADULT CHILD STRAYS FROM FAITH

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- ◆ Maintain a climate of openness and grace.
  - ◆ Refuse to beat yourself up.
  - ◆ Continue to influence them.
-



# Session 4

Welcome

## DIFFERING VALUES

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**“Train up a child in the way he should go; even when he is old he will not depart from it.”**

– PROVERBS 22:6 NLT

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**Session  
4**

Welcome

GOODS  
still writing  
your story!

Session

4

Welcome

---

stop trying  
TO STEAL THE PEN

TRUST the Author

---



Session  
4

Welcome

GOD GRANT  
me the  
SERENITY  
to ACCEPT THE THINGS I CANNOT Change  
to the COURAGE  
to Change THE THINGS  
I CAN and the  
WISDOM  
TO KNOW THE Difference  
JoAnn M. Weiser

# DIFFERING VALUES

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## Session 4

*Welcome*

**Keep your heart open  
and the welcome mat  
out.**

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Session  
4  
Recap

Welcome

## DIFFERING VALUES

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**PRINCIPLE SIX:**  
**YOU CAN'T WANT IT MORE THAN THEY WANT IT.**

---

***“Train up a child in the way he should go; even when he is old he will not depart from it.”*** – Proverbs 22:6 NLT

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***“Therefore, since we have been justified by faith, we have peace with God ...”***  
- Romans 5:1 NLT

---

**Relinquish your children to God's care.**

---

**Session  
4  
Recap**

*Welcome*


## **DIFFERING VALUES**

---

**“GOD,  
I release my children to  
your loving care and  
tender mercies.”**

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# 6-Week Study

Welcome

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**Session 1: You're Fired! (So be quiet) – Ch 1-2**

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**Session 2: Keep Learning – Ch 3**

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**Session 3: From Linger to Launch – Ch 4-5**

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**Feb 4<sup>th</sup>, NEXT GENERATION PRAYER TIME**

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**Feb 11<sup>th</sup>, Session 4: Differing Values – Ch 6**

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**Feb 18<sup>th</sup>, Session 5: Money, Money, Money – Ch 7**

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**Feb 25<sup>th</sup>, Session 6: The Other Relationships – Ch 8-9**

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**Self-Study, Session 7: Now What**

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# Be Blessed!

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9  
**Principles  
of  
Doing Life  
with Your  
Adult  
Children**

<b>Principle One</b>	Your Role as Their Parent Must Change
<b>Principle Two</b>	Unsolicited Advice is Usually Taken as Criticism
<b>Principle Three</b>	You Can't Ignore Your Child's Culture
<b>Principle Four</b>	They Will Never Know How Far The Town is if You Carry Them on Your Back
<b>Principle Five</b>	Move Them from Dependence to Independence
<b>Principle Six</b>	You Can't Want it More Than They Want it
<b>Principle Seven</b>	Financial Independence and Responsibility is the Goal
<b>Principle Eight</b>	Wear Beige and Keep Your Mouth Shut
<b>Principle Nine</b>	Being a Grandparent May Be Your Greatest Legacy