



## Start with this...

Have a couple of people to share their most embarrassing moment or the funniest thing that has ever happened to them.

Are we able to laugh at our own moments? Instantly? Or after some time? Or never at all?

## This Week's Main Thing

This week we are discussing the 1st of the Beatitudes from Jesus' Sermon on the Mount.

- What does it mean to really be **Poor in Spirit**? Before we dive in a little deeper, someone take a shot at answering this... Does anyone else want to add to it?

When the world thinks about "Christians" do you think the above definition to "Poor in Spirit" is the kind of descriptors they use? What is supposed to make Christians **DISTINCT**?

## Questions & Facts For Discussion

### **FACILITATOR:**

- Read the following paragraph and ask people to name who it describes  
"Can you guess who I am? I am a cheater. I cheat you out of your God-given destiny...because you demand your own way. I cheat you of contentment...because you "deserve better than this." I cheat you of knowledge... because you already know it all. I cheat you of holiness...because you refuse to admit you're wrong. I cheat you of vision...because you'd rather look in the mirror than out a window. I cheat you of genuine friendship...because nobody's going to know the real you. I cheat you of greatness in heaven...because you refuse to wash another's feet on earth. I cheat you of God's glory...because I convince you to seek your own. **ANYONE NOW WHO IT IS?**

My name is **PRIDE**. And I am a cheater. You like me because you think I am always looking out for you.

**Untrue**. I am looking to make a fool of you...."

### **READ THE FOLLOWING SCRIPTURES:**

*Matthew 5:3    Philippians 3:5-11    Isaiah 66:2    Psalm 34:18    Psalm 51:17    Isaiah 57:15*

*We talked about 4 ways to be Poor in Spirit - Can anyone remember them?*

- 1. Look to God*
- 2. Starve Yourself*
- 3. Ask*
- 4. See others Excellencies and your own weaknesses*
- 5. Pray often*

Which one of the following do you need help with the most?

Which one is hard for you?

Which one will you commit to this week?