

COVID-19 Church and Community Resources

The Grove

thegrovemn.church

7465 Steepleview Rd
Woodbury, MN 55125



The Grove Response

Office & Building hours... The church office is open Monday-Friday from 9am-1pm. Please wear a mask if you enter the building. The church building is open for small groups who have reserved a room with Maria for their meeting (see [“Guidelines for Small Groups meeting inside”](#)).

Sunday morning worship (Woodbury campus)... In person worship services, for those who sign-up, are being held outdoors in the grove on Sundays at 10:30am. Please refer to the [Worship Lab link](#) for more information. Online worship is available on Sunday mornings at 9am, either from [The Grove Facebook page](#) or [The Grove website](#). Past worship services are available for viewing from [The Grove’s YouTube channel](#) or [The Grove’s website](#).

Sunday Gathering with the Grove Planting Project (Cottage Grove)... Online worship is available on Sunday mornings at 8:40am on the [Planting Project website](#).

Children’s Ministry ... Creation Station videos will be posted on Sunday mornings and there will also be other videos and activities posted throughout the week. You can see these on [The Grove Facebook page](#) and [Grove Families with Children facebook group](#). There are also many other summer opportunities for children, including Grasshopper, Bedtime Stories, Online VBS and small groups. Community events happening this summer are [Storybook in the Grove](#) and [The Grove Scavenger Hunt](#). Please see the [Summer Brochure](#) for details. Contact Nicole Suyak for more information at nsuyak@beingthehope.org or to sign up for the online newsletter.

Student Ministry will continue to meet during the summer via zoom on Wednesday evenings, starting June 17. There will also be lunchtime check-ins on select weekdays, starting June 16. The 6th-12th graders will also have an opportunity to be a part of a book club in June and/or July. Please see the [Summer Brochure](#) for details. Contact Amy Fuller for more information at afuller@beingthehope.org.

Giving... Your generosity allows us to meet our financial obligations in the midst of this crisis. Thank you! [Click here to donate online](#).

Care needs... Have a need (a delivery, a supply, some support)? Reach out to Carolyn Winslow at caring@beingthehope.org who will connect you with a healthy volunteer. Have a prayer request? [Submit one here](#). Have a financial need? Reach out to Pastor Dan at dwitterstrom@beingthehope.org.

Facemasks... Because the CDC recommends wearing face masks when using essential services, The Grove desires to support that recommendation. Are you in need of a home sewn face mask or have you been sewing masks? Do you have masks to donate? Please contact Carolyn Winslow at caring@beingthehope.org to arrange for pick-up or drop-off of face masks.

Feeling Isolated?... Please contact Carolyn Winslow, our Director of Caring Ministries, at caring@beingthehope.org. She can pair you with a Congregational Care Minister for regular check-in visits via phone, email or text. Participation via Zoom in a variety of books clubs, men's groups, women's groups, parents' groups or other support groups, such as Grief & Loss Support, can help you stay connected and engaged. Please contact Carolyn Winslow at the contact information above for further information on group options.

General COVID-19 Health Information

National

Centers for Disease Control and Protection (CDC) Website (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>) provides information on how to protect yourself from COVID-19, as well as steps to take if you think you are sick with this virus.

State of Minnesota

Centers for the Minnesota COVID-19 Response website (<https://mn.gov/covid19/>) provides updated information on Minnesota's response, including links to testing locations.

Community Resources

Local Food Resources

Located at 8264 4th Street North in Oakdale, **The Christian Cupboard Emergency Food Shelf** provides help for those in need of food. People are welcome to pre-packed bags of food via drive-up service (<https://ccefs.org/need-help/>). You will **not** be asked to provide any documentation or proof of income to receive food. Check website for dates & times of distribution.

Loaves and Fishes (<https://www.loavesandfishesmn.org/dining-sites/>) serves up healthy takeaway meals at the Woodbury YMCA (2175 Radio Drive), Monday through Friday, noon-1pm. They serve anyone in need of food supports.

The **Eastern Twin Cities Islamic Center** (<https://www.etcic.org/community-outreach/>), in partnership with Loaves and Fishes, is offering FREE Curbside Meal and Foodshelf distribution every Wednesday from 5:30pm to 6:30pm. Strict social distancing guidelines are being observed. This service is open to all, irrespective of faith and religious beliefs. The ETCIC is located at 12585 Hudson Road S., Afton, MN.

Cottage Grove Employment Resources

Has a loss of work left you looking for assistance with medical, housing, or food needs? Our **Cottage Grove and Surrounding Area - Laid Off, Furloughed, and Job Loss** group has an entire "unit" with community resources available to meet basic needs. You're not alone!

District 833 COVID Updates and Resources

Here is a link to a compilation of resources, especially mental health and other resources appropriate for parents/children during this time (courtesy of Lake Middle School and South Washington School District 833).

<https://sites.google.com/apps.district833.org/lmscounseling/resources?authuser=0>

Mental Health Resources

NAMI (**National Alliance on Mental Illness**) Minnesota, <https://namimn.org/nami-minnesota-covid-19-resources/>, has a variety of mental health supports in place during this time, including a Helpline (651-645-2948), as well as zoom classes & support groups.

Youth Service Bureau (YSB) provides a variety of services to youth and their families throughout the St. Croix Valley. Additional family resources can be located at:

<https://ysb.net/covid-19-resources/>

Fraser Hope Line provides free immediate consultation line with Mental Health professional. Phone is 612-446-4673 (612-446-HOPE) and email address is FraserHopeLine@fraser.org. Calls are answered live between 7 a.m. and 7 p.m., Monday through Friday. You do not need to be a current Fraser client to call.

Substance Abuse Resources:

Alcoholics Anonymous:

National: <https://www.aa.org/>

Minnesota: <https://alcoholicsanonymous.com/aa-meetings/minnesota/>

Alcoholics Anonymous 24/7 Help (Free & Confidential): 800-839-1686

Al-Anon (for people whose lives have been deeply affected by a friend's or family member's drinking):

National: <https://al-anon.org/>

Greater Twin Cities Area: <https://www.al-anon-alateen-msp.org/>

For meeting information call: 888-425-2666

Narcotics Anonymous:

National/World: <https://na.org/>

Minnesota: <https://www.naminnesota.org/>

Narcotics Anonymous Helpline: 877-767-7676 (24 hour)

WASHINGTON COUNTY, MN RESOURCES

Washington County Resource & Contact Information

[Washington County info on COVID-19 and more county contacts](#) (links to business & community resources)

- **County services:** 651-430-6000 ; 651-430-6246 (TTY)
- **COVID-19 health concerns and questions:** 651-430-6655
- **Crisis Response Unit** (mobile crisis mental health services for adults and children): 651-275-7400
- **Financial help** (food support, cash and emergency assistance): 651-430-6455
- **Housing/homelessness, transportation, social services, child protection and adult protection:** 651-430-6455

[CBS COVID 19 MN Community Resources](#)

(this link provides additional links to information on Mental Health resources & phone numbers, as well as information on other local Food Shelves, to name a few)

Woodbury Public Safety is here to help during this time of need

If you are in need of assistance or have questions about getting essentials such as food and medication, the Woodbury Public Safety Department is here to help.

A helpline has been established for those who need help. Please call:

651-414-3499

9 a.m.-3 p.m.

Monday-Friday

 Woodbury Public Safety
POLICE • EMS • FIRE

