



Moline Elementary August 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	28	29	30	31
	Cheeseburger on Bun	Bosco Sticks	Hot Dog on a Bun	No School
	Oven Fries	Seasoned Corn	Baked Beans	
	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk
DAILY ALTERNATES				
	Muffin Fun Lunch	Nacho Fun Lunch	Cereal Fun Lunch	
	PB&J Sandwich on WW	PB&J Sandwich on WW	PB&J Sandwich on WW	
	Sliced Cucumbers	Fresh Cherry Tomatoes	Sliced Cucumbers	
	Corn & Pepper Salad	Cowboy Caviar	Power Peas	
	Fresh Carrots	Homemade Baked Beans	Fresh Cucumbers	
	Chilled Peaches	Rosy Applesauce	Chilled Pineapple Tidbits	
	Fresh Grapes	Fresh Pear	Fresh Banana	

School Foodservice Information:

Lunch Price: \$2.60 paid, \$.40 reduced, free (if qualified)

No advance registration necessary! All students are welcome every day!

Scott Larson, Director of Dining Services

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Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. *Milk choices include 1% white, skim strawberry and skim chocolate.