

# Connection Group Discussion for 11/29/2020

## How to Heal Week 4: Be Helpful

The Big Idea: We face hardship and trial, sorrow and hurt, so we can be comforted, and so we can comfort others.

### Discussion

#### **2 Corinthians 1:3-11 • Philipians 2:1-5**

1. In 2 Corinthians 1:8, why does Paul think the church in Corinth “ought to know” about the extreme hardships Paul was facing?
2. What good things happen when we share our pain and hardship with our church family? Do any bad things happen?
3. What is your pain story? How has God uniquely seen your life map out? What have you been through that others have not, but others surely will? What do you know of the encouragement of God? The comfort of Christ? The fellowship of the church?  
In your group, discuss some parts of your life that have prepared you to offer comfort to the hurting. If someone in your group has given you comfort, share that too!

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**Challenge:** If we are followers of Jesus Christ, we are going to suffer. But it is through our suffering well, hurting well, that we in fact advance the Gospel of Jesus Christ. God uses weakness, humility, sacrifice to show love, it is what he did in the life of Christ, and if we will follow, he will do it through us too.