



West Seventh Church of Christ

Striving to be
completely committed
followers of Jesus
Discipling
Equipping
Serving
Loving

September 13, 2026

Elders

Bill Alsup	505-2282
Steve Cofer	615-519-1228
John Corn	540-230-8713
Marty DeJarnette	797-2387
David Hendrixson	256-303-3115
John Law	698-2236
Chris Shrader	334-9977
John Simmons	626-5524
John M. Smith	215-1391
James Thomas	698-8014
Jeff White	615-828-3509



Staff

Barry England	Marriage/Family
Nathan Graham	Student
Randy Owens	Preaching
Suzi Parrett	Children

Office 931-388-6514

Julie Savage	Ministry Assistant
David Ward	Facilities

Spanish Speaking

Elyar Sanchez	615-853-4627
---------------	--------------

Welcome Guests! We are honored that you joined us and hope that you will be blessed today.

PLEASE REGISTER ON THE ATTENDANCE PADS IN EACH PEW.

The Information Center has more details and is in the hallway as you exit the door to the left of the pulpit.

Gluten Free Communion is available in the foyer.

Hearing Assistance is available; see an usher for assistance.

TO ASSIST FAMILIES WITH YOUNG CHILDREN:

Attended Nursery The Nursery is provided for children younger than two years of age.
It is in the hallway as you exit the door to the left of the pulpit.

Cry Room This space in the Foyer is reserved for parents with young children only.

Nursing Rooms The Cry Room has a private room for nursing and an additional private room is just past the Nursery.

Diaper Changes Are available in the Cry Room, the men's & women's restrooms in the Family Center and the men's restroom adjacent to the Nursery.

Prayer Room Parents wishing to rock a sleeping baby during worship may use this room to the right of the stage.

Quiet Bags These bags have helpful items for children and are available at the rear of the Auditorium.

Today's Schedule

9:00 Worship
10:10 Coffee Fellowship
10:30 Bible Classes
11:30 Worship in Spanish
Evening Home Devotionals

Sunday, September 13

Everyone is invited to stop by during Coffee Fellowship to celebrate with Josh and Hannah Cottrill as they prepare to welcome a new baby. They are registered at Amazon and Babylist.



Student adoption cards will be available in the Family Center during Coffee Fellowship for our Hearts Program.

Lads to Leaders registration will be during Coffee Fellowship. See the Messenger for more details.

Tuesday, September 15

Ladies' Bible Class will meet at 10:00 a.m. in the Chapel and study the book of Colossians. Childcare will be provided.

A new session of GriefShare will meet on Tuesdays at 5:30 p.m. for 13 weeks. To register, contact the church office (931-388-6514 or office@w7church.org). Please reach out to any family and friends who might benefit from this support group.

The Primetimers will tour the Jones Farm in Huntsville. There is a sign up sheet at the Information Center. Vans will leave the church parking lot at 8:00 a.m.

Wednesday, September 9

Sewing Ministry will meet at 9 a.m. in the Outreach Center.

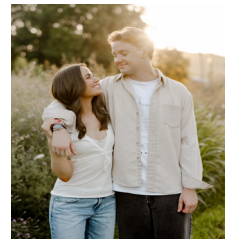
See the back of the bulletin for a list of our Wednesday night adult classes.

September 18-20

We are hosting a Grief and Loss Workshop with Dean Miller. See the insert for more information.

September 20

Everyone is invited to stop by during Coffee Fellowship to celebrate with Jackson DeJarnette and Morgan Wrigley as they prepare to wed. They are registered at Crate & Barrel, Anthropologie, Target and Ye Peddler. Jackson is the son of Marty and AJ DeJarnette.



Precepts Study of Romans

The Wednesday class will begin 9/23 and the Sunday class will begin 9/27. Complete Lesson One and bring your \$15 workbook fee to the first class. A few workbooks are available just outside Randy's office door.

Food Pantry Needed Items

Nutty Buddy wafer bars, Canned fruit (peaches are a favorite), small jars of peanut butter, and 15oz cans of beans (no green beans, please).

Service Station

- To help with CMS football meals, please see Shirley Oakley.
- To help with birthday cupcakes, please see Kim Forsthoff.
- Don't forget that we are collecting selected school supplies. Collection tubs are in the rear of the Auditorium and at the Information Center.
- To help financially with any of these, please give a check to the office or Mike Forsthoff. Put "service Station" in the memo section. See the Service Station bulletin board for details.

