INSITES

The Grove United Methodist Church MARCH 2024















SUNDAY, MARCH 31

9:00-10:00am Traditional Worship
10:30-11:30am Contemporary Worship
Grove Kids and Nursery available at both times.

11:15am-12:30pm
Photo Backdrop, Indoor Egg Hunt, Crafts

8:30am-12:15pm Pancake Breakfast Pancakes, sausage, fruit, juice, coffee Free-will donation for youth mission trip.



Being the Hope

Easter Mission Offering

Received on Easter Sunday, March 31

Key Details

- One annual offering for all mission work; no other mission offerings received this year
- Ministries we value receive support through Being the Hope which is the name of the fund for all mission work.
- Those who value a specific ministry organization may designate gifts in addition to, or in place of, the Easter Sunday mission offering.
- Mission funds are distributed by the Compassion and Justice Team with oversight from the Core Team
- Pastor Dan Wetterstrom, Pastor Kelly Lamon, and Pastor Jeremy Peters ask that your mission gift be:
 - 1. Born in Prayer
 - 2. Proportional to your means
 - 3. Sacrificial in depth

The people of The Grove United Methodist Church are motivated by our vision to Grow Goodness. This includes our commitment to service beyond the local church, whether that work is accomplished through hands-on efforts or through financial support of partner organizations. The general term for this work is *missions*. Compassion and Justice is the team that supports and organizes this work through *Being the Hope*.

During the season of Lent, the Compassion and Justice team highlights many ministries supported by the Grove through mission moments in worship and posts on The Grove social media. On Easter Sunday, March 31st, you are asked to make a *Being the Hope* mission offering or pledge that is 1) prayerfully considered, 2) proportional to your means and 3) sacrificial in depth.

Being the Hope assures that ministries we care deeply about will receive the right amount of support - according to our means and their need - at the right time. All funds will be given through Being the Hope, (See facing page for a listing of those receiving support in 2023.) Of course, all contributions and disbursements will be recorded and regular updates on our mission ministries will be provided both in worship and print publications throughout the year.

Envelopes and commitment resources will be provided around the middle of March. As you consider your gift, may the prayer below serve as a guide.

Jesus, be our vision. Let us see the world as you do and give as you would have us give. Amen.

Being the Hope is the umbrella fund for all of the Grove's mission partners on a state, national, and international level.

2023 Recipients are listed below. More than \$97,000 was received and distributed as a result of last year's campaign.



The Grove Local Ministries – Beside funding, members also participated through in-kind giving or volunteering.

- Community Connects
- Food Shelves Open Cupboard, Neighborhood House, Friends in Need
- Division of Indian Work
- Hope For the Journey Home
- One Woodbury Event
- Summer Skoolie
- Saturday Supper Club
- Woodbury Estates Ministry

United Methodist Supported Partnerships

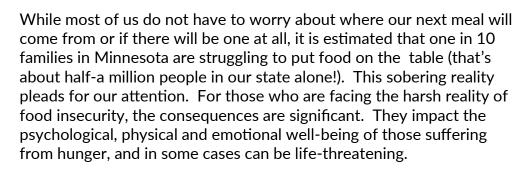
- Emma Norton Services and Emma Norton Restoring Waters Campaign
- Minnesota Annual Conference Love Offering and Camping Program
- University of MN Wesley Foundation and Project Ag Grad
- UMCOR Sunday
- UMCOR National and International Response and Recovery (2 funds)
- Through apportionments Black College Fund, World Service Fund, Interdenominational Cooperation Fund and Africa University Fund . . .

Other Twins Cities, National and International Partnerships

- 2nd Mile Ministries in Jacksonville FL (and support of Mark Nettleton)
- The Connect Center drop-in center for homeless youth
- Immigrant Ministries The Advocates for Human Rights, MN Council of Churches/Refugee Services, MORE
- Minnesota Interfaith Power and Light
- Social Justice JRLC, Isaiah, Outfront MN, Indian Land Tenure Foundation
- Uganda Partners Instructional Design (and support of Abigail Sengendo)

Have you ever been hungry?





