

Dealing with Your Feelings – Part 1 “Anxiety”

Matthew 6:25-34 NIV

Main Point – Principles must be backed by priorities.

Cast all your anxiety on him because he cares for you.

1 Peter 5:7 NIV

1. Shift providers. Matthew 6:26 NIV

2. Shift to reason. Matthew 6:30 NIV

3. Shift to significance. Matthew 6:33 NIV

Next Sunday: Dealing with Your Feelings – Part 2, Ephesian Anger, Ephesians 4:26-27, 31 NIV