



West Seventh Church of Christ

Striving to be
completely committed
followers of Jesus
Discipling
Equipping
Serving
Loving

February 8, 2026

Elders

Bill Alsup	505-2282
Tom Anderson	615-351-6239
Steve Cofer	615-519-1228
John Corn	540-230-8713
Marty DeJarnette	797-2387
David Hendrixson	256-303-3115
Mike Kesler	797-3555
John Law	698-2236
Chris Shrader	334-9977
John Simmons	626-5524
John M. Smith	388-5841
James Thomas	698-8014
Jeff White	615-828-3509



Everyone is invited to a
Welcome Shower for

*Nathan
&
Annabeth Graham*

During Coffee Fellowship
in the Family Center

Nathan and Annabeth are planning to
purchase a house this year. Let's shower
them with gift cards, household items and
items to fill their pantry.

Staff

Barry England	Marriage/Family
Nathan Graham	Student
Randy Owens	Preaching
Suzi Parrett	Children

Office 931-388-6514

Laurel Burton	Ministry Assistant
Lauren Kennedy	Ministry Assistant
David Ward	Facilities

Spanish Speaking

Elyar Sanchez	615-853-4627
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Welcome Guests! We are honored that you joined us and hope that you will be blessed today.

PLEASE REGISTER ON THE ATTENDANCE PADS IN EACH PEW.

The **Information Center** has more details and is in the hallway as you exit the door to the left of the pulpit.

Gluten Free Communion is available in the foyer.

Hearing Assistance is available; see an usher for assistance.

TO ASSIST FAMILIES WITH YOUNG CHILDREN:

Attended Nursery The Nursery is provided for children younger than two years of age. It is in the hallway as you exit the door to the left of the pulpit.

Cry Room This space in the Foyer is reserved for parents with young children only.

Nursing Rooms The Cry Room has a private room for nursing and an additional private room is just past the Nursery. Are available in the Cry Room, the men's & women's restrooms in the Family Center and the men's restroom adjacent to the Nursery.

Diaper Changes Parents wishing to rock a sleeping baby during worship may use this room to the right of the pulpit. These bags have helpful items for children and are available at the rear of the Auditorium.

Today

- 9:00 Worship
- 10:10 Coffee Fellowship
- Celebrate with Nathan and Annabeth Graham
(see the front cover)
- 10:30 Bible Classes
- 11:30 Worship in Spanish

Evening - see the insert for Home Devotionals.

Tuesday, February 10

Ladies' Bible Class will meet at 10 a.m. Childcare will be provided.

Wednesday, February 11

Sewing Ministry will meet at 9 a.m. in the Outreach Center.

Bible Classes will meet at 6:30 p.m.

Friday & Saturday, February 13-14

Healing Hands women's seminar "United by Hope". Details are at the Information Center or contact Linda James (931-626-0920).

Saturday, February 14

Ladies' Day is on Saturday, February 14, from 8:00 a.m. - 2:00 p.m. in the Outreach Center. The cost is \$25. This event is open to all ladies of the congregation. Scan the QR code on the flyer to RSVP. Payments can be made to the church office or on the church website (www.w7church.org) by clicking the give tab twice then entering your payment under Ladies' Retreat.

Sunday, February 22

Soup and Game Night at 5:00 in the Teen Center.

Tuesday, March 3

A new session of GriefShare begins Tuesday, March 3. This group will meet in the OC - Columbia Room from 5:30 - 7:30 p.m. for a duration of 13 weeks. Call the church office (931-388-6514) or email office@w7church.org to register. Please reach out to any family and friends who might benefit from this support group.

Wednesday, March 11

A new session of DivorceCare begins Wednesday, March 11. This group will meet in the OC - Columbia Room from 5:30 - 7:30 p.m. for a duration of 13 weeks. Call the church office (931-388-6514) or email office@w7church.org to register. Please reach out to any family and friends who might benefit from this support group.