We know the underlying causal factors for food insecurity in the United States are:

- Poverty due to low income and lack of stable employment opportunities or livable wages
- The high cost of living
- Lack of access to affordable, nutritious food, especially in areas with limited access to grocery stores/markets offering affordable and healthy options, leading to food deserts
- Structural and systemic inequalities that lead to unequal access to resources and opportunities, and which disproportionately impact marginalized communities
- Chronic health conditions, disabilities, and lack of transportation, creating barriers to accessing and affording nutritious food
- The disruption of food production and distribution resulting from natural disasters and climate change which occur in increasing frequency in many parts of the world



As compassionate people, we too must wrestle with the inequalities and underlying systemic

meaningful difference in the lives of those who rely on our local food shelves. Through volunteering, monetary and in-kind donations, The Grove supports three food shelves:

factors that contribute to this problem, and determine what action we can take. Addressing these problems requires a comprehensive, informed and collaborative approach, but we can make a

- Open Cupboard Located in Oakdale and serving residents in the surrounding areas of Washington and Ramsey County.
- Neighborhood House Located in St. Paul and serving those within the city
- Friends in Need Located in St. Paul Park for those living in St. Paul Park, Cottage Grove, Newport and Grey Cloud Island.

Your contributions to the 2023 Being the Hope Campaign allowed The Grove to give \$2,200 to each of these food shelves.

During March, The Grove is also participating in the Minnesota FoodShare Campaign. Join us by helping to stock the food shelves.

Together let's embody the spirit of compassion and generosity that defines our faith. Let's make a tangible difference in the lives of our neighbors who are struggling with food insecurity. With your generosity, you can help ensure that no one in our communities goes to bed hungry.

Being the Hope **March Engagement Opportunity**

FILL A BAG FOR OUR LOCAL FOOD SHELVES

The Grove —Woodbury Location will be collecting for **Open Cupboard and Neighborhood House:**

Suggestions:

- 1) Fruits and Veggies: low sodium/low sugar canned fruits and veggies
- 2) Grains: oatmeal-packets and large containers, gluten free items, and pasta like penne, rigatoni
- 3) Culturally specific items: canned bamboo, rice noodles, rice flour, corn flour (masa maseca), dry beans (black or pinto), canned chiles, Nopales (jarred cactus), dates, fish sauce, soy sauce, canned coconut milk curry paste, canned sardines.
- 3) Cooking: flour, spices, olive oil, coconut oil, cooking oil, baking powder, baking soda, white or brown sugar, Worcestershire sauce, barbecue sauce, salad dressing, sesame oil, boxed milk-shelf stable milk, milk alternatives, evaporated milk, and sweetened condensed milk.
- 4) Miscellaneous: coffee, tea, soups like Progresso and Chunky Campbells (Hearty pop-top style soups), and microwaveable meals-soups, ravioli, chili, lentils, canned chicken, canned tuna, dog and cat treats
- 5) Personal Care: Baby diapers (Newborn-Size 6), Pull-Ups (2T-5T), adult diapers, incontinence pads, baby wipes, pads and tampons, shampoo, body wash
- 6) Household Items: Ziplocks and other resealable bags, laundry detergent, dish soap, cleaning spray, paper towels, toilet paper and napkins, paper shopping bags with handles.

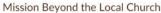
Place donations in the grocery cart in the Commons on the Woodbury Campus.



Suggestions:

toilet paper paper towels dish soap bar soap deodorant feminine hygiene products large size diapers



