



find it here

MESSAGE APPLICATION Guide

The Fight of Your Life Week 1 (Your Heart)

ICE-BREAKER: Have you ever been surprised by something you said or did? Where did that “surprise” come from?

READ: *“The human heart is the most deceitful of all things, and desperately wicked. Who really knows how bad it is?” - Jeremiah 17:9 (NLT2)*

Why do you think Jeremiah called the human heart deceitful? When have you detected deception in your own heart?

What does it mean to fight for your heart?

Our hearts were made to worship. What is your heart worshipping? Self? Idols? Career? Money? Possessions? Something else?

READ: *“Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.” - Philippians 4:8 (NRSV)*

If your thoughts were more focused on what’s true, honorable, just, pure, pleasing, commendable, and excellent how might that affect your family and friends? How would it affect your day to day life?

What would it take for you to think these kinds of thoughts on a consistent basis?

Heart Check: What would you say is the status of your heart right now?

What has God spoken to you through His Word today? What are you going to do about it?

How can this group pray for you this week?