



find it here

## MESSAGE APPLICATION Guide

*Please feel free to pick and choose questions that relate best to you and your Life Group.*

### GUARDRAILS Week 2

**ICE-BREAKER:** Talk about a time when you saw someone suffer because of his or her relationships. What happened?

Have you ever met someone that later you wish you'd never met? Is there a person you wish your husband, wife, son, or daughter had never met?

How have these people influenced you, or a member of your family, to ignore your guardrails and step into the danger zone?

**READ: Proverbs 13:20**

Who is a person in your life whose wisdom you rely on? In what ways have you seen his or her wisdom rub off on you over time?

**“Judgmental is my opinion about you. Good judgment represents decisions about me.”** How do these definitions of judgmental and good judgment change your perspective?

To what extent has not wanting to be judgmental drawn you into unhealthy relationships in the past?

Do you have a relationship that could benefit from guardrails? What can you do to begin to establish guardrails? What obstacles will you have to overcome to get them in place? How can this group support you?

**“Friends influence the direction and quality of your life.”** Are your closest friends moving in the direction you want your life to move? Can you be yourself with that core group or do you have to pretend you are someone you're not? Do you often feel pressure to compromise? If so, could it be time to establish some relational guardrails?

Is there an area of your life where you need to establish some guardrails? What first step could you take in establishing these guardrails this week?

*Walk with the wise and become wise, for a companion of fools suffers*

*harm.*