

# SCRIPTURE FORMATION

9 Days of Growing in the Letter to the Ephesian Church

## day 1



**WATCH** 9 min

The Bible Project's overview video of Ephesians (youtube)

**READ** 20 min

All the way through Ephesians in one sitting

## day 2



**READ** 25 min

The Message translation of Ephesians all the way through in one sitting (biblegateway.com)

## day 3



**READ** 10 min

**Chapters 1-3** - underlining, highlighting, & writing in the margins of your Bible

**JOURNAL** 15 min - 1 hr

What am I learning about God's heart? For me? For the world? For His church?

## day 4



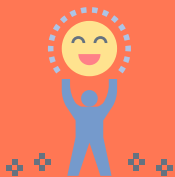
**READ** 10 min

**Chapters 4-6** - underlining, highlighting, & writing in the margins of your Bible

**CREATE** 10 min - 1 hr

Craft, draw, or make something simple that reflects what God is impressing upon you. Post your creation to Crest's facebook group.

## day 5



### **PRAY** 10 - 30 min

Open your Bible to Ephesians, and let passages that stand out to you inspire prayer

### **DELIGHT** 10 min - 1 hr

Take a walk outside and enjoy God's company

## day 6



### **REFLECT** 15 min

on Paul's prayer for the church in Ephesians 3:14-21

### **JOURNAL** 10 min - 1 hr

What is God teaching me these days? How is God inviting me to respond?

## day 7



### **TEACH** 10 min - 1 hr

write a letter to someone that expresses God's heart as revealed in Ephesians (you may choose to send it or not). Or, tell your kids about what God is saying through Paul's letter to the Ephesians. Or, write out a Bible study outline. Etc...

## day 8



### **READ** 25 min

The Message translation of Ephesians all the way through, and as you do...

### **DREAM** 10 min

Ask yourself: "What does this all mean for our church community at Crest?" "What would it look like if we were *shaped* by this?" "What role might God be asking ME to play in that transformative work?" **Write your responses down.**

## day 9



### **SHARE** 15 min - 1 hr

Share what God is asking of you with a trusted friend. Ask the person to check on your progress later and encourage you to be faithful.



### **HURRAY, YOU DID IT!**

Send an email telling us you completed the challenge to [connect.crestchurch@gmail.com](mailto:connect.crestchurch@gmail.com) and we'll donate \$20 to MCC.org's My Coins Count campaign for global relief & peacemaking