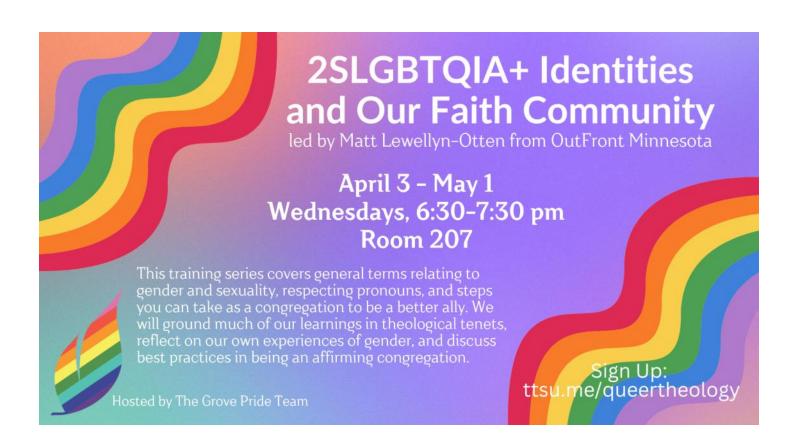




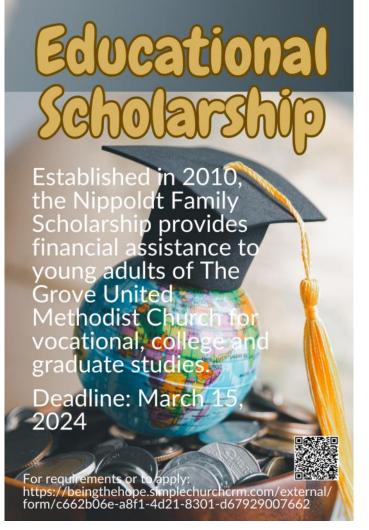














CURBSIDE PICK UP

Saturday, March 23 5:00-6:00pm



In partnership with SoWashCo CARES, The Grove provides a free meal curbside pick-up at both our Woodbury and Cottage Grove locations on the **4**th **Saturday of each month.**

No pre-registration required. Meals distributed on a first-come, first-served basis. Promote the Saturday Supper Club by sharing with someone who can use a meal.

VOLUNTEERS NEEDED - MONTHLY!

Great Opportunity for Grove Groups to Serve Together

Help prepare meals at the Woodbury Location or hand out curbside at both locations Larger vehicle and someone to load heavy crates for transport to Cottage Grove also needed.







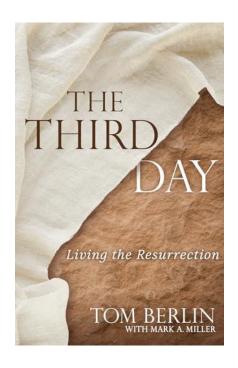


WEDNESDAY BIBLE STUDY

Every Wednesday, 9:30-11:00am Room 207 5 Wednesdays, Begins February 28

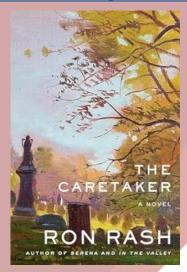
Cost: Class \$5; Book \$15 (fifteen books are available in the office)

In *The Third Day: Living the Resurrection*, pastor, bishop, and author Tom Berlin uses his gifts of storytelling and understanding the Scriptures to connect us with the experiences of Peter, Mary Magdalene, Thomas, and the disciples at Emmaus as they feel the despair of losing Jesus and the surprise and joy that awaits them in the resurrection. We'll learn how the resurrection transformed their lives and can transform our lives. The book and video session used in this Lent study will prepare us to celebrate Easter. Contact: Pastor Dan Wetterstrom dwetterstrom@thegrovemn.church



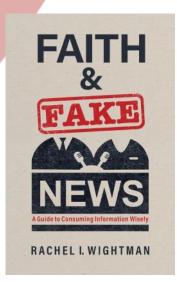
READERS BOOK CLUB

Monday, March 11, 2024 7:00-8:00pm Zoom Contact: Darlene Wetterstrom darwetterstrom@comcast.net



GROWING IN FAITH

Every Tuesday, 9:00 am Room 207 Begins January 9, 2024 Contact: Betty Schilling bettyaschi@gmail.com



TUESDAY GROVE GUYS

Every Tuesday, 8:00 am Woodbury Panera

Contact: Pastor Dan Wetterstrom dwetterstrom@thegrovemn.church

FAITH BUILDERS

Every Wednesday, 10-10:30am Room 207

Contact: Jan Slagter jslagter1949@gmail.com or 651-739-7719

THURSDAY MORNING MEN'S GROUP

Every Thursday, 7:30-8:30am Room 204

Contact: Tim Martin tnm7439@gmail.com





Sunday, March 3 11:45 am - 1:00 pm**Room 100** Kindergarten—Grade 5

KIDS! Come ready for crafts, play, and making connections with other Grove Kids!