PrimeTimers' Events

October 26th -Potluck and "Prime Time Percussion"
December 7th -Christmas Play in Lawrenceburg

New Address

Nancy Bennett has moved to The Bridge, room 210.

BUILDING TO SERVE
UPREACH FOR OUTREACH

BUILDING TO SERVE GOAL: \$2,500,000

RECEIVED AS OF September 11, 2026: \$1,737,050.02

Please return the response cards as soon as possible.

Pray without ceasing

Sympathy:

To the family of Marynelle Criswell. She passed away September 5. There will be a visitation at West Seventh on Saturday, October 10, at 10:00 a.m. followed by a memorial service at 11:00 a.m. Both will be in the Auditorium.

Reported sick this week:

Chris Allen continues to be ill. He will have more tests.

Jimmy and Carol Fann's son, Paul Fann, is recovering from a serious neck injury.

Continue to Pray...

Recovering | Extended Illness | Homebound

Wayne Alderson	Jane Hawkins	Bob & Kerma Parrett
Harold Allen	David & Nancy Heffington	Rick Rickman
Faye Bell	Olivia Howell	Sammy Salters
Nancy Bennett	Lenora Hunter	Amanda Shires
Xiomara Berland	Ken & Faye Jackson	Lottie Umstead
Jim & Betty Carrigan	Janice Jernigan	Melinda Watts
Ramona Cherry	Sue Jones	Molly Watts
Marynelle Criswell	Glenda Kennedy	Carnice White
Ruby Dunn	Winnie Love	Jacob Williams
George & Shirley Freeland		

Friends and Family

Carol Carnahan's father -	John Williams
Vickie Cofer's father -	Ralph Roach
AJ DeJarnette's mother -	Deborah Grimes
Tina England's father -	Gene Carter
Lyndell Fox's sister -	Connie Howell
Sue Fox's friend -	Gina Robinson
Calvin Jackson's sister-in-law -	Carla Davis
C.T. Johnson's friend -	David Upchurch
Shelby Johnson's mother -	Barbara Massey
Joy Jones' mother -	Peggy Knox
Kevin LoRe's friend -	Tammi Ettinger
David Mann's sister -	Mary Jo Bertie
Carrie McCullough's niece -	Hattie Fields
Sheila McDonald's mother -	Frances Byrd
Andrea Stevens' brother -	Derek Orban
Shirley Stone's daughter -	Tracy Bolton
Shirley Stone's friend -	Max Hill
Jim & Carrol Tribbles' friend -	Phyllis Neely
Kelly Williams' brother-in-law -	Bill Ford
Burton Williams' mother	Virginia Williams

Preparing to Marry

Jackson DeJarnette & Morgan Wrigley

Expectant Parents

Josh & Hannah Cottrill
Landon & Josie Prentice
Eli & Olivia Todd



Suzi Parrett
615-693-9427
suzi@w7church.org



PRESCHOOL PLAY DAY

Thursday, September 17 9:30-11 a.m.
Monday, September 21 9:30-11 a.m.

For moms (dads & grandparents) with young kiddos
Enjoy visiting with other adults while the
kids run and play in the Gym with bouncy balls,
Legos, hoola hoops, and bounce houses!
Invite your friends! Light snacks & drinks provided.

W7 STUDENT MINISTRY

Nathan Graham	Annabeth Graham	Jacob Love
865-415-7356	931-215-8697	931-797-1399
Jacob Hunnicutt	Eric Nash	Ben Jones
615-517-4761	615-351-8384	931-698-1206

*Area Wide Devo: TONIGHT at Culleoka. Vans will leave W7 at 4:20pm and will be back around 7:30pm.

*Next Late Nights on the move: Wednesday, September 16 after class. Location TBD.

*A Harding Rep will be joining us in class on Wednesday, September 16.

