

PROGRESSIVE MISSIONARY BAPTIST CHURCH OF BERKELEY

"Living on Purpose through the 28 Seasons of Life"

Week 2 - Course Curriculum

Seasons of Beginnings and Endings (Lifecycle and Personal Change)

Ecclesiastes 3:2-3

Instructor: Minister Torey Campbell

Week 1 Definitions		
Term	Biblical/Spiritual Definition	Earthly/Today's Definition
Vanity	The fleeting, insubstantial nature of earthly pursuits—meaningless or “vapor” apart from God.	Disappointment and futility found in chasing material gain, achievements, or pleasure that won't last.
Time	Ultimate sovereignty of God over all events; each moment fits into God's eternal plan, nothing happens by accident.	The chronological passing of days, years, and experiences; cycles measured by clocks and calendars.
Purpose	The reason and intention God gives to life's events, leading us to seek His will and eternal significance.	The goal or motivation behind actions—what makes life meaningful, such as career, family, or personal growth.
Under the Sun/ Under the Heaven	“Under the sun” means viewing life from an earthly, human perspective; “under heaven” points toward divine oversight and eternal values.	Earthly view: limited to what we see, hear, and experience; heavenly view: awareness of God's plan and higher meaning.
Seasons	God-ordained periods in life, each with a purpose, cycles appointed by God.	Distinct phases of life's journey, such as youth, work, grief, and celebration, governed by change.

Week 1 Reflections

- **Respectful Interactions**
- **Understanding my current season**
 - Relational
 - Financial
 - Vocational
 - Emotional
 - Spiritual
 - Physical
 - and more...
- **Assessing the Seasonal Cycle**
 - Birth
 - Growth
 - Plateau
 - Decline
 - Death
- **Stabilizers in each Season**
 - What is constant in each season of my life? (Good and/or Bad)
- **Season Commitment**
 - My Commitment
 - I commit to. . . .
 - I will refrain from. . . .
 - I want to be intentional about. . . .

Week 2 Reflections

Seasons of Beginnings and Endings (Lifecycle and Personal Change)

1 To every thing there is a season, and a time to every purpose under the heaven:

**** * ****

2 A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted;

3 A time to kill, and a time to heal; a time to break down, and a time to build up;

“When you hear this word or phrase, what comes to mind:

- Physically,
- Emotionally,
- Spiritually, or
- Biblically?”

Born (law of first mention)	Die
Plant	Pluck Up
Kill	Heal
Break Down	Build Up

Class Schedule

“Living on Purpose through the 28 Seasons of Life”

Week 1 Online Class	Class Overview and Introduction to Ecclesiastes <i>Establish guidelines for our time together and define key terms from scripture.</i>
Week 2 Online Class	Seasons of Beginnings and Endings (Lifecycle and Personal Change) <i>Verses 2-3</i> (Born Die – Plant Pluck Up – Kill Heal – Break Down Build Up)
Week 3 Online Class	Seasons of Relationships and Emotions <i>Verses 4-5a; 8a</i> (Weep Laugh – Mourn Dance – Cast Stones Gather Stones – Love Hate)
Week 4 Online Class	Seasons of Choices, Conflict and Response <i>Verses 5b-8</i> (Embrace Refrain from Embracing – Get Lose – Keep Cast Away – Love Hate – War Peace)
Week 5 Online Class	The People Speak <i>This session will be an open discussion for participants to share their relative experiences, growth, insights and even challenges.</i>
Week 6 Online Class	Seeking Wisdom and Prayerful Guidance to Navigate the Journey Ahead Assessing tools and support.

Join Zoom Meeting

<https://us02web.zoom.us/j/87680372586?pwd=RfmWXlQq380RN5nbHBwoSi7M0Boihb.1>

Meeting ID: 876 8037 2586

Passcode: 339492

To join by phone / mobile device:

Call 1-669-900-9128

Meeting ID: 876 8037 2586. Passcode: 339492

Minister Torey Campbell

916-730-0492

campbell.torey@gmail.com