ADULTS! Come ready to hang out with your person or meet other adults!

Little Siblings? Great! They are welcome to join us too!

Want Lunch? Awesome! We will have a grilled cheese sandwich bar.

Questions? See Christy Schally

VACATION BIBLE SCHOOL (VBS)

August 5-9, 9-noon

Preschool through 5th Grade

Students who have completed 5th grade are encouraged to register as a volunteer but can also pay to be a participant.

Cost: \$50-1 child; \$90 max for families enrolling 2+ children

Scholarships available

"Sam and I Am"

Children will learn more about the story of the Good Samaritan and see how it compels them to love their neighbor. Children will move in smaller groups from station to station, sing songs, have great snacks and play! T-Shirt Included.

Vacation Bible School can't happen without adult and student help! Click the link below to sign up

Adults and Student VBS Helpers to be a snack helper, small group leader, station leader for VBS!



family@thegrovenn.church ~ 651-738-0305, ext. 119

SUMMER STRETCH

Wednesdays in June; *Day at Valley Fair July 3* Students who have completed 5th-8th.

This year, students sign up and pay for individual summer stretch days. Scholarships are always available.

Service Project at Camp Amnicon

June 11-13

\$90

Go "glamping" on the shores of Lake Superior! We will be doing service projects for Camp Amnicon, camping outdoors, making our food by the fire, having campfires on the shores of Lake Superior and exploring Amnicon State Park.

The RCS "Giving Garden" & Sky Zone

June 19

\$35

Help to plant or weed a local community garden in Lake Elmo and then go to Sky Zone for pizza and fun.

Feed My Starving Children & Cascade Bay

June 26

\$35

Prepare nutritional meals and then go to Cascade Bay for water fun.

Valley Fair

July 3

\$40

Enjoy some fun at Valley Fair!

TO REGISTER: http://www.thegrovechurchmn.org

SUMMER STRETCH STUDENT LEADERS

Wednesdays in June; Day at Valley Fair July 3

Cost \$80

High School Students can enroll to be leaders, max 4 to register

Students can only attend as Student Leaders for Valley Fair if they have served as leaders for two previous Summer Stretch Activities.

Leaders: Arrive at 8am ~ Leave at 5-5:30pm

TO REGISTER: http://www.thegrovechurchmn.org









Students Continued

NEXT STEP MILWAUKEE MISSION TRIP July 19-27 — Milwaukee, Wisconsin

Deadline to Register is March 13

Students going into grades 9-12

Cost \$220

Next Step Ministries partners with local ministries working toward equity in previously Red lined communities. Painting, yardwork, building porches are types of work we will provide to the community. We will be exploring Milwaukee from July 19-21 and then joining Next Step's Program on July 21.

TO REGISTER: http://www.thegrovechurchmn.org

NAMEKAGON CANOE TRIP

July 8-13

Students who completed grade 9 and up. Adults of all ages.

Cost: \$500/student \$250/Adult Leader

We will start this week at Camp Amnicon with an overnight training on how to use a canoe and campfire by Lake Superior. The next days begin a 3-night and 4-day trip canoeing down the Namekagon River with trained guides. Learn about our environment, explore the geography and take time to swim! The last night is back at Camp Amnicon for showers, food and campfires.

TO REGISTER: http://www.thegrovechurchmn.org











Racial Justice Happenings



CULTURE CLUB

Mama Sheila's Soul Food 3477 Bloomington Ave., Minneapolis

Sunday, March 10 12:30pm

AUTHENTIC SOUL FOOD: FRIED CHICKEN, RED BEANS AND RICE,
MAC & CHEESE, COLLAR GREENS AND MORE!
CHECK THEIR MENU AND PRICES AT HTTPS://MAMA-SHEILAS.COM/

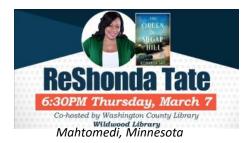


Sign Up: ttsu.me/cultureclub

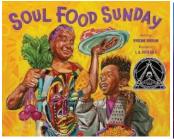
Carpoolers will leave the church parking lot promptly at noon. Those who meet us at the restaurant should be there by 12:30 pm.

