



West Seventh Church of Christ

Striving to be
completely committed
followers of Jesus
Discipling
Equipping
Serving
Loving

May 10, 2026

Elders

Bill Alsup	505-2282
Tom Anderson	615-351-6239
Steve Cofer	615-519-1228
John Corn	540-230-8713
Marty DeJarnette	797-2387
David Hendrixson	256-303-3115
John Law	698-2236
Chris Shrader	334-9977
John Simmons	626-5524
John M. Smith	388-5841
James Thomas	698-8014
Jeff White	615-828-3509



Staff

Barry England	Marriage/Family
Nathan Graham	Student
Randy Owens	Preaching
Suzi Parrett	Children

Office 931-388-6514

Laurel Burton	Ministry Assistant
Lauren Kennedy	Ministry Assistant
David Ward	Facilities

Spanish Speaking

Elyar Sanchez	615-853-4627
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Welcome Guests! We are honored that you joined us and hope that you will be blessed today.

PLEASE REGISTER ON THE ATTENDANCE PADS IN EACH PEW.

The Information Center has more details and is in the hallway as you exit the door to the left of the pulpit.

Gluten Free Communion is available in the foyer.

Hearing Assistance is available; see an usher for assistance.

TO ASSIST FAMILIES WITH YOUNG CHILDREN:

Attended Nursery The Nursery is provided for children younger than two years of age. It is in the hallway as you exit the door to the left of the pulpit.

Cry Room This space in the Foyer is reserved for parents with young children only.

Nursing Rooms The Cry Room has a private room for nursing and an additional private room is just past the Nursery.

Diaper Changes Are available in the Cry Room, the men's & women's restrooms in the Family Center and the men's restroom adjacent to the Nursery.

Prayer Room Parents wishing to rock a sleeping baby during worship may use this room to the right of the pulpit.

Quiet Bags These bags have helpful items for children and are available at the rear of the Auditorium.

Today

- 9:00 Worship
- 10:10 Coffee Fellowship
- 10:30 Bible Classes
- 11:30 Worship in Spanish

Monday, May 11

Each year we host the Cox Middle School Sports Banquet. It is scheduled for Monday, May 11, at 6:00 p.m. in the Family Center. This event is the largest nonmember event that we host and is an opportunity to show God's love to our community. If you are able to help, volunteers are needed to serve the meal, cook sides and desserts, and clean up. Sign up at the Service Station bulletin board by the Information Center or contact Shirley Oakley, Jane Wells, or Mike Forsthoff.

Tuesday, May 12

Ladies' Bible Class will meet at 10 a.m. Childcare will be provided.

Wednesday, May 13

Sewing Ministry will meet at 9 a.m. in the Outreach Center.

Bible Classes will meet at 6:30 p.m.

College Students

Graduates: Please give the office your name, school and degree to be included in an upcoming bulletin (931-388-6514 or office@w7church.org).

Internships/Mission Trips: If you have a summer internship or are going on a summer mission trip, please send your information to the church office as well.

M.A.G.I. Boxes

We are participating in the M.A.G.I. project with Healing Hands International. We are supplying boxes for 8-10-year-old boys and girls. There are printed lists at the Information Center with items needed for boxes. Donations need to be placed in the bin at the Information Center by Sunday, May 31. If you prefer to donate money for items or shipping (\$8.00 per box), please give your donation to the church office, Linda James or Peggy McEwen. Please note 'MAGI Boxes' in the memo section.

People's Table

Volunteers are needed to serve at the People's Table on May 12. Also, we will be the hosting church for the People's Table on July 7 and July 14. Volunteers are needed to serve the meal and should arrive at First United Methodist Church Fellowship Hall at 5:00 p.m. To help offset the cost of the meal, please make your donation to West 7th and note People's Table in the memo line or donate online. If you have any questions, please contact Rickey or Julie Savage.

VBS Volunteers Needed

Want to jump in and help with our Jonah VBS? We're looking for volunteers to make this an unforgettable week! Stop by the Information Center to sign up or reach out to Suzi Parrett (615-693-9427) for more information. We'd love to have you on the team!

Summer Interns arrive May 31

Mara Johnson
Student Ministry



Shawn Smith
Student Ministry



Molly McDonald
Children's Ministry



Food for New Moms Ministry

Amy Hendrixson is now coordinating food for new moms. Please contact her by phone (256-468-5508) or email (amyvanessah@gmail.com) if you would like to be a part of this wonderful ministry.

Events

Check the bulletin board at the Information Center for a list of upcoming events in the area.

SAVE THE DATES!

JUNE 7 - BLOCK PARTY & VBS KICKOFF

JUNE 8-10 - VBS



Pray without ceasing

Sympathy

Is extended to Leah Shrader and family on the death of her grandmother, Maxine Drake of Cookeville, who passed away May 2. A Celebration of Life Service will be held Monday, May 11, at 2:00 p.m. at Collegeside Church of Christ (252 E 9th St, Cookeville, TN 38501).