Wedding and Baby Shower Groups

Any West 7th ladies who would like to be a part of a wedding or baby shower group, please contact Beverly Simmons (931-626-6763). It is a great way to serve our West 7th family, and we need additional women to serve in these groups.

Thank You

Thank you for your kind words, cards, prayers and support during my time of sorrow. The love you have shown to my sweet Glen during his illness has given me much comfort and touches me very deeply. I will miss Glen very much but I know he is out of pain and with our Lord and talking with his friends, son and family. Thank you again for your love, support and prayers. Love, Shirley Stone

We want to thank our church family for the many prayers, support, and meals over the last couple months. We found out this week that the cancer is responding positively to the chemo treatments. God is so good!

Jacob & Maria Williams

West 7th Secret Sisters- 2026

Calling all sisters!

If you would like to participate in our West 7th Secret Sisters ministry this year, please complete a Secret Sister Information Form and place it in the collection box at the Information Center no later than February 18.

Secret Sisters will be drawn and assigned on February 22 during coffee fellowship.

The reveal will take place Monday, June 22 (tentative).

Wrapped



WEST 7TH LADIES DAY 2026
FEBRUARY 14 8-2
THE OUTREACH CENTER

Pray without ceasing

Reported sick this week:

Kerbe Lee is scheduled for eye surgery on February 10.

Harold Allen's brother-in-law, Sam McDaniel, is very ill with rare rapid onset muscular dystrophy. He is currently in NHC-Maury with pneumonia. He is also the uncle of Chris Allen.

Harold Allen's sister, Dot Fields, fell and broke her hip. She is in NHC-Maury, room 1209. She is also the aunt of Chris Allen.

Continue to Pray...

Recovering | Extended Illness | Homebound

Wayne Alderson	Jane Hawkins	Bob & Kerma Parrett
Harold Allen	David & Nancy Heffington	Margaret Parsons
Faye Bell	Olivia Howell	Sammy Salters
Xiomara Berland	Lenora Hunter	Lottie Umstead
Diane Campbell	Ken & Faye Jackson	Melinda Watts
Jim & Betty Carrigan	Janice Jernigan	Molly Watts
Ramona Cherry	Sue Jones	Carnice White
Ruby Dunn	Glenda Kennedy	Jacob Williams
George & Shirley Freeland	Winnie Love	

Friends and Family

Vickie Cofer's father -	Ralph Roach
Kathleen Cox's friend -	Trina Sottek
AJ DeJarnette's mother -	Deborah Grimes
Lyndell Fox's sister -	Connie Howell
Sue Fox's friend -	Gina Robinson
Rob Johnson's friend -	Tammy Bradley
Shelby Johnson's mother -	Barbara Massey
Lexington, VA Church preacher -	Page Barnes
Kevin LoRe's friend -	Tammi Ettinger
David Mann's sister -	Mary Jo Bertie
Mark Marchal's mother-in-law -	Sandy Casey
Carrie McCullough's niece -	Hattie Fields
Sheila McDonald's mother -	Frances Byrd
Cindy Netherland's mother -	Marlene Smesler
Andrea Stevens' brother -	Derek Orban
Shirley Stone's daughter -	Tracy Bolton
Shirley Stone's friend -	Max Hill
The Tribbles' friend -	Phyllis Neely
Kelly Williams' brother-in-law -	Bill Ford

Preparing to Marry

Todd Beasley & Megan Easterday
Will Pike & Libby Love

Expectant Parents

Carson & Sydni Cary
Chris & Courtney Loftis
Tucker & Baylie Vincent
Maverick & Ashley Dickinson
Max & Brooke Morrison
Hardin & Ashley Caroline Johnson



Suzi Parrett
615-693-9427

Opportunity to Serve

Teachers and assistants needed immediately on Wednesday nights in the Cradle Roll and 3 year old class.

Teachers and assistants needed in March in the Cradle Roll class.



