

## NEWZLINE: COVID-19 #2 , DATED 3.6.2020

Dear IBC Family,

*Let the heavens be glad, and let the earth rejoice; And let them say among the nations, "The LORD reigns." I Chron. 16:31*

Even as information and reactions regarding the COVID-19 virus are all over the board, the truth above remains just that: TRUTH. Our God reigns! He is not panicked. Our trust and faith in Him remain strong, whether this virus is overblown or understated. Let us keep our eyes fixed firmly on Him and proceed in peace, joy, and hope!

Following is information regarding what we know at the moment, which is rather fluid as new information keeps being published:

We are passing this information along for our awareness and application of common-sense strategies for a healthy community.

- At-Risk Population
  - Compromised immune systems
  - Cancer patients
  - Autoimmune diseased
  - Those on many medications
  - Elderly (60 yrs old and above)
  - Very young (under 6 yrs old)
- Signs and Symptoms
  - Shortness of breath
  - Fever
  - Cough
  - Diarrhea
  - Runny nose
- Complications

- Pneumonia in both lungs
- Increased risk with increased medical conditions
- Preventions in large group
  - Avoid the following:
    - Shaking hands
    - Hugging
    - Kissing
  - Greet each other in the following ways:
    - Elbow bump
    - Verbal greeting
    - Gestures (“Air High-Five,” Thumbs-up)

NOTE: *Let us have the mindset of protecting each other, especially those who may be health compromised.* We look forward to addressing this in our services this weekend.

Again, IBC Family, this virus will not cause us to panic, but rather may it be an opportunity to serve one another eagerly...for God’s Glory!

For His Glory,

Team C-Virus

Dr. Vern Swenson

Nurse Marti Tinkham

Nurse Kathy Craven

Dr. Rob Craven

Elder Steve Blakeman

Deacon Joe Fors

Pastor Tom Lotz