Reported sick this week:

Diane Campbell is in MPMC, room 255, with pneumonia.

Continue to Pray...

Recovering | Extended Illness | Homebound

Wayne Alderson	David & Nancy Heffington	Sammy Salters
Harold Allen	Olivia Howell	Beverly Simmons
Faye Bell	Lenora Hunter	Lottie Umstead
Xiomara Berland	Ken & Faye Jackson	Melinda Watts
Diane Campbell	Janice Jernigan	Molly Watts
Jim & Betty Carrigan	Sue Jones	Jacob Williams
Ramona Cherry	Glenda Kennedy	Carnice White
Ruby Dunn	Winnie Love	
George & Shirley Freeland	Bob & Kerma Parrett	
Jane Hawkins	Margaret Parsons	

Friends and Family

Carol Carnahan's father -	John Williams
Vickie Cofer's father -	Ralph Roach
AJ DeJarnette's mother -	Deborah Grimes
Lyndell Fox's sister -	Connie Howell
Sue Fox's friend -	Gina Robinson
Calvin Jackson's sister-in-law -	Carla Davis
Rob Johnson's friend -	Tammy Bradley
Shelby Johnson's mother -	Barbara Massey
Joy Jones' mother -	Peggy Knox
Kevin LoRe's friend -	Tammi Ettinger
David Mann's sister -	Mary Jo Bertie
Mark Marchal's mother-in-law -	Sandy Casey
Carrie McCullough's niece -	Hattie Fields
Sheila McDonald's mother -	Frances Byrd
Cindy Netherland's mother -	Marlene Smesler
Andrea Stevens' brother -	Derek Orban
Shirley Stone's daughter -	Tracy Bolton
Shirley Stone's friend -	Max Hill
The Tribbles' friend -	Phyllis Neely
Kelly Williams' brother-in-law -	Bill Ford

Preparing to Marry

Todd Beasley & Megan Easterday
Will Pike & Libby Love

Expectant Parents

Tucker & Baylie Vincent
Max & Brooke Morrison



Suzi Parrett
615-693-9427

Save the Dates!

June 7 Promotion Day for 4th and 6th grades

VBS Prep Class will be on Wednesday nights in Faith Farm during the month of May.

If you're available to teach in Faith Farm this summer, please contact Suzi Parrett at 615-693-9427.

W7 STUDENT MINISTRY

Nathan Graham 865-415-7356	Annabeth Graham 931-215-8697	Jacob Love 931-797-1399
Jacob Hunnicutt 615-517-4761	Eric Nash 615-351-8384	Ben Jones 931-698-1206

Today - Moms & Muffins

Moms are invited to join their students in class this morning for muffins and Bible study.

May 13 - Late Night
7:30 p.m.

May 20 - Plus One and Grade Groups
6:00 p.m.

* Check GroupMe for the Summer Calendar and to sign up for activities and t-shirts by May 17.*

Church Record

Sunday a.m. Worship	454
Auditorium	424
Spanish Speaking	16
The Bridge	14
Wednesday Classes	161
Contribution	\$25,613

Online Giving

QR Code



wifi password: WESTSEVENTH

931-388-6514

office@w7church.org

w7church.org

West 7th Church of Christ

West Seventh Street Church of Christ

405 West 7th Street Columbia, TN 38401

Techhelp@w7church.org or 931-225-HELP (4357)



TEXT: John 19:25-27

Living Like This is Costly

_____ , _____ , _____

Trust in the One Who Controls All!

Isaiah _____

Psalm _____

Romans _____

Deuteronomy _____

Psalm _____

Abraham tried to control the uncontrollable but

_____.

God will give strength to those who _____ for Him.

How do you respond when things don't

_____ ?

What not to do: _____

What to do: _____

How to Surrender Control:

1. _____
2. _____
3. _____
4. _____

Order of Worship

Song Leader.....Rob Johnson

Leaning on the Everlasting Arms - 394

Behold Our God

Hear Me When I Call - 215

Scripture ReadingDominick DeFeo

Psalm 130

Prayer.....Greg Yokley

I Will Wait for You

When My Love to Christ Grows Weak - 752

Communion.....Lee Lantzer

Offering

Great Is Thy Faithfulness - 190

It Is Well With My Soul - 345

Message.....Nathan Graham

Where Could I Go? - 745

Announcements and

Shepherd's Blessing.....John Corn

Nursery - Katie Freeman & Jane Wells

Sunday Adult Classes

College/Young Pro Marty DeJarnette
 "Unexplainable Jesus" Room 306
 What Made Jesus Appealing

Young Marrieds David Hendrixson
 Philippians Room 307

Young Families Barry England
 Habits of the Household Tyler Sells
 OC - Tennessee Room

