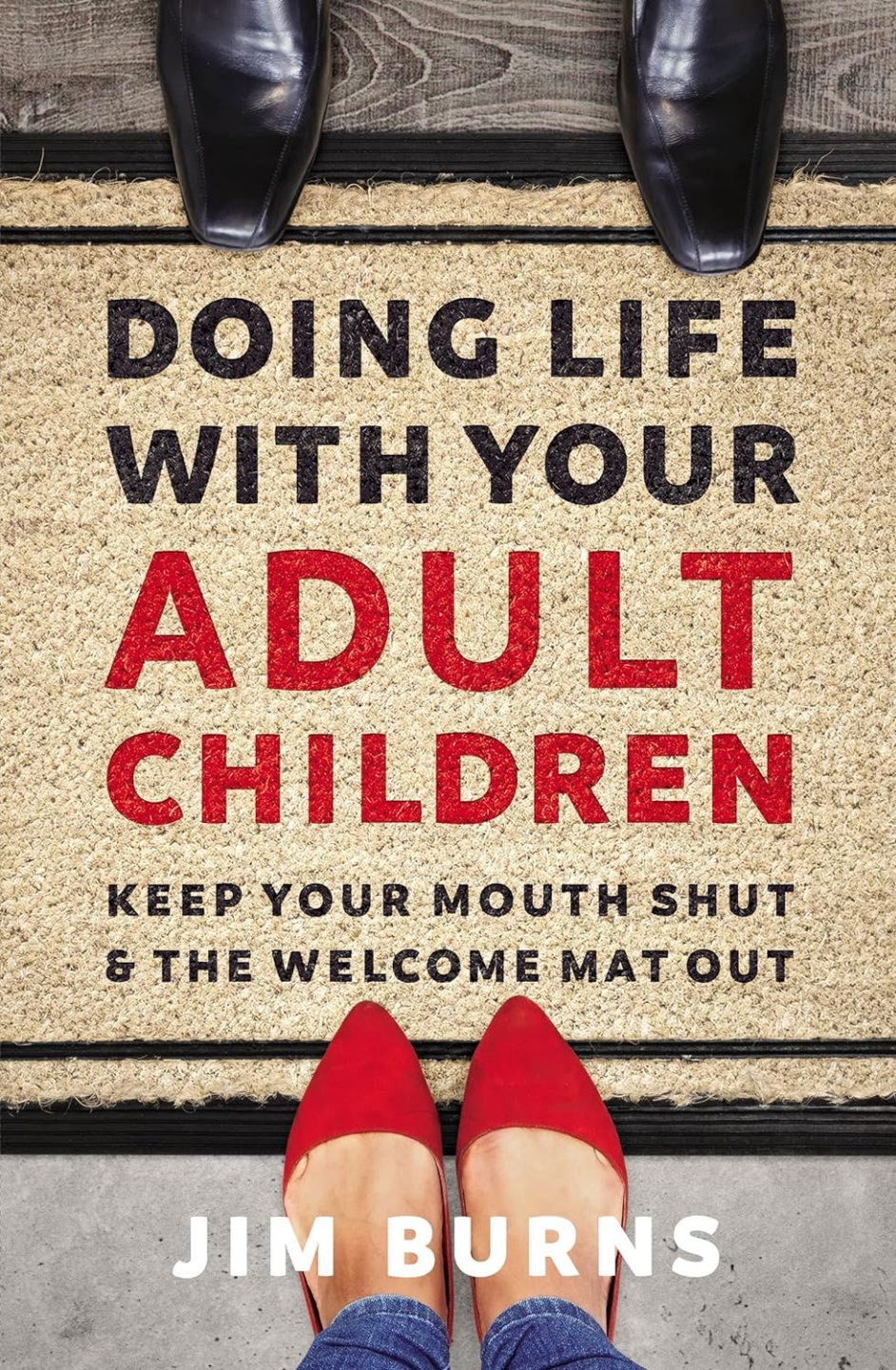


**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**A Jesus University Offering
Jan – Feb 2024**



**DOING LIFE
WITH YOUR
ADULT
CHILDREN**

**KEEP YOUR MOUTH SHUT
& THE WELCOME MAT OUT**

JIM BURNS

Facilitators: Eric and Teresa Edwards

Duration: 6 Sessions, January - February
- no class 1st Sunday of February

Resources

- The Holy Bible: scriptures throughout study
 - In-class videos and handouts
 - “Doing Life with Your Adult Children” book
-



6-Week Study

Welcome

Jan 14th, Session 1: You're Fired! (So be quiet)

Jan 21st, Session 2: Keep Learning

Jan 28th, Session 3: From Linger to Launch

Feb 4th, NO CLASS

Feb 11th, Session 4: Differing Values

Feb 18th, Session 5: Money, Money, Money

Feb 25th, Session 6: The Other Relationships

Self-Study, Session 7: Now What



Session Agenda

Welcome

Welcome & Review (5-10 mins)

Video Teaching (10-15 mins)

Group Discussion (10-15 mins)

Closing Prayer (5 mins)

