



## Start with this...

Have you Identified your GIANTS?  
Have you exposed some of the lies that feed your GIANTS?

### How did **DAVID** look at the **GIANT** differently?

What gave him the CONFIDENCE to face this GIANT when no one else would?

Have you tried to defeat your GIANT on your own? How did that work out?

### David was a GIANT-Slayer... What made him that way?

David was FAITHFUL... AVAILABLE... and TEACHABLE (**FAT**)  
What are some ways you can add these to your spiritual diet? Are you (**FAT**)?

### Ask the following questions...

What barriers keep you from moving forward into victory?

How do you look at Jesus' place in your battles?

How has Satan attempted to work his way into your heart and your thinking?

How does this affect your view of your circumstances?

How has Jesus provided for you during difficult struggles?

How can keeping your focus on Jesus help you overcome the giants surrounding you?

**Read Psalm 23 as a group together and allow the 16 promises below to speak to you as a group and an individual.**

Relationship:	The Lord is my shepherd
Supply:	I shall not want
Rest:	He makes me lie down in green pastures
Refreshment:	He leads me beside still waters
Healing:	He restores my soul
Guidance:	He leads me in paths of righteousness
Purpose:	For His name's sake
Testing:	Even though I walk through the valley of the shadow of death
Protection:	I will fear no evil
Faithfulness:	For You are with me
Discipline/Hope:	Your rod and Your staff they comfort me
Consecration:	You prepare a table before me in the presence of my enemies
Abundance:	You anoint my head with oil; my cup overflows
Blessing:	Surely goodness and mercy shall follow me
Security:	All the days of my life,
Eternity:	And I shall dwell in the house of the Lord forever