*Next Small Group: Sep 20

Church Record

Sunday a.m. Worship	506
Auditorium	478
Spanish Speaking	19
The Bridge	12
Wednesday	215
Contribution	\$19,032

Online Giving QR Code



wifi password: WESTSEVENTH

931-388-6514

office@w7church.org

w7church.org

West 7th Church of Christ

West Seventh Street Church of Christ

405 West 7th Street Columbia, TN 38401

Techhelp@w7church.org or 931-225-HELP (4357)

Sermon Notes

Order of Worship

Song Leader.....Nathan Graham

We're Marching to Zion - 111

Prayer.....Kyle Crump

Scripture ReadingJohn Arrucci

Lamentations 3:21-24

The Steadfast Love of the Lord - 892

Salvation Belongs to Our God

Had It Not Been the Lord

Communion.....Seth Howell

Offering

Create In Me a Clean Heart

Faith Is the Victory - 134

Message.....Chris Shrader

Mighty to Save

Announcements and

Shepherd's Blessing.....John Simmons

Nursery - Jill Coleman & Jennifer Thomas

Sunday Adult Classes

College John Law
Christian Disciplines OC-Columbia Room
How to have good daily spiritual rhythm at college.

Young Marrieds David Hendrixson
Men & Women of the Old Testament Room 307

Young Families Barry England & Tyler Sells
James OC-Tennessee Room

Homebuilders Jon Bennett, David Esslinger
Acts & Rush Holladay
OC -Maury Room

Adults Joel Oswalt
Genesis Chapel

Adults Tom Anderson
God is Light Auditorium

Adults John Simmons
Biblical Teaching on Contemporary Issues Room 214

Spanish Speaking Room 212
Elyar Sanchez

Wednesday Adult Classes

Ladies' Class Tina England
Lessons from Mayberry Michelle Shrader
T.V. Studio

Men's Class Taft Ayers
The Iron Edge - Brotherhood that Cuts Room 214

Adult Class Phillip Young, Sr
James Chapel

Precepts Study of Romans Randy Owens
Discipling Room 102

Begins 9/23

FAMILIES WITH CHILDREN

Psalm 117:1-2 (NIV)

"All you nations, praise the Lord. All you people on earth, praise him. Great is his love for us. The Lord is faithful forever. Praise the Lord."

Have you ever had a really bad day? Maybe a friend hurt your feelings, you felt left out, or something happened that made you sad. What does it feel like to be lonely? What helps you when you feel that way?

Everyone feels lonely sometimes. But the good news is you are never truly alone. God is always with you! He sees you when you are happy and when you are sad. He hears you when you pray, and He loves you no matter what.

Read Psalm 25 together.

David wrote Psalm 25 during a very difficult time. His son Absalom had turned against him, David had to leave his home and throne, and his heart was broken when his son died. David had every reason to feel scared, sad, and alone. But David turned to God. He asked God to guide him, teach him, and protect him. David didn't know what would happen next, but he knew God did. So, David put his hope in God.

Think about a puzzle. When you are working on one piece, you can't always see how it fits into the whole picture. But God sees the whole picture of our lives. When we don't understand, we can trust Him.

You can always talk to God.

You can say:

"God, I feel lonely."

"God, I'm scared."

"God, I don't understand."

"God, please help me."

God is faithful. His love never changes, and He will never leave you!

Others may be feeling lonely, too! This week, look for someone who needs a friend. Smile at them, invite them to play, sit beside them, or say something kind. A little kindness can bring hope to someone who is hurting.

1. How do you think David felt when he wrote Psalm 25?
2. What did David do when he was hurting?
3. What can you do when you feel lonely?
4. Who could you encourage this week?

Close in prayer thanking God for always loving us and never leaving us.

*The
Psalms
September
Psalm 25*



ADULTS

Few of us can identify with the kind of mortal danger King David faced. There were constant enemies without and traitors looming within. Unlike Saul, David determined not to take vengeance on his internal enemies. Because if he did, how could he claim that his trust was in God's power, not in his own? But David did not always feel full of faith and courage. Psalm 25 shows us this.

David began by acknowledging the difficulty of his situation. Read Psalm 25:1-3. As we pray in our desperate situations, what are we asking God for? Is there a deeper reason than just our desired outcome?

David was aware that his life was in the balance, so he then pleaded with God for what he needed. Read Psalm 25:4-7. Notice that David did not mention his enemies. That is because David was not obsessed with the source of his problem; he was fixated on God – the source of his solution. Instead, he asked God for guidance and forgiveness. As we pray in our desperate situations, what do our requests reveal about our focus? Are we more consumed with our problems than with God's presence and promises?

David then declared to God what he believed about Him. Read Psalm 25:8-15. David knew that God is good to sinners who humble themselves and look to Him for guidance. God will instruct such a person "in the way that he should choose." David was resolved to keep his eyes on the Lord, who will do as He promised.

