



## Moline Elementary April 2019 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
A=	<b>Spring Break April 1-8, 2019</b>				
	8	9	10	11	12
	<b>No School</b>	<b>Soft Shell Taco</b> <i>Seasoned Vegetarian</i>	<b>Popcorn Chicken</b> <i>Mash Potatoes Seasoned corn WG Dinner Roll</i>	<b>Spaghetti w/ Meat Sauce</b> <i>Breadstick Seasoned Broccoli</i>	<b>Classic Cheese Pizza</b>  <i>Seasoned Carrots</i>
	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk
	15	16	17	18	19
	<b>Macaroni &amp; Cheese w/Chicken Tenders</b>  <i>Steamed Green Beans</i>	<b>Beef Walking Taco</b>  <i>Seasoned Corn</i>	<b>Chicken Patty on Bun</b>  <i>Baked Beans</i>	<b>Cinnamon Rolls</b> <i>Colby Cheese Omelet Hash brown Patty</i>	<b>Classic Cheese Pizza</b>  <i>Tater Tots</i>
	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk
	22	23	24	25	26
	<b>Mini Pancakes</b> <i>Sausage Patty Tater Tots</i>	<b>Soft Shell Taco</b>  <i>Seasoned Vegetarian</i>	<b>Corn dog of a stick</b>  <i>Baked Beans</i>	<b>Grilled Cheese</b> <i>Tomato Soup Tater Tots</i>	<b>Classic Pepperoni Pizza</b>  <i>Seasoned Carrots</i>
	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk
	29	30			
	<b>Oven Baked Chicken</b> <i>Mashed Potatoes WG Dinner Roll</i>	<b>Cheese Quesadilla</b>  <i>Seasoned Corn</i>			
	Choice of 1% or Skim Milk	Choice of 1% or Skim Milk			
<b>DAILY ALTERNATES</b>					
B=	<b>Cheeseburger on Bun</b>	<b>Bosco Sticks</b>	<b>Pancake &amp; Sausage</b>	<b>Chicken Nuggets with Dinner Roll</b>	<b>Hot Dog on Bun</b>
C=	<b>Chocolate Chip Muffin &amp; Goldfish Fun Lunch</b>	<b>Nacho Fun Lunch</b>	<b>Pizza Bagel Fun Lunch</b>	<b>Turkey Bacon Wrap</b>	<b>Cereal, Yogurt &amp; String Cheese Fun Lunch</b>
D=	<b>PB&amp;J Sandwich on WW</b>	<b>PB&amp;J Sandwich on WW</b>	<b>PB&amp;J Sandwich on WW</b>	<b>PB&amp;J Sandwich on WW</b>	<b>PB&amp;J Sandwich on WW</b>
<b>Choose With Any Meal!</b>					
	Fresh Broccoli	Cauliflower	Sugar Snap Peas	Red Pepper Slices	Cauliflower
	Fresh Carrots	Side Salad	Fresh Carrots	Side Salad	Fresh Carrots

Fresh Celery Sticks	Sliced Cucumbers	Fresh Cherry Tomatoes	Sliced Cucumbers	Fresh Celery Sticks
Fresh Peach	Fresh Plum	Mandarin Oranges	Peaches	Pineapple
Fresh Apple	Fresh Grapes	Fresh Pear	Fresh Banana	Fresh Orange Wedges

**School Foodservice Information:**

Lunch Price: \$2.70 paid, \$.40 reduced, free (if qualified)

No advance registration necessary! All students are welcome every day!

**Scott Larson, Director of Dining Services**

larsons@waylandunion.org

269-792-3150 X2611

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

**Our guidelines:**

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at

[http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.