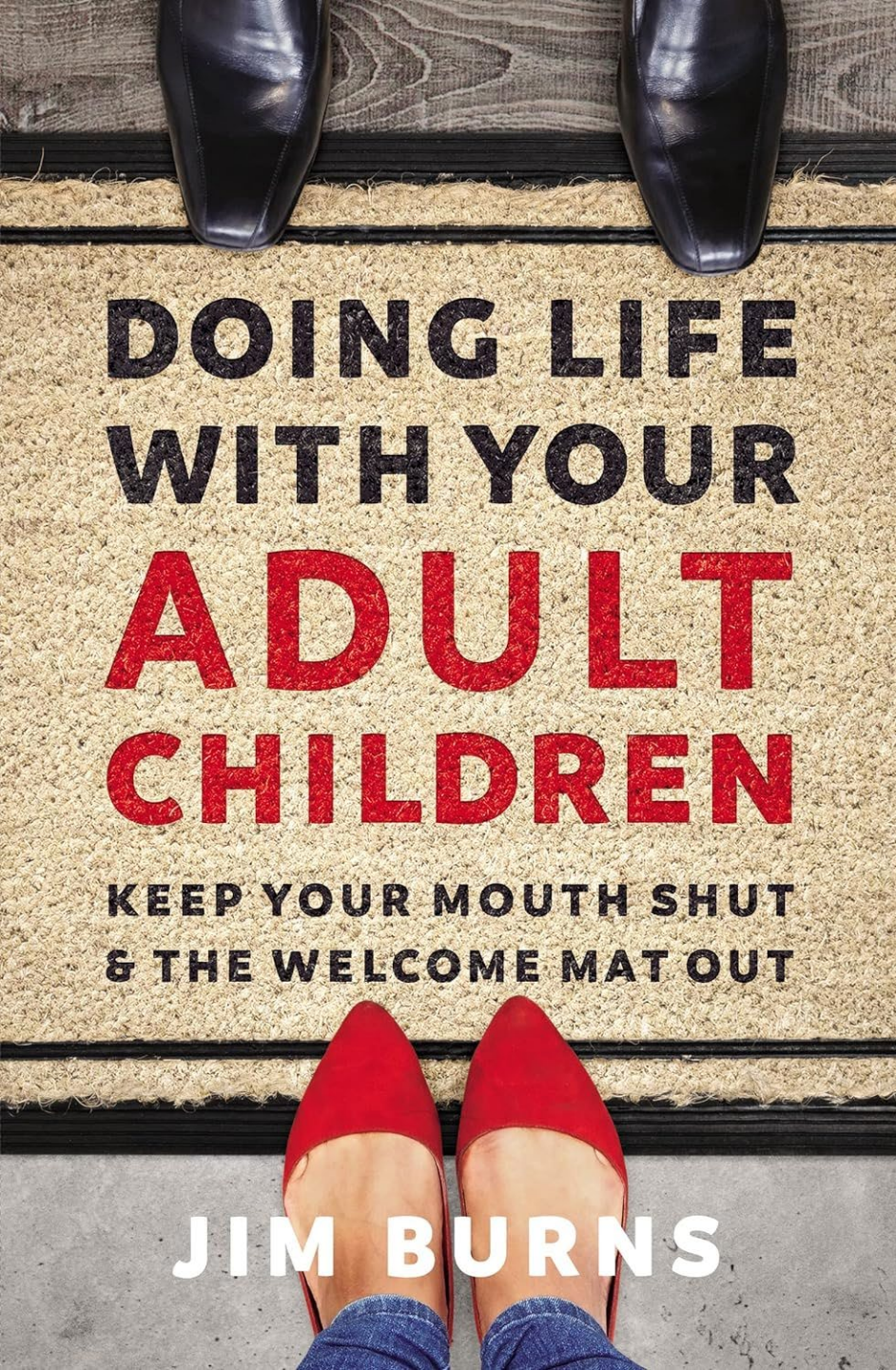


**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**A Jesus University Offering
Jan – Feb 2024**



**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**KEEP YOUR MOUTH SHUT
& THE WELCOME MAT OUT**


JIM BURNS

Facilitators: Eric and Teresa Edwards

Duration: 6 Sessions, January - February
- no class 1st Sunday of February

Resources

- The Holy Bible: scriptures throughout study
 - In-class videos and handouts
 - “Doing Life with Your Adult Children” book
-



6-Week Study

Welcome

Jan 14th, Session 1: You're Fired! (So be quiet)

Jan 21st, Session 2: Keep Learning

Jan 28th, Session 3: From Linger to Launch

Feb 4th, NO CLASS

Feb 11th, Session 4: Differing Values

Feb 18th, Session 5: Money, Money, Money

Feb 25th, Session 6: The Other Relationships

Self-Study, Session 7: Now What



**Session
Agenda**

Welcome

Welcome & Review (5-10 mins)

Video Teaching (10-15 mins)

Group Discussion (10-15 mins)

Closing Prayer (5 mins)

**What's
required
of you?**

Welcome

Open Heart



Open Mind



Willingness to Share





**Session
1
Recap**

Welcome

YOU'RE FIRED! (SO BE QUIET)

Principle One:

YOUR ROLE AS THE PARENT MUST CHANGE.

Principle Two:

UNSOLICITED ADVICE IS USUALLY TAKEN AS CRITICISM.

“And I am certain that God, who began the good work within *[your adult child(ren)]*, will continue his work until it is finally finished on the day when Christ Jesus returns.”