Nathan Graham 865-415-7356
Annabeth Graham 931-215-8697
Jacob Love 931-797-1399
Jacob Hunnicutt 615-517-4761
Eric Nash 615-351-8384
Ben Jones 931-698-1206

Today - Super Bowl Party
5:00 - 9:30 p.m. | Teen Center
Food provided

February 22 - Parent Meeting Potluck
11:00 - 1:00 p.m.
Teen Center
Senior parents especially plan to attend.

February 28 - Escape Room
12:15 - 3:15 p.m.
RSVP on GroupMe by February 22.

Church Record

Sunday a.m. Worship	343
Auditorium	315
Spanish Speaking	15
The Bridge	13
Wednesday Classes	220
Contribution	\$23,248

Online Giving QR Code



wifi password: WESTSEVENTH

931-388-6514

office@w7church.org

w7church.org

West 7th Church of Christ

West Seventh Street Church of Christ

405 West 7th Street Columbia, TN 38401

Techhelp@w7church.org or 931-225-HELP (4357)



GARDEN IN MANHATTAN

TEXT: Matthew 5:13-14

Introduction: Josiah Queen's song, "Garden in Manhattan", speaks to this biblical truth Jesus taught: we are supposed to be the salt of the earth and light of the world.

Just like a garden in Manhattan, Christians must be _____ from the world.

Just like a garden in Manhattan, Christians must be _____ from the world.

Just like a garden in Manhattan, Christians must be _____ the world.

Order of Worship

Song Leader.....Charlie Stoltz

Come, Let Us All Unite To Sing - 180

I Am a Sheep

Scripture ReadingRobert Murphy

Psalm 47:5-7

Prayer.....Anthony Petrochko

There Is a Redeemer

Oft We Come Together - 511

Communion.....Drew McCullough

Offering

Holy, Holy Holy! - 238

How Great Is Our God

Message.....Nathan Graham

Just As I Am - 380

Announcements and

Shepherd's Blessing.....John Corn

Nursery - Jessica Fonville & Lauren Pinkston

Sunday Adult Classes

College/Young Pro Marty DeJarnette
"Unexplainable Jesus" Room 306
What Made Jesus Appealing

Young Marrieds David Hendrixson
The Wisdom of Proverbs Room 307

Young Families Barry England
Habits of the Household Tyler Sells
OC - Tennessee Room

Homebuilders Jon Bennett
Great Chapters of the Bible David Esslinger
Rush Holladay
T.V. Studio

Adults Joel Oswalt
Genesis Chapel

Adults Tom Anderson
God is Light Auditorium

Adults Bill Alsup
1 Corinthians Room 214

Spanish Speaking Elyar Sanchez
Room 212

Wednesday Adult Classes

Adult Class Chapel
Meditations in Genesis Lee Lantzer

Ladies' Class T.V. Studio
Being Transformed by God Amy Sanchez

Men's Class Room 214
Ezekiel Chris Loftis

Precepts OC - Maury Room
Study of 2 Kings Randy Owens

FAMILIES WITH CHILDREN

Have you ever been really mad at someone who was being unfair to you? Maybe someone said something hurtful, blamed you for something you didn't do, or treated you badly on purpose. When that happens, it's easy to want to yell, get even, or stay angry. But the Bible shows us a better way.

Read Psalm 59

Psalm 59 was written by David during a scary time in his life. Even though David had done nothing wrong, King Saul was angry at him and even tried to hurt him. David had every reason to be angry back! But instead of letting his anger take over, David talked to God about it and trusted God to protect him.

David was hiding because Saul sent men to watch his house and try to harm him. David felt afraid, upset, and probably angry too. But instead of fighting back or being mean, David prayed. He told God exactly how he felt and asked God for help.

In Psalm 59, David says that God is his **strong tower** and his **place of safety**. That means David believed God was stronger than his problems. Even though David couldn't control Saul, he trusted that God could take care of him. David chose to give his anger to God and wait for God to act.

