

Follow Jesus #4

Verses: Genesis 19

Story: Abraham and Lot

Main Points:

- What do I want my kids to know? I can follow Jesus and keep my eyes on Him!
- What do I want my kids to do? Keep focused on Jesus
- What do I want my kids to feel? Safe

Verse: “If anyone wishes to follow Me, he must deny himself and take up his cross daily and follow Me...” Luke 9:23

INTRODUCTION

- Introduction question: Have you ever made a mess? What was it like and what did you need to do? Did you ask for help?
- Introduction Activity:
- Use fishing line or thin string. Unwind it and let the children “tangle” it all up. When it seems to be a hopeless mess then ask them to untangle it. Ask them how long it would take to untangle the string before it could be used.
- Say, “In today’s bible story we are going to learn about two cities whose people kept sinning over and over again so much that they became tangled in sin just like this string. They were so tangled up in sin that they would not even listen when people talked about God. Guess which city that was? It was the city where Lot had moved to. In this story we are going to learn how Lot was very sorry he had ever chosen to live in a place where there was so much sin.”

STORY

- Talk again about the fishing line or string and share that Jesus is the one who can take our tangled mess and make it beautiful. Talk about how on quilts and other sewing projects that sometimes the back looks like a mess but then the front can be beautiful.

CRAFTS

- Salt Craft
 - Use the printable of Lot’s Wife below or use a piece of



paper. Add glue to the paper and then sprinkle salt on top of the glue. You can use food coloring or dye to color the salt if you want.



ACTIVITIES AND GAMES (Pick one, two, or all!)

- What way to go?
 - Share that Lot and his wife had a choice on what way to go. Lot choose to go toward God and away from the sin in Sodom and Gomorrah. Lot's wife turned back toward the cities. Explain that in this game we are going to figure out what way to go based on the scenarios. You can write "Jesus" on a piece of paper and tape it on the wall to help the kids know which way is toward Jesus.
 - With each scenario, the kids will show you whether the action is turning toward Jesus or away. Some examples are below and you can make up your own too!
 - Hurting someone else. (Away)
 - Giving someone a gift. (Toward)
 - Reading your Bible. (Toward)
 - Skipping ahead of people in a line. (Away)
 - Holding open the door for someone. (Toward)
- Pathway
 - Set up paths of different colored footprints (you can have your kids help you make the footprints if you want) on the floor if you have room. Use different colors to make different paths. Have all the paths end at a poster that says Jesus. On the back of each footprint write one of the following words: Care, forgive, friend, giving, good, grateful, happy, honest, kind, love, obey, patient, pray, trusting, tell the truth, share, study God's words, etc. Tape the footprints to the floor so that the words don't show.
 - If children know their ABC's or numbers you can make a path by putting numbers or letters on the feet and have them follow the footprints in order.
 - Options: take turns flipping over the footprints, give directions about what footprint to pick up, or flip over the footprints as you walk through them.
- Shoes
 - Get out different size shoes. Split up into teams according to how many pairs of shoes you have. Race to the end of the room and back wearing a pair of shoes.

When a child gets back to the start line, he takes off the shoes and the next person in line goes.

- Alternative: You can just let the children take turns trying on the shoes and walking around. As they walk and take off the shoes talk to them about how much harder it is to walk in big shoes, but that it was much easier when someone helps them.
- Talk about how Jesus wants us to walk in his footsteps and is transforming us to be more like Him!
- Follow the Leader
 - Play follow the leader and talk about how Jesus is our leader. We want to follow what Jesus shows us to do.
- Red Light, Green Light
 - Play the game and talk about how we want to pay attention to what Jesus has for us. We want to keep walking toward Jesus and not look back like Lot's wife.

SNACK

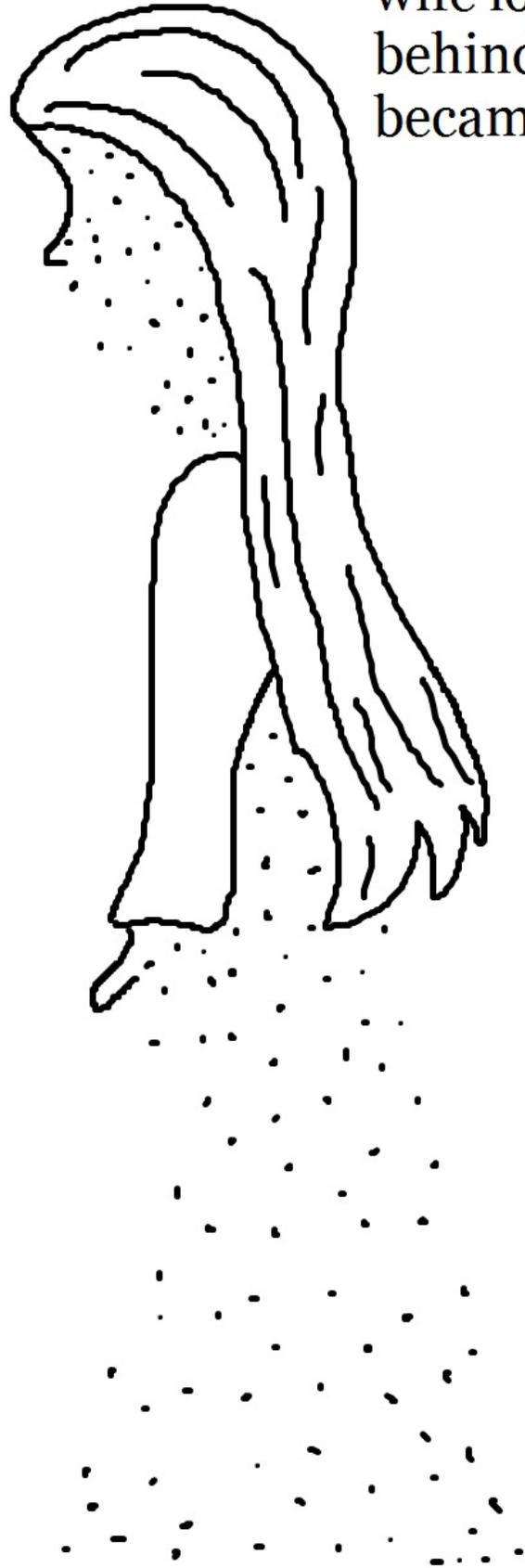
- Taste Testing
 - You can taste salt and talk about how if you put too much salt into a recipe then it won't taste very good.

STORY QUESTIONS

1. What were the people in Sodom doing? *Sinning*
2. What is sin? *Missing the mark—a word, thought, or act against God.*
3. Who told Lot to leave Sodom? *Two angels*
4. What did Lot's wife do? *She turned to look back*
5. What happened to her? *She turned to a pillar of salt*
6. How can you keep your eyes on Jesus and follow Him?
7. What can you do if you find yourself turning away from Jesus? *Repent—ask for forgiveness and turn back toward Jesus*

Lot's Wife

Genesis 19:26- But his wife looked back from behind him, and she became a pillar of salt.





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