

SUPPORT GROUPS

GRIEF SUPPORT GROUP

3rd Tuesday, 10-11:30am - Woodbury

Loss of a loved one or caregiving while experiencing loss presents challenges too heavy to cope with alone. God promises we will not be left alone during times of suffering. This group provides support and understanding.

Contact: Marilyn Herrera, fabiomarilyn@aol.com

DRUM CIRCLE

1st & 3rd Fridays; Sept–May; 7-8:30pm - Woodbury Campus

For individuals and families living with Autism/Asperger's, and for anyone with disabilities or social challenges who like music, rhythm, and dance.

Contact: Dick Hansen, cdhansen@comcast.net

GRANDMOTHERS WITH CHALLENGES

3rd Monday; 9:30-11am - Woodbury

A support group for women challenged with overwhelming issues or duties in the role of grandmother.

Contact: Caroline King, cking5533@gmail.com

Katherine Wrucke, mariekatherine9@gmail.com

Dan Wetterstrom, dwetterstrom@beingthehope.org

FRIDAY BRUNCH

Fridays, Starting in October, 10am-Noon (2nd Friday)

The Friday Brunch is a ministry for people in our congregation who have memory loss. Jane will send invitations to join this group.

Contact: Jane Beckstrom, parishnurse@beingthehope.org



caring ministries

2018-2019

Every congregation has members who are challenged with health issues, loss of loved ones, long-term caregiving, and aging. At The Grove, we choose to walk the journey with our friends by listening and caring.

TheGroveMN.church

[Facebook.com/
TheGroveMN.church](https://www.facebook.com/TheGroveMN.church)

[Instagram.com/
TheGroveMN.students](https://www.instagram.com/TheGroveMN.students)

join caring ministries

CARING FRIENDS

short or long-term listening friends

Caring Friends are volunteers who are trained to listen and provide emotional and spiritual support. Caring Friends can provide a one-time visit or build a longer-term relationship.

If you wish to have a Caring Friend or know of someone who may benefit from a Caring Friend, email Rick or Steve.

Contact: Rick Osborn, sandyrick44@gmail.com

Steve Hedrick, shedrick8203@comcast.net

HELPING HANDS AND HEARTS

filling short-term immediate need

Through a carefully organized program, our hands can offer short-term help to members in need of transportation, meals, grocery shopping, or yardwork. Our hearts can offer Homebound Communion and Caring Friends.

Contact: Liz Tracy, liztracy@comcast.net

HEALTH TEAM

assisting with health related issues

We have a health team made up of members who have or still are employed in healthcare. The team is available to answer questions for staff and Caring Friends so they can better communicate care from the church to members experiencing health issues.

Contact: Jane Beckstrom, parishnurse@beingthehope.org

PRAYER MINISTRY

praying for needs in our community

Why do we pray for others? God has not given us the ability to fix, cure, or change circumstances. God has given us the choice to call on the Spirit when we care for others. We can ask for strength, peace, and moments of joy for others. Confidential prayer requests can be made to the pastors, parish nurse, Prayer Connection, and/or congregation. Each individual chooses who should receive the request.

Contact Liz Tracy, liztracy@comcast.net

THE GATHERING

living with memory loss

The Gathering is a day which offers stimulating activities for those experiencing memory loss and five hours of respite for their caregivers. This program takes place at Woodbury Baptist Church twice a month. Staffed by volunteers from The Grove and other churches, The Gathering offers an amazing support program for beginning memory loss participants. One-on-one volunteers, lead volunteers, and meal/grocery volunteers are always needed.

Contact: Jan Slagter, jslagter1949@gmail.com

Jeanne Wadd, ja9wadd6@comcast.net