

Formation Hour

The Community Practice

Cultivating Community in the Way of Jesus

Session 1, Be Family Around A Table

September 7, 2025



We'll begin with a video together in the sanctuary.
We will then break into our small groups for discussion and community.

Key Scripture: Genesis 1: 26-27

Definition of Community Practice: The intentional discipline of actively building highly relational, joyfully-connected, kinship groups that eat and laugh and pray and worship and follow Jesus together as a family.

Video Notes:

Full Study Guide
for sessions 1-4



Full Video
Session 1



Discussion Questions:

1. What examples of radical individualism have you seen at play around you, or even in your own life?
2. What did you make of the teaching about God being a relationship? Was this fresh for you, or something you've thought about before?
3. What are the most common barriers you personally face to living more deeply in community?
4. What's your primary feeling around living more deeply in community? Excitement? Hesitance? Fear?
5. Share about a time when you felt a strong sense of belonging in a particular group or community. What made that experience memorable for you?
6. Do you have people you could easily name in all four circles (intimates, kin, village, tribe)? Which circle has been the hardest to find/cultivate for you?
7. For week one, the exercise is to share a meal together. What were meals around the table like with your family, and how might that influence your view of this exercise?

Closing prayer:

Jesus Christ, you have called us your brothers and sisters, giving us a home and a place of belonging. Help us to say yes to it, and to make room for one another at the table of your love; in our homes, in our schedules, and in our hearts. Amen.

Challenge: Discuss the possibility of a meal together in the coming weeks. Consider setting a time and date, place, and menu.