Just like David, we don't always get to choose what happens to us, but we do get to choose how we react. When we're angry, scared, or hurt, God wants us to come to Him first. We don't have to yell, get revenge, or hold onto anger. We can pray, talk to God honestly, and trust Him to help us. Giving our anger, or any emotion, to God, works everything out in His way and in His time.

God is our protector too. He sees what's happening, He cares about how we feel, and He knows the best way to handle every situation - even when it's hard.

- Why do you think David was angry or scared in Psalm 59?
- What did David do instead of fighting back against Saul?
- When you feel angry, what is one way you can give that feeling to God?
- Can you think of a time when you trusted God to help you with a hard situation?

Close in prayer thanking God for helping us when we're angry.

The Psalms

February

Psalm 59



ADULTS

These monthly Home Devotionals provide an opportunity for you have a moment of spiritual reflection either alone or with a spouse or another adult. Each month features a psalm that answers an emotion common to each of us.

Read Psalm 59 and consider what emotions David encountered.

The backstory of this psalm is found in 1 Samuel 19. King Saul sent men to stake out David's house at night and kill him. David escaped through a window under cover of darkness, which accounts for the description of his enemies as nighttime prowlers in verses 6 and 14.

- Have you ever written a text, e-mail or letter in the heat of the moment and then decided not to send it? Why?
- Who does David credit for his escape (vv.1-2)? Is he out of danger yet?
- How are his enemies described (vv. 6-7)? What are their attitudes toward God?
- In verses 11-13, what does David pray for "my people"? What does this tell you about David's understanding of his circumstances?
- What would it mean if God did not judge evil? What does judgment show about God's view of injustice in the world?
- How did God answer David's prayer (see 1 Samuel 19:19-24)? Is this what David had in mind?

In the final two verses, David looks away from his troubles and focuses his praise and adoration upon his savior God. Repeatedly the psalms reveal that nothing could restrain David's worship or diminish his delight in the Lord. How was David able to do that? Is that true for you?

Similarly, Philippians 4:4 tells us to "Rejoice in the Lord always; again I will say, rejoice." We sometimes need to be reminded to look beyond our worries and fix our eyes on Jesus and to rejoice in Him through all circumstances. Psalm 59 reminds us that we can, along with David and all of God's people, rejoice in the Lord always.

Close in prayer.

FAMILIES WITH TEENS

We have normalized taking many emotions before God through prayer. It is not uncommon for us to bring our anxieties (Phil. 4:6) and grief (Psalm 34:18) to Him. But something that initially feels strange to me is the idea of taking my anger to God. We think that anger is the problem. We think God doesn't need or want to deal with our anger. This is a faulty way of thinking because God is the creator of ALL emotions and can more than handle our anger.

Read Psalm 59.

You can feel the anger through David's words in this psalm. And many of us would look at anger as a wrong feeling but that is a misconception. Even Jesus Himself experienced anger (Matthew 21). Anger becomes a problem when it is expressed incorrectly. David had a justified feeling of anger instigated by his enemies and he expressed it to God instead of acting upon it. That's where we often trip. We will become angry and let our anger immediately lead to action instead of taking it to God and letting Him guide our actions. God doesn't intend for us to handle our anger that way. Take some time meditating on David's example and answer these questions together as a family:

- What does an unhealthy expression of anger look like versus a healthy expression of anger?
- When David says God is his "Strength" (59:9,17), what does that mean? How can that help us control our anger and feel confident and comfortable expressing it to God?
- **Read Ephesians 3:20.** What does this verse mean to you? How should this verse change the way we live and relate to God?
- **Read James 1:19-20 and Proverbs 14:29.** Why does God tell us to be slow to anger? How can you develop this quality?

Close with a prayer as a family asking God for the confidence and comfort to bring your anger to Him. After your family prayer, pray individually telling Him about at least one recent moment of anger, trusting in Him to provide relief.