

Gr. 1-3 Lesson Template

Where	Who and What	What you Need
Classroom	Teacher takes attendance Give students a sticker	Paper on table, check off who is here, put onto the clipboard
	Option 2: Name the rules Do this activity on page 59 Go over the Ten Commandments Finger Printable	P. 59 Ten Commandments finger printable
Large Group	Large Group Time: Leader is Lorene. She'll get you when ready.	
Classroom	Ask some questions from page 64 1. Is reading the Bible important? Why? 2. Are any of the ten commandments hard for you to obey? Which ones? Why? 3. Why does obeying God show that we love Him?	See p.64 if you want more answers
Classroom:	Option 1: Ten Commandments with doors	Worksheet



WELCOME Kids

Greet each kid as he or she arrives. Use this time to collect the offering, fill out attendance sheets, build relationships, and help new kids connect to your group.

SAY “What are some rules you have at your house? Why do you think the adults in your life have rules they expect you to follow?”

1 ACTIVITY PAGE (5 minutes)

Invite kids to complete “Complete the Puzzle” activity page.

SAY “Today, we will learn that **GOD GAVE COMMANDS TO HIS PEOPLE TO SHOW THEM HOW TO LOVE HIM AND OTHERS.**”

2 SESSION STARTER (10 minutes)

☐ OPTION 1: AVOID THE MOUNTAIN

Before the session, use painter’s tape to create a large circle on the floor of the room. Tell kids the tape represents a “mountain.” Play a game of tag but tell kids they cannot touch the mountain or go through it. Choose one kid to be It and direct her to tag kids. Instruct kids to run from It while avoiding the mountain. Any kid who is tagged by It or touches the mountain is out. Play as time allows, choosing different kids to be It.

SAY “Today, we’ll learn about a mountain God warned His people not to touch. We’ll see how this mountain was special because God’s presence came down on the mountain in the form of a cloud. Let’s get ready to learn why God came down to His people and why they couldn’t touch the mountain.”

☐ OPTION 2: NAME THE RULES



Present kids with different activities and invite them to create rules they think would be helpful. Provide suggestions if kids seem stuck. Some scenarios include the following:

- Skating at a skateboard park
- Sailing on a boat
- Hiking in the woods
- Swimming in the ocean
- Shopping at a store



SAY “Some of the rules you listed may be rules your parents or other adults have asked you to obey. We often have rules because they help keep us or other people safe. We would probably want to have a rule that you must wear a helmet if you skateboard because you don’t want your head to get injured. God also gave certain rules or commands for His people. Today, we’ll learn that **GOD GAVE COMMANDS TO HIS PEOPLE TO SHOW THEM HOW TO LOVE HIM AND OTHERS.**”

Transition from **WELCOME** to **LEARN**





THE GOD OF THE GOSPEL

LOVE God by Applying the Story

1 REVIEW & BIBLE SKILLS (5 minutes)

Distribute Bibles and display the Old Testament Mediterranean Map. Guide kids to open their Bibles to Exodus 19. Tell kids that in Exodus we read some of the commands God gave to His people. Invite kids to keep a finger in Exodus while flipping over to the book of Leviticus. Tell kids that in Leviticus we read more of God's commands for His people. Share that there are hundreds of laws in the Old Testament.

Consider pointing out Mount Sinai (19) on the Old Testament Mediterranean Map. Choose a volunteer to read aloud Exodus 19:4-6 or ask the kids to follow along as you read the verses aloud.

SAY 🌟 Throughout the Bible, we see how God cared for His people. In these verses, God reminded the people all He had done for them. Now, God asked the people to obey what He said. God wanted the people to live according to His Word because He knows what is best. God does not give us rules or commandments to follow to be mean. He gives His people commands so they know how to best live and experience life as His children whom He loves. Yet, obeying God's commands doesn't save us. Only faith in Jesus saves us from our sin. When we trust in Jesus, He changes our hearts so we want to obey God's commands and live in a way that pleases Him. 🌟

2 GROUP DISCUSSION (10 minutes)

Ask the following questions. Lead the group to discuss.

| **SAY** 🌟 Is reading the Bible important? Why? 🌟

Remind kids that because God is Creator and the King of everything, He knows what is best. Tell kids that He gave us the Bible so we can know Him. The Bible is a book about God and His plan to save people from sin. Share how the Bible also helps us learn how to live in a way that is right and good. Share how the Bible shows us that all people are sinful and need to be saved. When we read our Bible, we see how God sent Jesus to save us from our sin.

| **SAY** 🌟 Are any of the Ten Commandments hard for you to obey? Which ones? Why? 🌟

Tell kids that every person struggles to keep the Ten Commandments and all the commandments of God. Explain that we all have hearts that are bent toward sin and going our own way. Share that no one can obey God perfectly and we can never save ourselves. Remind kids that only Jesus obeyed God perfectly and that when we trust in Him, He gives us His righteousness.

| **SAY** 🌟 Why does obeying God show that we love Him? 🌟

Help kids understand that we don't obey God to earn His love but to show our love for Him. Tell kids that Jesus said, "If you love me, you will keep my commands" (John 14:15). Discuss how obeying God means we trust that His ways are best and that He is good.