Check out the Washington County Library offerings!

Meet Author ReShonda Tate! Tate has published more than 50 books to date. Standouts include her sophomore novel *Let the Church Say Amen*, which was adapted for a screen play. Tate turns her prodigious talents to history fiction in 2024 with *The Queen of Sugar Hill*, which spotlights the largely unknown story of Hollywood actress Hattie McDaniel. Best known for her portrayal of "Mammy" in *Gone with the Wind*, McDaniel holds notable distinction as the first African American woman



to win the Academy Award. Unfortunately for her, that historic Oscar would put create controversy for the rest of her life. There will be an audience Q&A!







Though Black History Month was February, the Washington County Library recommends these books any month of the year! Cooking and baking can be art for many people. These picture books include recipes at the end of each book for a chance to experiment.

Racial Justice Happenings

A Unique Assignment

A Minnesota History Center Performance

March 16-April 7, 2024

Henry Gallagher, white, and James Meredith, Black, are thrust into each other's lives in the aftermath of the Ole Miss Riot. Meredith was the first African American admitted to the University of Mississippi in 1962. Gallagher, a second lieutenant in the

"Who would've guessed that a white man from Minnesota played a key role in the integration of the University of Mississippi in 1962?



Harrison David Rivers

Certainly not me. It just goes to show how little of the whole story we actually know. And OH what a story!"

army who was born and raised in Minnesota, is placed in charge of Meredith's on-campus security detail. As they navigate the political and social rollercoaster of desegregation, a tenuous relationship. Explore this milestone moment in Civil Rights history through their own words and perspectives on their shared experience.

Discover this significant turning point in the history of the Civil Rights movement. For info: 651.292.4323 or boxofc@historytheatre.com



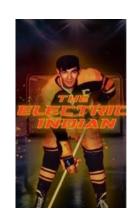
Minnesota History Center Exhibit Through June 9

Explore the African American fight for full citizenship and racial equality that unfolded in the 50 years after

the Civil War. The exhibit follows the journey of Black advancement from the end of the Civil War through World War I in the face of opposition from many white Americans. Art, artifacts, and photographs highlight Black resilience and resistance through these transformative decades.

The Electric Indian, Premieres March 26 on TPT2

The Electric Indian follows the hockey legend Henry Boucha from early stardom to crushing defeat to healing. It is not about winning or losing — on the ice or in the courtroom; it's about the journey from sports stardom to a struggle that ultimately led to a reclamation of his pride for his Ojibwa culture and people. The documentary takes the viewer from the river hockey games of Boucha's youth at the northern tip of Minnesota to his rise to the U.S. Olympic Team and the NHL. Boucha reflects on his upbringing in Warroad, his Ojibwa roots and history, his rise and fall due to a brutal eye injury, and the eventual redemption he found in his culture and traditions. The film offers a tribute to Boucha, who passed away in September 2023, and his lasting legacy. For information, go to www.tpt.org.





The Grove Sustainability Project



ENVIRONMENTAL STEWARDSHIP PLAN

The City of Woodbury is developing its first Environmental Stewardship Plan.

Come share your thoughts on what should be included in the plan!



POWERS LAKE, WOODBURY, MN

Do you live or work in Woodbury and should faith call us to be good stewards of the environment? If you say yes, there is an opportunity for you to help our city develop an Environmental Stewardship Plan. This plan will help guide the city's actions from 2025 to 2050 and beyond! Members of the Grove and other faith communities in Woodbury will come together at Christ Church Episcopal to put their faith in action. Please come and join us.



TUESDAY, 3/19 2:00 PM

Christ Church Episcopal 7305 Afton Road Woodbury, MN

If you have questions, comments, or concerns, please contact your host: sustainabilty@thegrovemn.church

WHAT SHOULD KIDS KNOW ABOUT WORLD WATER DAY?