Homebuilders Jon Bennett
 Acts David Esslinger
 Rush Holladay
 T.V. Studio

Adults Joel Oswald
 James Chapel

Adults Tom Anderson
 God is Light Auditorium

Adults Bill Alsup
 1 Corinthians Room 214

Spanish Speaking Elyar Sanchez
 Room 212

Wednesday Adult Classes

Adult Class Chapel
 Meditations in Genesis Lee Lantzer

Ladies' Class T.V. Studio
 Bible Bytes for Our Little Bears Karen Corn
 Beverly Simmons

Men's Class Room 214
 Ezekiel Chris Loftis

VBS Preparation Faith Farm Museum Room
 Suzi Parrett

FAMILIES WITH CHILDREN

Have you ever thought about the word **JOY** and wondered what it really means? We sing, "Joy to the World" at Christmas. Some people are even named Joy! But joy is more than just a happy feeling.

Think about this:

- Have you ever lost something important to you?
- Had a bad day at school?
- Felt sad when something didn't go your way?

Sometimes hard things happen, but God can still give us joy inside our hearts.

Joy is different from happiness. Happiness can change from day to day. You might feel happy when you get ice cream or play with friends. But joy comes from God, and it stays with us even during hard times.

Read Psalm 84.

In the psalm, David writes a song about how much he loves being close to God. He says being with God gives him strength and joy. Even when life feels hard, God helps and refreshes His people.

David teaches us that real joy comes from knowing God and trusting Him.

- Who gives us true joy?
- What is something that makes you happy?
- What is the difference between happiness and joy?
- In Psalm 84, where did David find his strength?
- How can God help us when we are sad or worried?
- What is one thing you can thank God for today?

Close in prayer.

Dear God,
Thank You for loving us so much. Thank You for giving us joy even when life is hard. Help us trust You every day. Fill our hearts with peace, strength, and joy.
In Jesus' name, Amen.

The Psalms May Psalm 84



ADULTS

If using this guide in solitude, begin by thanking God in prayer for the time to privately connect with Him. Ask the Spirit to guide you into truth as you spend time in the Word. It may help to write your answers to the questions, using additional paper if needed.

If using this guide with others, begin with prayer thanking God for this opportunity to be together and to encourage one another. Ask the Spirit to guide you into truth as you spend time in the Word. Discuss your answers to the questions.

Today is Mother's Day! We have all heard the saying, "if Mama ain't happy, nobody's happy!" It is common to think of the mother as the heart of the home. She is the one who makes others feel welcome and at ease. Psalm 84 speaks of the joy found in the house of the Lord.

Read Psalm 84.

- Verses 1-3 - Who were the sons of Korah, to whom this psalm is attributed (see 1 Chronicles 26:1-9)? With what are they enamored?
- Verse 4 - Why do the Korahites love their job?
- Verses 5-7 describe one of the three annual pilgrimages to the temple in Jerusalem. Which one might coincide with "autumn rains" (see Leviticus 23:39-43)? "Baca" is Hebrew for "balsam tree." What happened to David in this valley (see 2 Samuel 5:22-25)? How are the pilgrims described?
- Verses 8-9 - What do they pray in the temple? Who is the "shield" or "annointed one"?
- Verses 10-11 - What could be so good about being in the temple courts? Whose walk is "blameless"?

What makes worship dull for you? Exciting? Why did God require His people to make three pilgrimages to the temple each year? Why could they not thank God in their hometowns? How does this psalm impact you?

Close in prayer.

FAMILIES WITH TEENS

What is joy?

Is it simply a synonym for happiness, or could it be more? There have been many different definitions of joy, but one definition I believe encapsulates God's view of joy, as seen in Scripture, is: "an active responsibility to enjoy the life God has given us, regardless of our life situation." In a word, contentment.

Sadly, many people have distorted the definition of joy to become equivalent to happiness. "God wants me to be happy." He does, but we have turned that saying into a green light for selfishness and a relentless pursuit of the things we want. Happiness has been deemed by many as something that simply happens to you as a result of your life situation. Joy is greater than that. Christian joy is the ability to be content despite your circumstances, because your joy rests in God.

Spend some time reading the following passages of Scripture and questions to further explore godly joy.

Read Psalm 84.

- According to Psalm 84, where does joy come from?
- **Read John 15:4-8 and 2 Corinthians 5:17.** How can you dwell with God?
- How is the joy that God gives different than the joy of the world?
- What tries to steal your joy?
- Psalm 84:6 mentions the Valley of Baca. The Hebrew word "baca" means "to weep." This could have been a real place, but the psalmist is using this valley as an illustration for when we walk through sorrows and difficulties. How can God give you joy on that walk?
- What does it mean that God is our sun and our shield (Psalm 84:11)?
- Continuing your thoughts from the previous question, how is God your source of life (sun) and protector (shield)? How does that bring you joy?
- **Read Philippians 4:10-13.** What does this passage teach about joy? How does the context of contentment change the way you read verse 13?

Close with prayer and say aloud the final blessing of this psalm together: "Blessed is the one who trusts in Him!"