

The Giving Challenge
Formation Hour
Session 1, Lessons 1 & 2
November 2, 2025

Video together in Sanctuary: Lessons 1 and 2

Small Groups:

Pray

Pray for hearts that are open to discovering the happiness that comes from living generously.

Icebreaker (5 minutes)

Question: "What's the happiest gift you've ever given—or received—and why did it mean so much to you?"

Bible Readings

Invite a few participants to read aloud:

Acts 20:35 — "It is more blessed to give than to receive."

Philippians 4:11–13 — "I have learned the secret of being content... I can do all this through Christ who gives me strength."

1 Timothy 6:6-10 — "But godliness with contentment is great gain... Some people, eager for money, have wandered from the faith and pierced themselves with many griefs."

Discussion Questions

1. What stood out to you most from the video today?
2. What would you say is our culture's definition of happiness when it comes to money—and how does Jesus's teaching challenge that definition?
3. Have you ever spent money on something you thought would make you happy—but it didn't? What was it, and what did you learn?
4. Zach told the story of a single act of generosity—a bike gift—that sparked a movement. Why do you think generosity can be so contagious?
5. Have you ever experienced unexpected joy while giving to someone else? Share the story.
6. In the video, Zach mentioned studies that found happiness levels are similar when someone donates to charity versus doubling their household income. If this is true, then what does this mean for how you have been pursuing happiness?
7. Share where you ranked yourself on the comfort vs. contentment assessment. Reflect on why you settled on that number and identify something you can do to be more content?