

Living Stone Youth

WHIDBEY RETREAT



AUGUST 2-4

COST \$75



Scan
to Pay

GAMES . FOOD . ACTIVITIES . BIBLE . WORSHIP

nick@lscchelan.org

Contact Nick

or 206-355-5986

TRIP INFORMATION

"Rhythms of Grace"

The goal of our annual Senior High Retreat is much bigger than simply getting away for a weekend. Our desire is that students would grow in their love for Jesus Christ, be strengthened by His Word, and return home with a deeper understanding of what it means to faithfully follow Him.

Our theme this year is "Rhythms of Grace." It's easy to think that being a Christian is primarily about attending church, reading your Bible, praying, or avoiding certain sins. While these practices are important, they were never meant to replace a genuine relationship with Christ. The Christian life isn't about checking spiritual boxes—it's about knowing Jesus, trusting Him, and walking with Him every day.

Throughout the weekend, we'll explore four biblical truths that help cultivate a life centered on Christ:

Session 1 – Check the Relationship, Not the Boxes

The gospel reminds us that we are not accepted by God because of our performance but because of Christ's finished work on the cross. Obedience is not the way we earn God's love; it is the joyful response of those who have already received His grace.

Session 2 – Start and End with the Word

God has chosen to reveal Himself through the Scriptures. As we consistently read, study, and meditate on His Word, He renews our minds, strengthens our faith, and conforms us to the image of Christ. The Bible is not merely information to know but God's living Word that shapes every area of life.

Session 3 – Prayer Isn't a Task, It's a Conversation

Prayer is one of God's gracious gifts to His children. Rather than approaching prayer as another item on a spiritual checklist, we'll learn to see it as ongoing communion with our Heavenly Father—a privilege made possible through Jesus Christ.

Session 4 – Consistency That Comes from Connection

Spiritual growth is rarely dramatic; it is most often the result of faithfully pursuing Christ through the ordinary rhythms of the Christian life. As we abide in Him through His Word, prayer, fellowship, and obedience, God faithfully produces lasting fruit in us.

Throughout the retreat, students will participate in biblical teaching, worship, small-group discussions, personal devotional time, recreation, and fellowship. These activities are not ends in themselves but opportunities to encourage one another and point one another to Christ.

Our prayer is that every student would leave Whidbey Island with a greater love for God, a deeper confidence in the gospel, and practical habits that help them pursue Christ long after the retreat has ended.

"Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me."

— John 15:4



TRIP DETAILS

We have been generously invited to use the facilities at Family Bible Church for our Senior High Retreat. The church's Youth Pastor is a former colleague and roommate of Nick Longmire and has offered to host our group for the weekend. Their facility is well suited for our retreat, providing separate sleeping areas for male and female students, a comfortable meeting space for teaching sessions and group activities, and a kitchen where our leaders can prepare meals throughout the retreat.

Location

Family Bible Church
2760 Heller Rd
Oak Harbor, WA 98277

Leaders

Nick Longmire - 206-355-5986
Angela Matson - 509-881-5150
Sandy Zimchek - 509-699-9042

Students

6 boys
7 girls

Vehicles

Pick up truck (5)
Suburban (8)
Mini van (7)

Total - 20 seats



SENIOR HIGH WHIDBEY YOUTH RETREAT SCHEDULE

Sunday

August 2nd

09:00 – 09:45 AM	Drop off bags and
10:00 – 11:45 AM	Church
11:45 AM – 12:00 PM	Last minute prep – Prayer – Depart for Whidbey
12:00 – 05:00 PM	Drive to Family Bible Church – Eat sack lunch on the road
05:00 – 07:00 PM	Unpack – Set up sleeping area – Ground rules – Free time
07:00 – 08:00 PM	Dinner – Free time
08:00 – 09:30 PM	Session #1 – <i>Check the Relationship, Not the Boxes</i>
09:45 – 10:45 PM	Organized all group activity
10:45 – 11:15 PM	Ready for bed
11:15 PM	Lights out!