Last, David told God how he feels. Read Psalm 25:16-22. David humbly told God that he was lonely and afflicted. This was the mighty King David. This is the one who was victor over "ten thousands." Psalm 25 is a tender, touching cry for help. (Keep in mind this psalm was written for public worship).

The order of David's prayer is significant. Note that he placed his feelings, under the truth of what He knows about God. As we pray in our desperate situations, do we regularly confess what we believe about God before we launch into our emotions?

To close, there is a stunning verse to highlight: "All the paths of the Lord are steadfast love and faithfulness, for those who keep his covenant and his testimonies" (Psalm 25:10). As we pray in our desperate situations, do we believe that all His paths are steadfast love and faithfulness to those who believe and obey Him? Close in prayer...and pray like David!

FAMILIES WITH TEENS

Everyone knows what it's like to feel alone: scrolling through everyone else's highlight reel, sitting by yourself at lunch, or feeling like even the people closest to you don't really get it. Loneliness is one of the sharpest pains we feel, and the evil one loves to use it against us. Social media, gossip, and even our own thoughts can all make us feel isolated. David felt this kind of loneliness many times in his life, and in Psalm 25 he shows us where to turn. Read Psalm 25.

In the face of loneliness, we can turn to a number of things depending on our stage of life: a person, a place, a thing, and so on. In his loneliness and fear, David turns to God. We can learn from David's initial reaction to turn to God, and also from how he did it. Take some time to answer and discuss these questions as a family:

- Where do most people your age turn when they feel lonely?
- When you feel alone, where do you turn? Who, what, or where can be a tempting comfort when you're alone, instead of God?
- What is David asking when he asks God to remember His mercy and steadfast love, and to forget David's sins (v. 6-7)? How can God's mercy, steadfast love, and forgiveness help us when we're feeling alone?
- What does it mean to have the friendship of the Lord (v. 14)? What does that look like in everyday life?
- In his pain and loneliness, David proclaims that he will wait for God (v. 21). What does he mean by this? Is waiting a good thing to do? How can we wait on God?
- Read 2 Timothy 4:16-18.
 - How does Paul respond to loneliness?
 - How can you follow Paul's example in responding to loneliness?

There are things in this world that seem designed to make us feel alone — like no one understands us. What a blessing, then, to have a God who is always there in our loneliness and who understands us in every way (Heb. 4:15)! Close your time together in prayer and answer this question: how will you run to God this week?



LIVING WITH LOSS WORKSHOP

IT'S ABOUT LIFE, LOVE & LOSS

Dean Miller, 330-412-1456

deanmiller@widowhoodworkshop.com

What's a *Living with Loss Workshop* about? Who should attend? Both good questions worth addressing, especially, since it seems to be a novel event, an explanation is warranted.

A *Living with Loss Workshop* is about life, love and loss. Life is a beautiful thing. Blessings in abundance! However, life isn't always what we thought it was going to be. There are times, frankly, life bites (hard!). One of the ways it bites is when we lose *what* or *who* we love: house, job, finances, reputation, marriage, health, etc. Our experience after loss of *something* or *someone* we love launches a grief journey. It's a journey with all sorts of challenges.

This workshop is not just about widowhood. However, losing a spouse is a unique loss. The one left behind has gone from being half of a whole to, well, that's one of the problems. Who is a widow or widower? Spousal loss creates an identity crisis. Additionally, the loss can create a family crisis, social crisis, financial crisis, even a spiritual crisis. For most people, the loss of a spouse is the greatest crisis experienced in this life.

We live and choose to love. Both sadly and inevitably, we are sometimes going to experience loss. Loss forces us to experience grief. How can we effectively deal with grief? *Living with Loss Workshops* discuss that issue. These discussions help us have more understanding and deeper compassion for all grieving people.

Who should attend a *Living with Loss Workshop*? People who are living. Living people who love *anything* or *anybody*. The reason? Because we are going to suffer loss.

"Personal and clinical experience has taught me that knowing more *can* help you in your grief."
-Therese A. Rando, Ph.D, *How to Go On Living When Someone You Love Dies*



The Widowhood Workshop Ministry exists for the purpose of glorifying God by educating people about the powerful impact of loss and encouraging those who are struggling with the challenge of living with it. Living with Loss Workshops are a large part of this ministry, along with offering Grief Seminars, Family Matters Workshops, establishing local Widowhood fellowships and hosting an Annual Retreat for widows and widowers.