**What's
required
of you?**

Welcome

Open Heart



Open Mind



Willingness to Share

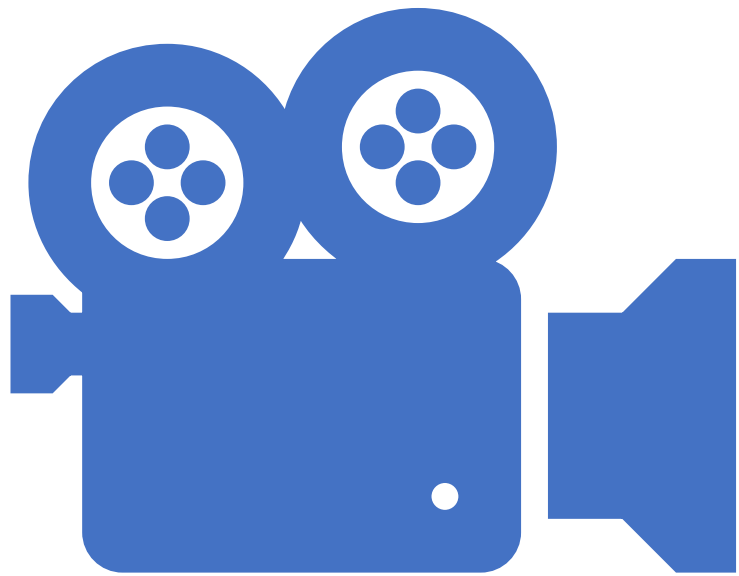




Session
1

Welcome

You're Fired!
(So Be Quiet)



Click to view
Session 1 Video

Note: I do not own rights to this video



Principle One

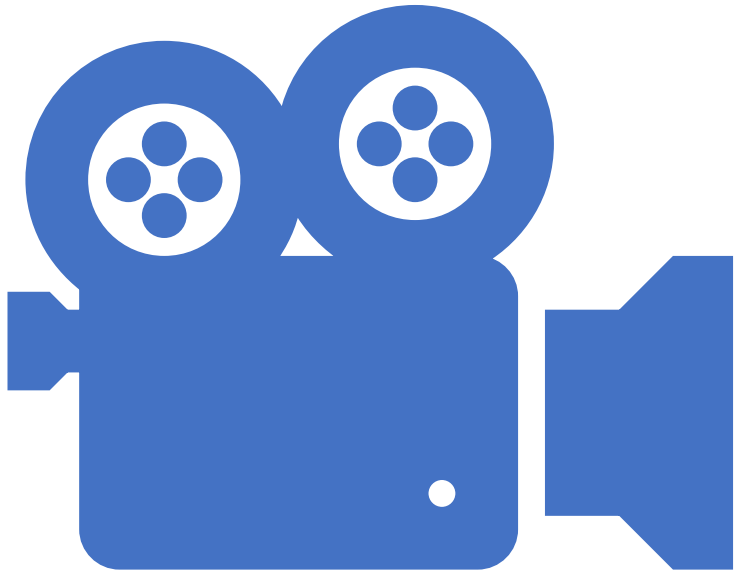
Welcome

YOUR ROLE AS THE PARENT MUST CHANGE.

Take two minutes to describe your current relationship with your adult child(ren).

As your kids transition to adulthood, what makes it difficult for you to change your job description and role as a parent?

What is your response to his statement “Letting go of your children must be counted as a necessary loss.”



Click to view
Cosby Show Clip

Note: I do not own rights to this video



Principle One

Welcome

A PRAYER OF RELINQUISHMENT

God, I relinquish my children to your care and watchfulness. Give me the courage to let go as they move—sometimes ever so slowly—toward responsible adulthood. Grant me discernment to know when to carefully intervene and the restraint to do so only when absolutely necessary. I acknowledge that this is one of the hardest transitions I have ever had to make and that I need your guidance and insight. In all things, help me to love my children as you love them—lavishly and with grace. Amen.

—

Let's Reminisce





Principle Two

Welcome

UNSOLICITED ADVICE IS USUALLY TAKEN AS CRITICISM.

When you were a young adult, how did you respond to unsolicited advice?

Describe about a time when you tried to give your adult child(ren) advice and they “turned” on you.

Summarize in your own words what you think it might mean for you to “Keep Your Mouth Shut and the Welcome Mat Out.”




**Session
1
Recap**

**Principle One:
YOUR ROLE AS THE PARENT MUST
CHANGE.**

**Principle Two:
UNSOLICITED ADVICE IS USUALLY
TAKEN AS CRITICISM.**

“And I am certain that God, who began the good work within *[your adult child(ren)]*, will continue his work until it is finally finished on the day when Christ Jesus returns.” –Philippians 1:6 NLT



6-Week Study

Welcome

Session 1: You're Fired! (So be quiet) – Ch 1 & 2

Jan 21st, Session 2: Keep Learning – Ch 3

Jan 28th, Session 3: From Linger to Launch

Feb 4th, NO CLASS

Feb 11th, Session 4: Differing Values

Feb 18th, Session 5: Money, Money, Money

Feb 25th, Session 6: The Other Relationships

Self-Study, Session 7: Now What

Be Blessed!



9
**Principles
of
Doing Life
with Your
Adult
Children**

Principle One	Your Role as Their Parent Must Change
Principle Two	Unsolicited Advice is Usually Taken as Criticism
Principle Three	You Can't Ignore Your Child's Culture
Principle Four	They Will Never Know How Far The Town is if You Carry Them on Your Back
Principle Five	Move Them from Dependence to Independence
Principle Six	You Can't Want it More Than They Want it
Principle Seven	Financial Independence and Responsibility is the Goal
Principle Eight	Wear Beige and Keep Your Mouth Shut
Principle Nine	Being a Grandparent May Be Your Greatest Legacy