

The Giving Challenge
Formation Hour
Session 3, Lesson 4
November 16, 2025



Week 3: **Giving Abundantly**
Trading Scarcity for Abundance

Video together in Sanctuary

Video Notes:

1. Icebreaker (5 minutes)

Question: “What’s your go-to grocery store aisle—and what does it say about you?”

2. Bible Readings (3 minutes)

Invite participants to read aloud:

John 10:10 – “I have come that they may have life, and have it abundantly.”

Psalms 23:1 – “The Lord is my shepherd; I lack nothing.”

Deuteronomy 15:7–11 – God’s call to open hands and cancel debts

Matthew 6:21–24 – The “eye” as the lamp of the body – how we see the world affects how we live.

3. Discussion Questions:

1. What scene or story from the grocery store video stuck with you most?
2. When have you found yourself thinking, “There’s not enough”—even when you had what you needed?
3. Zach described the scarcity mindset as a shopping cart you push around—filled with anxiety, control, fear. What’s in your mindset shopping cart right now?
4. What do you think causes people—even Christians—to feel like they never have enough?
5. Psalm 23:1 says, “I lack nothing.” Does that feel true for you? Why or why not?
6. How does generosity help us shift from scarcity to abundance?
7. What role does trust play in moving from hoarding to releasing?
8. What’s one area in your life where God might be calling you to live more open-handed?

4. Weekly Challenge Prompt

Challenge: Give a gift out of your abundance.

Look around—what do you already have that someone else may need? It could be groceries, clothes, time, money, or some other resources.

Encourage participants to ask God: “What do I have that I can release this week?”