

Sermon-Based Life Group
Leaders Guide – Life Group Covenant



When discussing – use the proactive leadership style – clear direction, yet flexible

Facilitators _____ Ph.# _____

Hosts _____ Ph.# _____

Small groups thrive on participation! The purpose of this covenant is to help you to discuss and clarify your group's goals, expectations and commitments.

LIFE GROUPS: THEIR PURPOSE

Life Groups exist to promote spiritual maturity and personal Life through meaningful Christian relationships and study of God's Word (Romans 8:29 & Hebrews 10:24, 25). We'll do this by focusing on four primary activities:

SHARE

Each week we'll take time to share what is happening in our lives. At first this sharing will include planned "sharing questions." But after the first few weeks, it will become more informal and personal as we feel more comfortable.

STUDY

Each week we'll study a section from God's Word that relates to the previous Sunday's sermon or an appropriate personal Life topic. Our goal is to learn how to live out our Christianity in everyday life. Our goal is to interact interpersonally on the topic and how we can practically follow Christ, not to answer all the questions.

SUPPORT

Each week we'll learn how to take care of one another as Christ commanded (John 15:9-13). This care can take many forms such as prayer, encouragement, listening, challenging one another, and meeting real needs.

SERVE

Spiritual Life is fostered not only by what we gain through the support and input of others, but also through service to others. The role each of us fills is important to the health of the church and for us to be the hands and feet of Jesus to our community (Ephesians 4:11-16). Throughout the quarter, it is our hope that you can find and/or be affirmed in the ways God has designed you to serve, and make a difference in God's Kingdom.

FIVE MARKS OF A HEALTHY GROUP

For our group to be healthy, we need to . . .

1. Make spiritual Life our number one priority (Romans 8:29).

Tangents – they are okay sometimes, but sometimes we need to be refocused. We'll need to keep spiritual Life our focus and stay on topic.

2. Accept each other (Romans 15:7).

We will have different preferences.

3. Take care of one another (John 13:34).

When crisis happens we're there to help with support, prayer, encouragement, listening, meals etc.

4. Treat each other with respect (Ephesians 4:25-5:2).

Listening: Listening to one another, if one's talking let's all listen, nothing worse than two conversations going on at once.

Giving Advice: Our goal is to listen, not give advice. (Advice is given when asked for) We are not here to judge or fix – unless someone asks. An example of giving advice is by saying, "Well this is what I think you should do." On the other hand, that doesn't mean we can't question what is said or what someone is doing.

Gabbing: Some of us have the gift of gab, also known as a dominator – be careful, I as a facilitator might have to help you.

Gossip: Be careful of gossip prayers. For example "we need to pray for (person's name) because they are doing this ..."

Put-Downs: Zero tolerance policy on that. No put-downs!

Confidentiality: What is said here, stays here – unless of course what's shared would be harmful to yourself or someone else, and/or if I as the Facilitator/Host need to seek counsel on how to respond to an issue in the group

5. Keep our commitments to the group (Psalm 15:1-2, 4b).

Please give us a call if you can't make it to Life Group so we know what's going on and how to pray for you.



GUIDELINES & COVENANT

1. Dates

We'll meet on _____ nights for _____ weeks. Our final meeting of this quarter will be on _____.
Fill in blanks

2. Time

We'll arrive between _____ & _____ and begin the meeting at _____. We'll spend approximately _____ minutes in singing (optional), _____ minutes in study/discussion, and _____ minutes in prayer/sharing. Fill in blanks

3. Children

Group members are responsible to arrange child care for their children. Nursing newborns are welcome provided they are not a distraction to the group! You will find not having children at the group will foster a greater group experience.

4. Study

Our studies will focus on the same topic covered in the previous Sunday's sermon or an appropriate personal Life topic. Our goal is to learn how to live out our Christianity in everyday life. Not to answer every question.

5. Prayer

Praying for one another. You'll go over tips on topical prayer the second week of group. Remember – being forced to pray in group or just the idea of it can cause people to not want to come to your group. If you have new people in your group, you might want to say something like this: "It's exciting to see how God works in our lives through prayer. We also realize prayer in groups is something many have never done. Know that you will never be forced to pray." Let them know you'll talk more in the weeks to come on how we do group prayer and that we break a lot of the stereotypes of what it means to pray.

6. Homework & Attendance

Joining a Life Group requires a commitment to attend each week and do the homework ahead of time. Obviously, allowances are made for sickness, vacation, work conflicts, and other special events—but not much more!

This commitment is the key to a healthy group.

If we cannot come to a meeting, we will call _____.

Emphasize the importance of the commitment to attendance and preparation. (A good group starts with good preparation)

Make sure that everyone is with you. (Do we agree? Is this what we want? Make eye contact, etc.)

Most weeks require 20-30 minutes of homework to prepare for the group study and discussion.

7. Desserts

Have everyone sign up for a night to do dessert.

LEADERS GUIDE

8. Social & Service Project(s)

Emphasize the importance of a social and service project during each season (2 per year). As a facilitator and host, have 2 or 3 suggestions ready and 2 or 3 potential dates. Choose a date or ask the group to bring their calendars next week. New groups are preferred to have their social by mid-quarter.

9. Commitment

Have the members sign the group Covenant now if they are ready. If not, they are welcome to wait until the third week of the quarter.



GATEWAY COMMUNITY CRC LIFE GROUP COVENANT

GROUP FACILITATOR & HOST: _____

The TEN “I Will” COMMITMENTS

1. I will make this group a priority by attending each week, keeping up with my assignments, and participating openly in discussion.
2. I will commit and contribute to the life of the church through the stewardship of my time, talent, and treasure, and the inviting of others.
3. I will strive to build authentic relationships with those in this group by showing care, providing encouragement, and praying for their needs.
4. I will keep in confidence all sensitive issues brought up in my group.
5. I will explore honestly my steps for spiritual growth.
6. I will be quick to listen, slow to speak, and slow to get angry.
7. I will hold up my Life Group members in prayer each week.
8. I will *serve* together with my Life Group once a semester (service project – No Life Group meeting this week).
9. I will *play* together with my Life Group once a semester (social event – No Life Group meeting this week).
10. If a member of my Life Group encounters a significant life change, obstacle, or emergency, I will come to their aid through prayer, visits, and (in conjunction with the Board of Deacons) tangible ministries of mercy.

We agree together in Christ to honor this covenant.

(To be decided by each person on or before the third week.)

1. _____ 9. _____

2. _____ 10. _____

3. _____ 11. _____

4. _____ 12. _____

5. _____ 13. _____

6. _____ 14. _____

7. _____ 15. _____

8. _____ 16. _____