

# Helping Hands & Hearts Ministry

caring  
ministries



**CARING FRIENDS** — Build a relationship with someone in our congregation who is in need. It can be a short-term or long-term commitment. Offer listening ears, support and encouragement in person or by phone.

*Training is required for volunteers.*

Contact: Rick Osborn, [sandyrick44@gmail.com](mailto:sandyrick44@gmail.com);  
Steve Hedrick, [shedrick8203@comcast.net](mailto:shedrick8203@comcast.net)



**MEAL MINISTRY** — Make and deliver a homemade meal to an individual or family.

Contact: Liz Tracy, [liztracy@comcast.net](mailto:liztracy@comcast.net)



**TRANSPORTATION** — Drive members to medical appointments on weekdays from 8-4. Drive those who would like to come to worship on Sundays or to other church activities. Contact: Liz Tracy, [liztracy@comcast.net](mailto:liztracy@comcast.net)



**GROCERY SHOPPING** — Shop and deliver groceries. Grocery reimbursement will be made.

Contact: Liz Tracy, [liztracy@comcast.net](mailto:liztracy@comcast.net)



**YARDWORK** — Includes raking, mowing or shoveling snow. Contact: Liz Tracy, [liztracy@comcast.net](mailto:liztracy@comcast.net)



**PRAYER CONNECTION** — Pray regarding requests made by the congregation.

Contact: Liz Tracy, [liztracy@comcast.net](mailto:liztracy@comcast.net)

**HOMEBOUND COMMUNION** — Serve communion to members who no longer can physically attend worship.  
Contact: Nola Gail Comfort, comforts300@gmail.com



**FRIDAY BRUNCH** — A ministry for people in our congregation who have memory loss.  
Contact: Jane Beckstrom, parishnurse@beingthehope.org



**HEALTH TEAM** — The health team is looking for individuals who are or have been employed in the health care field. If you can be available by email or phone to help congregational members navigate through the health care system or help them become better advocates for themselves, we need you. There are no meetings involved in this ministry.  
Contact Jane Beckstrom, parishnurse@beingthehope.org,  
Pastor Dan (dwetterstrom@beingthehope.org) or  
Pastor Kelly (klamon@beingthehope.org)



## HELPING HANDS & HEARTS MINISTRY

We are the hands and heart of Christ in our church community.  
Volunteers serve according to their time and talents.  
Volunteering can be one time or ongoing.

### How can you help?

Please prayerfully consider which area(s) you are able to provide volunteer help. Check the boxes and provide your contact information. The Volunteer Coordinator for each area will contact you.

- |  |  |
|--|--|
| <input type="checkbox"/> Caring Friends      | <input type="checkbox"/> Meal Ministry     |
| <input type="checkbox"/> Transportation      | <input type="checkbox"/> Grocery Shopping  |
| <input type="checkbox"/> Yardwork            | <input type="checkbox"/> Prayer Connection |
| <input type="checkbox"/> Homebound Communion | <input type="checkbox"/> Friday Brunch     |
| <input type="checkbox"/> Health Team         |  |

---

Name

---

Home Phone

---

Cell Phone

---

Email