



Start with this...

When you think of the word "POWER" what comes to mind?
When was a time that you felt *powerful*?

Who do you think is the most powerful person and why? (Influence. Prestige. Money.)

This Week's Main Thing

The third Beatitude is "Blessed are the meek, for they will inherit the earth" (Matthew 5:5). Jesus' words echo Psalm 37:11, which says, "The meek will inherit the land and enjoy peace and prosperity." What does it mean that the meek are "blessed"?

The Greek word translated "meek" is *praeis* and refers to mildness, gentleness of spirit, or humility.

Meekness is humility toward God and toward others.

It is having the *right* or the *power* to do something but refraining for the benefit of someone else.

Meekness is power under control.

Paul urged meekness when he told us "to live a life worthy of the calling [we] have received. Be completely humble and gentle; be patient, bearing with one another in love" (Eph. 4:1-2).

Someone who knows Christ as personal Savior will be growing in meekness.

Meekness models the humility of Jesus Christ. Have someone READ Philippians 2:6-8

Being "in the very nature God," Jesus had the right to do *whatever He wanted*, but, for our sake, He submitted to "death on a cross." That is the ultimate in meekness

Living in humility and being willing to forego one's rights for the benefit of someone else models the attitude of Jesus Christ.

Gentleness (Meekness) diffuses conflict. It disarms critics. It's persuasive. It's attractive. And gentleness communicates love.

Meekness also helps us to more effectively share the gospel message with others.

DIG: Have people READ John 18:23, Acts 16:37, Matthew 11:29, and Romans 12:19.

DISCOVER: Can you think of a time when you've exercised meekness or saw it in the actions of someone else? What was the result of it?

DISPLAY: This week, as you interact with others, intentionally exercise meekness, reliance on the Lord, and show the compassion of Christ.