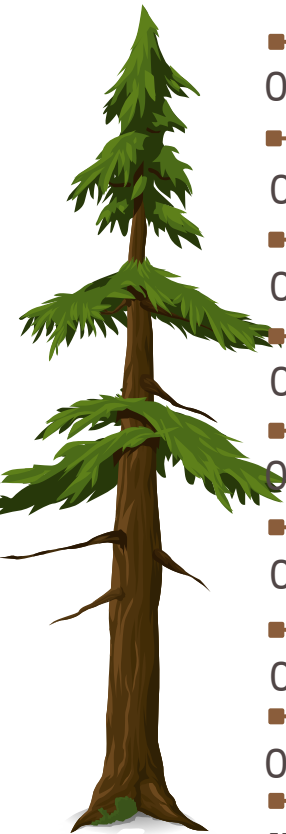


SENIOR HIGH WHIDBEY YOUTH RETREAT SCHEDULE

Monday

August 3rd

07:15 – 07:45 AM	Wakey, Wakey!
07:45 – 08:15 AM	Session #2 – <i>Start and End with the Word!</i>
08:15 – 09:00 AM	Breakfast – Pack lunch
09:15 – 10:00 AM	Load vehicles – Head to Fort Casey
10:00 AM – 12:00 PM	Amazing Race
12:00 – 12:15 PM	Load vehicles – Head to Coupville
12:15 – 02:30 PM	Coupville – Lunch, Ice Cream, Explore, Hang out
02:30 – 03:00 PM	Load vehicles – Head to John Pool
03:15 – 04:45 PM	Swim
04:45 – 05:15 PM	Pack up – Load Vehicles – Head to FBC
05:15 – 06:30 PM	Free Time
06:30 – 07:30 PM	Dinner
07:30 – 09:00 PM	Session #3 – <i>Prayer isn't a Task, it's a Conversation</i>
09:00 – 09:45 PM	Store Run
09:45 – 11:45 PM	Movie – Games
11:45 PM – 12:00 AM	Ready for bed – Lights Out!





SENIOR HIGH WHIDBEY YOUTH RETREAT SCHEDULE

Tuesday

August 4th

08:00 – 08:30 AM Wakey Wakey



08:30 – 09:00 AM Session #4 – *Consistency that comes from Connection*



09:00 – 09:45 AM Breakfast – Pack lunch



09:45 – 10:45 AM Pack up – Load up – Clean up – Pray up



10:45 – 04:00 PM Hit the road Jack



04:00 PM Arrive back at LSC – Help unpack



PACKING LIST

1. Warm Sleeping Bag
2. Pillow
3. Sleeping mat
4. Flashlight, batteries
5. Toiletries-toothbrush, paste, wet wipes, hand sanitizer, deodorant in a zip-loc baggie (deodorant+heat=big mess!) Oh and don't put it in the same zip lock as your toothbrush!
6. Bible, pen, paper, journal
7. SUNSCREEN!At least SPF 15!
8. Sunglasses
9. Warm clothes for night (ie. Hooded sweatshirt and pants)
10. Appropriate clothes for everyday:
11. Reusable Water bottle
12. Towel
13. Snacks that don't melt that you like (Trail mix, granola bars, etc.) Optional
14. Spending money for store run (Optional and no more than \$50) – Bring at your own risk!
- 15.Camp chair

Things to think about:

*If you want your phone on the trip that is fine but we don't want to see it out during the trip (playing games, texting, social media, etc) because we want you connecting with the group.

Pack clothes for 2 days

Remember: We will be on Whidbey which tends to be cooler than even typical westside weather. Be prepared for wind and potential rain:

lows in the mid 50s
highs in the mid 70s

Please return the following to Nick Longmire by Sunday, July 26th:

1. Filled out permission slip
2. Copy of insurance card (front and back)
3. Payment for trip (Please talk to Nick A.S.A.P. if scholarship is needed)