

PROGRESSIVE MISSIONARY BAPTIST CHURCH OF BERKELEY

"Living on Purpose through the 28 Seasons of Life"

Week 3 - Course Curriculum

Seasons of Relationships and Emotions

Ecclesiastes 3:4-5; 8a

Instructor: Minister Torey Campbell

Week 1 Definitions		
Term	Biblical/Spiritual Definition	Earthly/Today's Definition
Vanity	The fleeting, insubstantial nature of earthly pursuits—meaningless or “vapor” apart from God.	Disappointment and futility found in chasing material gain, achievements, or pleasure that won't last.
Time	Ultimate sovereignty of God over all events; each moment fits into God's eternal plan, nothing happens by accident.	The chronological passing of days, years, and experiences; cycles measured by clocks and calendars.
Purpose	The reason and intention God gives to life's events, leading us to seek His will and eternal significance.	The goal or motivation behind actions—what makes life meaningful, such as career, family, or personal growth.
Under the Sun/ Under the Heaven	“Under the sun” means viewing life from an earthly, human perspective; “under heaven” points toward divine oversight and eternal values.	Earthly view: limited to what we see, hear, and experience; heavenly view: awareness of God's plan and higher meaning.
Seasons	God-ordained periods in life, each with a purpose, cycles appointed by God.	Distinct phases of life's journey, such as youth, work, grief, and celebration, governed by change.

- **Participant Reflections:** remind yourself of the emotions and thoughts when this study began.
 - Purposely pray that:
 - confusion is replaced by clarity
 - desires are fueled by determination
 - power in your persuasion to persevere

Week 2 Reflections

- **Law of First Mention:** a principle for interpreting biblical texts that states the first time a word, concept, or doctrine appears in Scripture sets a fundamental meaning for its use throughout the Bible.

Born Creation Genesis 1:1 Salvation John 3:3 Vision Habakkuk 2:2 Birth, Ideas, Dreams	Die Disobedience Genesis 2:17 Death to Sin Romans 6:6 Lack of Vision Proverbs 29:18 Purging of the Vine John 15
Plant Seeds Parable of the Sower Luke 8 Salvation 1 Corinthians 3:6	Pluck Up A result of unfruitful or corrupt Jeremiah 1:10 Pull up by the roots/uproot Zephaniah 2:4
Kill (sinful nature) Colossians 3:5 Romans 8:13	Heal John 10:7-10
Break Down A Time to Dismantle - Tear down - Collapse - Destroy - Physical structures, Mental and Spiritual	Build Up A Time to Restore - Construct - Enlarge - Strengthen

Week 3 Opening Exercise

BUSY or PURPOSEFUL

Being busy in every season
Not every “busy” is fruitful

Living purposefully in each season
Purpose redefines activity

Purposeful productivity aligns with God’s timing.

“Describe how it feels when someone says these phrases to you, and what you think the person *really means* when they say them.”

Phrase You Hear	How It Makes Me Feel	What I Think They Mean	What a Purposeful Response Could Sound Like
“You’re so busy.”			
“You’re always busy.”			
“You got a lot going on.”			
“That’s a lot.”			

Week 3 Focus

Seasons of Beginnings and Endings (Lifecycle and Personal Change)

1 To every thing there is a season, and a time to every purpose under the heaven:

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⁴ A time to weep, and a time to laugh; a time to mourn, and a time to dance;

⁵ A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing;

⁸ A time to love, and a time to hate

“When you hear this word or phrase, what comes to mind:

- Physically,
- Emotionally,
- Spiritually, or
- Biblically?”

Weep	Laugh
Mourn	Dance
Cast Away Stones	Gather Stones Together
Love	Hate

Class Schedule

“Living on Purpose through the 28 Seasons of Life”

Week 1 Online Class	Class Overview and Introduction to Ecclesiastes <i>Establish guidelines for our time together and define key terms from scripture.</i>
Week 2 Online Class	Seasons of Beginnings and Endings (Lifecycle and Personal Change) <i>Verses 2-3</i> (Born Die – Plant Pluck Up – Kill Heal – Break Down Build Up)
Week 3 Online Class	Seasons of Relationships and Emotions <i>Verses 4-5a; 8a</i> (Weep Laugh – Mourn Dance – Cast Stones Gather Stones – Love Hate)
Week 4 Online Class	Seasons of Choices, Conflict and Response <i>Verses 5b-8</i> (Embrace Refrain from Embracing – Get Lose – Keep Cast Away – Love Hate – War Peace)
Week 5 Online Class	The People Speak <i>This session will be an open discussion for participants to share their relative experiences, growth, insights and even challenges.</i>
Week 6 Online Class	Seeking Wisdom and Prayerful Guidance to Navigate the Journey Ahead Assessing tools and support.

Join Zoom Meeting

<https://us02web.zoom.us/j/87680372586?pwd=RfmWXlQq380RN5nbHBwoSi7M0Boihb.1>

Meeting ID: 876 8037 2586

Passcode: 339492

To join by phone / mobile device:

Call 1-669-900-9128

Meeting ID: 876 8037 2586. Passcode: 339492

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