



Moline Christian Schools August/Sept. 2023 Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
		23 Italian Meat Sauce Rotini Noodles <i>WG Breadstick</i> Choice of 1% or Skim Milk	24 Pancakes Sausage Patty <i>Tater Tots</i> Choice of 1% or Skim Milk	25 Pepperoni Pizza <i>Baked Beans</i> Choice of 1% or Skim Milk
28 Chicken Drumstick Seasoned Corn WG Dinner roll Choice of 1% or Skim Milk	29 Beef Soft shell Taco <i>Refried Beans</i> Choice of 1% or Skim Milk	30 Cheeseburger <i>Oven Fries</i> Choice of 1% or Skim Milk	31 Chicken Nuggets <i>WG Dinner roll</i> <i>Seasoned Green Beans</i> Choice of 1% or Skim Milk	1 No School Choice of 1% or Skim Milk
4 No School Choice of 1% or Skim Milk	5 Cheese Quesadilla <i>Seasoned Corn</i> Choice of 1% or Skim Milk	6 Beef Hot Dog <i>Oven Fries</i> Choice of 1% or Skim Milk	7 Mini Corn Dogs <i>Baked Beans</i> Choice of 1% or Skim Milk	8 Pepperoni Pizza <i>Seasoned Broc.</i> Choice of 1% or Skim Milk
11 Mozzarella Sticks <i>Seasoned Peas</i> Choice of 1% or Skim Milk	12 French Toast Sticks Sausage Patty <i>Hash brown Patty</i> Choice of 1% or Skim Milk	13 Chicken Alfredo <i>Breadstick</i> <i>Seasoned Broc.</i> Choice of 1% or Skim Milk	14 Chicken Nugget <i>WG Dinner Roll</i> <i>Baked Beans</i> Choice of 1% or Skim Milk	15 Cheese Pizza <i>Seasoned Carrots</i> Choice of 1% or Skim Milk
18 Chicken Tenders Mac and Cheese Seasoned Peas Choice of 1% or Skim Milk	19 Walking Taco <i>Refried Beans</i> <i>Seasoned Corn</i> Choice of 1% or Skim Milk	20 Italian Meat Sauce Rotini Noodles <i>WG Breadstick</i> Choice of 1% or Skim Milk	21 Pancakes Sausage Patty <i>Tater Tots</i> Choice of 1% or Skim Milk	22 Pepperoni Pizza <i>Seasoned Broc.</i> Choice of 1% or Skim Milk
25 Chicken Drumstick Seasoned Corn Choice of 1% or Skim Milk	26 Beef Soft shell Taco <i>Refried Beans</i> Choice of 1% or Skim Milk	27 Cheeseburger <i>Oven Fries</i> Choice of 1% or Skim Milk	28 Chicken Nuggets <i>WG Dinner roll</i> <i>Seasoned Green Beans</i> Choice of 1% or Skim Milk	29 Cheese Pizza <i>Seasoned Carrots</i> Choice of 1% or Skim Milk

DAILY ALTERNATES				
Chocolate Chip Muffin & Goldfish Fun Lunch	Nacho Fun Lunch	Bosco Sticks	Turkey Bacon Wrap	Cereal, Yogurt & String Cheese Fun Lunch
PB&J Sandwich on WW	PB&J Sandwich on WW	PB&J Sandwich on WW	PB&J Sandwich on WW	PB&J Sandwich on WW
Choose With Any Meal!				
Fresh Broccoli	Celery Sticks	Fresh Broccoli	Fresh Cherry Tomatoes	Romaine
Cauliflower	Baby Carrots	Romaine Lettuce	Cucumbers	Fresh Carrots
Fruit Cocktail	Diced Pears	Applesauce	Pineapple Tidbits	Diced Peaches
Fresh Apple	Fresh Grapes	Fresh Pear	Fresh Banana	Fresh Orange Wedges

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. *Milk choices include 1% white, strawberry and chocolate.

School Foodservice Information:

Lunch Price: \$2.85 paid, \$.40 reduced, free (if qualified)

No advance registration necessary! All students are welcome every day!

Scott Larson, Director of Dining Services

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