



WEEK THREE – WORSHIP & DAILY PRAYER

GROWING IN THE HABITS OF A DISCIPLE

“And Jesus woke early in the morning to pray.” – Mark 1:35

GATEWAY VALUE – Corporate Worship & Daily Prayer

The church isn't a building, but the people [Ekklesia means 'the gathered and sent out ones'] who long for every opportunity to give praise and glory to God through prayer and by hearing His Word preached. The weekly rhythm of gathered worship and prayer is vital for the life and growth of Christians. It also offers us the opportunity to see the Glory of God and to recalibrate our hearts towards giving Him glory in all that we do. It also serves as an opportunity to invite others to witness and hear all that God is doing in our midst.

DISCIPLESHIP HABIT – Develop the Habit of Daily Prayer

Pray for five minutes a day through ACTS:

- Adoration - When we pray to God in adoration, we remember God's character traits and praise him for how wonderful he is.
- Confession - Confession is simply admitting to God where we have sinned. Confession may often involve where we have not followed God's commands or lived a life that reflects his character.
- Thanksgiving – When we pray in thanksgiving, we describe what God has done in our lives, remembering his provisions in our life, expressing our gratitude and thankfulness.
- Supplication - Supplication is a fancy way of saying that we make our requests known to God. Prayers of supplication, then, are the needs, desires, or requests that we want to bring before God. But it's important to let the Bible shape our requests!

DIG DEEPER RESOURCES – This week, review the following resources:

- **Watch**
 - [“The Primacy of Prayer” \(Tim Keller\)](#) – This is an excellent message where we learn about what scripture say on prayer.
 - Past Gateway Messages – [“How to Pray”](#) & [“How to Pray – Part 2”](#)
- **Read**
 - [Habits of Grace: Chapters 7-10](#) (Mathis) – FREE
 - [Psalms: The Prayer Book of the Bible](#) (Bonhoeffer) – with purchase
 - [Prayer: Experiencing Aw and Intimacy with God](#) (Keller) – with purchase
- **Do**
 - If you are new to prayer, consider trying the [30-day prayer challenge](#).