

# FUSED

Fellowship

Understanding

Service

Evangelism

Devotion

## Ice Breaker

Try to share one funny time that you were tempted to do something you knew you shouldn't do. What was it? Why was it so tempting?

January 26, 2020

**How to Find Victory  
Over Temptation**  
*FUSED in Luke*

## Opening Prayer

Temptation is a challenging topic to talk about because it's often associated with shame in our lives. As you begin, spend a few moments asking God to give your group courage to be honest about temptation in your life.

## Discussion

1. Take a moment to think quietly to yourself. If someone were going to try to tempt you into something bad for you, what three things do you think would be the hardest temptations for you to resist. After thinking about it, consider whether you are comfortable enough to share at least one of those areas of temptation and why you chose it.
2. **Read Luke 4:1-12 together as a group.** In your own words, summarize the three temptations that the devil chooses to tempt Jesus with. Does anything stand out to you as you read? Which temptation seems to you like it would be hardest to resist? Why?
3. As Josh pointed out in Sunday's message, Jesus' temptation in the wilderness is not an isolated story, but is deeply connected to Israel's journey through the wilderness in the books, Exodus-Deuteronomy. In Israel's journey, the people routinely tried and failed to trust God and be devoted to God. How relatable is it to you that people would try to live good lives, only to fall over and over again? Why?
4. Jesus' victory over temptation in the wilderness then represents not just a victory for himself, but a victory for all who believe and trust in him. **Read Hebrews 4:15-16 together.** As you reflect on this passage, how does Jesus' victory extend to affect you and all of us? What does it mean to receive "mercy and...grace?"
5. Notice that when Jesus faced his greatest temptation, he seemed to be alone. We are always weakest when we are alone. **Read John 8:29 and John 16:31-33.** Why was Jesus able to wander in the wilderness without falling? In what ways do you allow yourself to journey through the wilderness of life alone?
6. What does it look like then for us to say, "My Father is with me?" Do we, like Jesus, have the fullness of the Holy Spirit of God in the wilderness of our lives? How would you encourage each other not to be alone?

## Closing Prayer

Ask people to close by sharing when they feel most alone Spiritually. Pray for each person to be with "one another" and the "Father." Pray a blessing of strength over the group to resist temptation by the power of the Holy Spirit.