World Water Day is an international day of observance that encourages people to not only learn more about how water impacts the lives of others, but also to teach people new ways to positively impact water usage worldwide.

When we're little and the world is such a big place, water is one of a million things that we explore daily. As we grow older, we learn more about the importance of water and just how many ways it impacts us.

WATER SENSE FOR KIDS

https://www.epa.gov/watersense/watersense-kids EPA: Environmental Protection Agency



Did you know that less than 1% of all the water on Earth can be used by people? The rest is salt water (the kind you find in the ocean) or is permanently frozen and we can't drink it, wash with it, or use it for plants.

As the population grows, more people are using up this limited resource. Therefore, it is important that we use our water wisely.

NASA: EARTH'S WATER

https://www.nasa.gov/stem-content/earths-water/

Students gain an understanding of Earth's water — how much exists, what it's like and where it is found — by participating in a demonstration showing the distribution and composition of water on Earth. Students also create a map showing where freshwater is located on Earth

Go to: spaceplace.nasa.gov - search for "water"

NASA science games, articles and activities for kids. ... Learn more about Earth's water in this video! https://youtu.be/4HSFKwho7MQ



Carolyn Winslow Director of Caring Ministries Office Hrs: Weds 12-3 pm & Thus 10 am-1 pm

caring@thegrovemn.church ~ 651-738-0305, ext. 129 ~Rm. 205

VISITATION TEAM

Mon., March 11, 2024, 1:30-3 pm - Rm. 207

Congregational Care Ministers (CCMs) are lay volunteers who are trained to listen and provide emotional and spiritual support to others.

- Connect (telephone, send cards/notes) with people in need of contact.
- Follow up on prayer requests.
- Meet one-on-one with people in need of a listening ear, offering prayers and encouragement.
- Offer support to grieving families.
- Provide a presence on Sunday mornings for connection and prayer.
- Serve communion to church members who can no longer physically attend worship.
- Visit people in a hospital, care facility, who are homebound, depending on visitation regulations/ restrictions.

If you feel called to care for others as a CCM, or if you or someone you know could benefit from a visit or call, contact Carolyn Winslow, Director of Caring Ministries

HELPING HANDS TEAM

Filling short-term immediate needs

Through a carefully organized program, we can extend the love of God by offering short-term help to church family members in need of transportation, meals, grocery shopping or assistance in other tangible ways. If you feel called to care for others or are in need of assistance, contact Liz at liztracy@comcast.net.

PRAYER CONNECTION TEAM

Praying for needs in our church and community

The Prayer Connection Team presents the joys and concerns of our church and community before the Lord. Contact Liz Tracy at <u>liztracy@comcast.net</u> or submit <u>prayer requests</u> (thegrovemn.church/ages-and-stages/prayer-request).

HEALTH TEAM

Assisting with health-related issues

Comprised of members from the healthcare field, this team supports the staff and ministry volunteers to better communicate care to members as requested. Carolyn Winslow, Director of Caring Ministries, will direct your questions to the appropriate healthcare professional.

GRIEF AND LOSS SUPPORT GROUP 2nd Thursday, 10 am—Zoom

This group provides people a confidential and safe space to explore feelings of grief & loss (of social contact, loved ones, control, etc.) Al Kleinsasser, a retired chaplain, facilitates this group. Contact Carolyn Winslow if you are interested in joining.

GRANDMOTHERS WITH CHALLENGES 1st & 3rd Wednesday, 1 pm - Zoom

Grandmothers with Challenges are women who have unique responsibilities in their role as a grandparent. Join with other grandmothers for support and discussion. New participants are always welcome! Contact Carolyn Winslow for more information.

GUIDED CHRISTIAN MEDITATION Wednesdays, 9pm & Saturdays, 9am — Zoom

Meditation can increase your connection to God and give you a sense of calm, peace and balance that benefits both your emotional well-being and your overall health. Contact Carolyn Winslow for more information. Offered by Jane Sharer-Maier.

