

Lenten Calendar ideas

Family game night

Sweep the leaves outside

Create 10 manna bags

Stop being sarcastic

Stay off of social media

Screen free week

Family movie night

Make dinner for the family

Fast from sweets during lent

Learn a new chore

Initiate saying grace at meal time

At bedtime, pray for homeless and others... remember ACTS

Be curious in your attitude, words and deeds

Make a list of ten things you are grateful for in your life and hang it

Fast from criticizing others in your mind or aloud

Pray while creating a piece of artwork

Go through your closets and donate usable clothing and household goods to charity

Pay attention to someone you are tempted to brush aside

Fast from gossip

Pray at the sound of sirens

Fast from texting for a day

Give the gift of your undivided attention

Pray while you go for a walk

Fast from over scheduling your time. Leave time to just be.

Thank God for all the graces you received during a day

Learn the apostles creed

Fast from whatever stands in your way of growing closer with God

During prayer, picture meeting Jesus in a scene from the Gospels and imagine your response

Offer to help someone who has been sick from school collect homework

Weed your families garden for 30 minutes
Plant and care for a new seed
Send a letter to a homebound parishioner
Send a letter thanking a teacher
Taste every bite of the food you eat.
Clean up a common area in your home without being asked as a gift
Invite a neighbor for dinner
Fast from worry. Trust God instead
Bring a meal or cookies to a family
Fast from light. Sit by candle light for one night and remember Jesus called you to be the light of the world
Pick a day to fast from using electronic appliances!
When you hear a story about someone in trouble, pray for them
Get up on time! And pray as you start your day
At the grocery store or farmers market, pray for the farmers
Sing as a family
Fast from comparing yourself to others
Go for a family hike
Fast from complaining
Decorate family easter cookies
Play a family soccer game
Make beach snow angels
Paper bag puppet show
Have high tea
Make God's eyes