Transition from **LOVE** to **LIVE**



Ten Commandments on Your Fingers

A Kid-Friendly Finger Guide

1 – Pointer Finger: "God is #1"

Hold up **one finger**.

There is only one God; put Him first.

2 – Two Fingers: "No idols"

Hold up **two fingers** like someone bowing.

Don't make or worship idols.

3 – Three Fingers: "Respect God's Name"

Hold up **three fingers**; your middle finger points upward.

Honor God's name and don't use it wrongly.

4 – Four Fingers: "Rest on the Sabbath"

Hold up **four fingers** together like someone resting.

Remember the Sabbath day and keep it holy.

5 – Open Hand: "Honor your parents"

Five fingers—like a high-five.

Honor your father and mother.

6 – Pointing Finger: "Do not kill"

Point one finger toward your other hand.

Do not murder.

7 – Two Hands: "Be faithful in marriage"

Make a **7** shape with one hand, then bring two fingers together like a couple.

Keep marriage promises; do not commit adultery.

8 – Two Fours: "Do not steal"

Hold up **four fingers** on each hand (like handcuffs).

Do not steal.

9 – Four vs. Five Fingers: "Tell the truth"

One hand shows **four**, the other **five**—they don't match.
Do not lie or bear false witness.

10 – Two Fists: "Do not covet"

Make **two fists** like grabbing.
Do not covet what others have.

Use this page to help children learn and remember the Ten Commandments in a simple, engaging way!



THE STORY OF THE GOSPEL

LIVE the Mission

1 ACTIVITY CHOICE (10 minutes)

☐ OPTION 1: TEN COMMANDMENTS



Provide each kid with a “Ten Commandments” printable. Kids will need both pages of the printable. Guide kids to take the page with the doors and fold the paper horizontally across the first door. Kids will then cut along the dotted line of the door. Repeat this step with the remaining doors so that eventually each door is able to “open.” Then outline the left side of the pictures on the second page with glue. Finally, line up each door over the picture and press down to adhere the papers together. Kids should be able to open and close each door with the appropriate picture being revealed.

SAY “**GOD GAVE COMMANDS TO HIS PEOPLE TO SHOW THEM HOW TO LOVE HIM AND OTHERS.** But God knew people could never obey Him perfectly. He sent Jesus to live a perfect life in our place, die on the cross, and rise from the dead so we could be saved from our sins. When we trust in Jesus, He changes our hearts to want to obey God’s commands. Through Jesus and the Holy Spirit, we can live in ways that show we love God and other people.”

☐ OPTION 2: COMMANDMENT WALK



Before the session, gather pieces of cardstock, making sure you have one for each kid. On one of the pieces of cardstock, write the words Ten Commandments. Use painter’s tape to tape the pieces of cardstock into a large circle on the floor. For larger groups, consider creating two circles.

Then invite kids to stand on a piece of cardstock. Play music and direct kids to walk around the circle, stepping on the cardstock as they move. When the music stops, the kid standing on the Ten Commandments paper will need to name one of the Ten Commandments. If he has trouble, invite the other kids to help him. Repeat as time allows, encouraging kids to not repeat a commandment that has already been said.

SAY “Deuteronomy 8:6 says, ‘So keep the commands of the LORD your God by walking in his ways and fearing him.’ Obeying God’s commands doesn’t earn God’s love, but shows that we fear Him or love Him above all else. God’s commands are for our good and help us live rightly. Faith in Jesus helps us obey God’s commands and live to please Him.”

2 REFLECTION AND PRAYER (5 minutes)

Distribute a sheet of paper and pencil to each kid. Ask kids to write about or draw a picture to answer the following questions:

- What does this story teach me about God or the gospel?
- What does the story teach me about myself?
- Who can I tell about this story?

Be sure to send the sheets home with the kids along with the activity pages so parents can continue to discuss the Bible story with their kids. If time remains, take prayer requests or allow kids to complete the Bible story coloring page. Pray for your group.

The Ten Commandments

Directions: Color the doors. Then cut along the dotted lines of each door. Outline the left side of the pictures on the second page with glue. Place the doors over the pictures.

1

2

3

4

5

6

7

8

9

10

1: Do not have other gods besides Me.



2: Do not make an idol for yourself.



3: Do not misuse the name of the Lord.



4: Remember the Sabbath day and keep it holy.



5. Honor your father and mother.



6. Do not murder.



7. Do not take another person's husband or wife as your own.



8. Do not steal.



9. Do not lie about your neighbor.



10. Do not be jealous for anything that belongs to your neighbor.