MEMORY LOSS CAREGIVERS SUPPORT GROUP 2ndTuesday, 10 –11:30 am

Caregiving for persons with memory loss/Alzheimer's can be difficult, lonely, and emotionally and physically exhausting. But there is hope. Gain support, understanding and friendship from people who are going through or have gone through similar situations. Hosted by Bob & Judy Horn (612-801-2255)

DRUM CIRCLE

3rd Friday of Every Month, 7:00-8:30pm, Plaza

For individuals and families living with Autism/Asperger's, and for anyone with disabilities or social challenges who likes music, rhythm and dance. This group is not intended to teach how to drum.

Contact: Dick Hansen cdhansen@comcast.net



Community Resource Information is Now Available on our Website

https://www.thegrovemn.church/ages-stages/care

If you or someone you know needs information about:

- Housing
- Local Food Resources
- Mental Health Resources

- Substance Abuse Information
- Caregiver Support
- COVID or Flu Information

The Washington County <u>Family Resource Guide</u> might be of particular interest. It is a comprehensive directory of resources located both in and outside of Washington County and includes a whole variety of resources that can be used by county residents. The resources may be of benefit to residents of all ages who are seeking information or access to a service or resource.



WEEKLY AND MONTHLY ACTIVITIES:



Trips and Tours Day trips and overnight tours. View the current offerings on our website.



Fitness Weekly classes to stay active and independent.



Cards and Games Weekly Bingo, Bunco, 500, Mah Jongg and more!



Clubs and Groups Stay connected through social clubs, support groups and monthly potlucks



Skills and Services
Gain computer skills, take a
driving refresher course or
get foot care.



Get your daily serving of coffee, tea and a selection of baked goods.



bit.ly/CEadults50

District Program Center, 8400 E. Point Douglas Rd. S, Cottage Grove, MN 55016 651-425-6600 | communityeducation@sowashco.org







The Grove Woodbury Location
7465 Steepleview Rd., Woodbury, MN 55125
Main Office Phone: 651-738-0305

THEGROVEMN.CHURCH



The Grove Cottage Grove Location 8600 90th St. South, Cottage Grove, MN 55016 Main Office Phone: 651-738-0305 THEGROVEMN.CHURCH

Office hours at Woodbury are Monday-Friday, 9 am-3 pm (Fridays 9 am-12 pm during the summer)



CHURCH LEADERSHIP

The responsibility for the day-to-day administrative tasks of the church has been invested in the Core Team. The team functions as the primary lay-clergy partnership to provide guidance and direction to ministries.

Charlie Maier - Chair
Carey Erkel - Secretary
Trudi Winek - Business Adm.
Linda Kleinsasser
Rick Osborn
Kathy Parker
Jay Stroebel
Rev. Kelly Lamon
Rev. Jeremy Peters
Rev. Daniel Wetterstrom

CHURCH STAFF

Rev. Daniel Wetterstrom, Lead Pastor — dwetterstrom@thegrovemn.church
Rev. Kelly Lamon, Executive Pastor — klamon@thegrovemn.church
Rev. Jeremy Peters, Pastor — jpeters@thegrovemn.church
Christy Schally, Director of Family Ministry — family@thegrovemn.church
Carolyn Winslow, Director of Caring Ministries — caring@thegrovemn.church
Trudi Winek, Business Administrator — finance@thegrovemn.church
Kelly Reese, Family Ministry Assistant — familyassistant@thegrovemn.church
Colleen Kelly, Early Childhood Ministry Associate — kids@thegrovemn.church
Robin Muscoplat, Records & Registration Manager,

recordsregistration@thegrovemn.church

Debbie Crank, Building & Event Coordinator, buildinguse@thegrovemn.church
Kaite Knack, Media Specialist mediaspecialist@thegrovemn.church
Jim Tousignant, Facilities Manager — facilities@thegrovemn.church

MUSIC MINISTRY

Rick Murphy, Contemporary Music — mnmurfam@hotmail.com
Lou Ann Henderson, WB Chancel Choir Director — davelou@centurylink.net
Dr. Jean Lubke, Handbell Director — lubk0001@umn.edu

WOODBURY PRESCHOOL AT THE GROVE

Kate Beck, Woodbury Preschool at The Grove — preschool@thegrovemn.church