

Mile Marker 30: Raise Your Race Consciousness
One can be passively non-racist or actively anti-racist.

Resource Suggestions

Sermon #4 (March 27, 2022) from “The Road of Healing” Sermon Series

[\(1104\) March 27, 2022 - 9am Traditional Worship - YouTube](#)

Books

Ibram X. Kendi, “**How To Be An Antiracist**”. (“Kendi takes readers through a widening circle of antiracist ideas-from the most basic concepts to visionary possibilities-that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves.”-from book jacket)

Carolyn B. Helsel, “**Anxious to Talk About It: Helping White People Talk Faithfully About Racism**” (“Carolyn Helse offers fresh ideas and tools for moving beyond the anxiety, engaging the hard conversations, and joining the work for a more equitable world with courage, grace, and conviction.”-from book cover)

Podcast

In this ~60 min. podcast, Brene Brown talks to Professor Ibram X. Kendi: [How to Be an Antiracist - Brené Brown \(brenebrown.com\)](#)

Videos

The first episode of the series of Uncomfortable Conversations with a Black Man: [\(1104\) The Inaugural Episode - Uncomfortable Conversations with a Black Man - YouTube](#) (Emmanuel Acho “sits down to have uncomfortable conversations with white America, in order to educate and inform on racism, systemic racism, social injustice, rioting & the hurt Black people are feeling today.” – from the youtube description)

Systemic Racism explained (~7 minutes): [\(1080\) Systemic racism explained - YouTube](#)