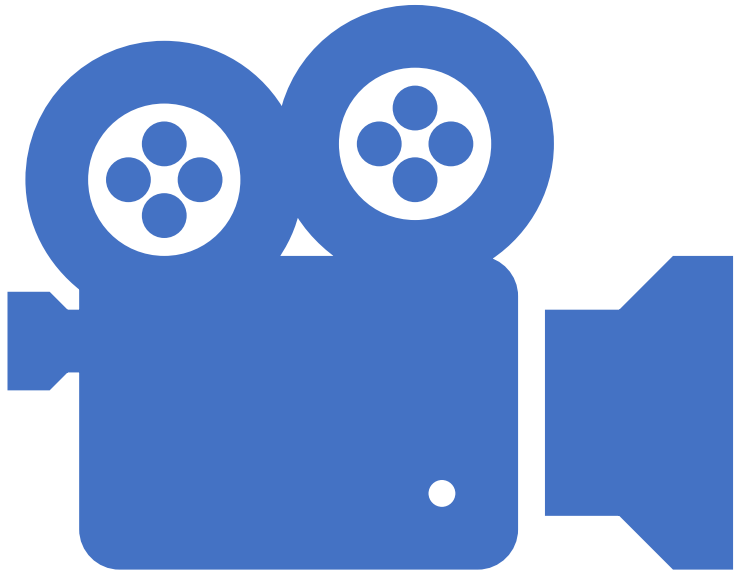
–Philippians 1:6 NLT



**Session
2**

Welcome

Keep Learning



Click to view
Session 2 Video

Note: I do not own rights to this video



Principle Three

Welcome

YOU CAN'T IGNORE YOUR CHILD'S CULTURE.

You can't **ignore** your child's culture.

- Shaped by **technology**.
- They **don't live to work; they work to live**.
- Want a healthy **marriage and family**.
- Consider tolerance as an essential trait of a **loving person**.

YOU CAN'T IGNORE YOUR CHILD'S CULTURE.



**5
mins**

1) What if anything, in your adult children's culture has surprised you?

2) Do you struggle to understand your adult child's culture? In what ways? What feels foreign?

3) Do you think the cultural differences between you and your child have enhanced the relationship or created a barrier? Why?

4) Is it sometimes difficult to let go of the "my way is the best way" mentality? Why?



Principle Three

Welcome

EMERGING ADULTHOOD

The Age of Identity Exploration

The Age of Instability

The Most Self-focused Age of Life

The Age of Feeling In-Between

The Age of Possibilities and Optimism



Principle Three

Welcome

THE CRINGE FACTOR

Ensure your adult children know what you believe and know how you feel.

Be open to hearing them. “We can’t be a 1 topic parent when we talk to our adult children.”

Be willing to help when they do come.

Realize “...really good parents have children who make poor choices.”

Your adult children’s decisions do not define you.



Principle Three

Welcome

THE CRINGE FACTOR

Shower them with love

Parent them with **AWE**
Affection, Warmth, and Encouragement

“Kind words are like honey - sweet to the soul and health to the body.” –Proverbs 16:24 NLT

“Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each other.” – Colossians 4:6 NLT



Principle Three

Welcome

THE “MESSY MIDDLE”

The space where we hold firm to our moral beliefs and values, while embracing and encouraging our adult children who have chosen a different way.



Principle Three

Welcome

NAVIGATING THE “MESSY MIDDLE”

1. Meet them on their territory
2. Become a student of your adult child's culture
3. Parent with **AWE**
Affection, Warmth, and Encouragement

Principle Three

Welcome

MORE AWE SCRIPTURE

“Watch your tongue and keep your mouth shut, and you will stay out of trouble.” – Proverbs 21:23 NLT

“Gentle words are a tree of life; a deceitful tongue crushes the spirit.” – Proverbs 15:4 NLT

“The tongue can bring death or life; those who love to talk will reap the consequences.” – Proverbs 18:21 NLT

“So, encourage each other and build each other up ...”
– 1 Thessalonians 5:11 NLT

“... we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone.” – 1 Thessalonians 5:15 NLT

Principle Three

Welcome

THE FAITH FACTOR

- Anti-homosexual
- Judgmental
- Hypocritical
- Too political
- Out of touch with reality
- Insensitive to others
- Boring
- Not accepting of other faiths
- Confusing



Principle Three

Welcome

THE FAITH FACTOR

The “way” we choose to discuss our faith and values with our young adults is exceedingly important.

How do your adult children view the church, your faith, and their faith?

We must demonstrate GRACE.

“For everyone has sinned: we all fall short of God’s gracious standard.” – Romans 3:23 NLT



**Session
2
Recap**

Welcome

KEEP LEARNING

**Principle Three:
YOU CAN'T IGNORE YOUR CHILD'S
CULTURE.**

**“Understand this, my dear brothers and sisters:
You must be quick to listen, slow to speak, and
slow to get angry.”** –James 1:19 NLT

**“Think about the things of heaven, not the things
of earth.”** –Colossians 3:2 NLT

**“Lord, teach me to parent the [adult] children I
have, not the [adult children] I thought I would
have.”**



6-Week Study

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Session 2: Keep Learning – Ch 3

Jan 28th, Session 3: From Linger to Launch – Ch 4-5

Feb 4th, NO CLASS

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Self-Study, Session 7: Now What

Be Blessed!

RECKLESS LOVE
CORY ASBURY



9
**Principles
of
Doing Life
with Your
Adult
Children**

Principle One	Your Role as Their Parent Must Change
Principle Two	Unsolicited Advice is Usually Taken as Criticism
Principle Three	You Can't Ignore Your Child's Culture
Principle Four	They Will Never Know How Far The Town is if You Carry Them on Your Back
Principle Five	Move Them from Dependence to Independence
Principle Six	You Can't Want it More Than They Want it
Principle Seven	Financial Independence and Responsibility is the Goal
Principle Eight	Wear Beige and Keep Your Mouth Shut
Principle Nine	Being a Grandparent May Be Your Greatest Legacy