

Books

As parents, we all need some help from time to time. It seems like our kids are facing problems that we probably didn't face as kids, such as questions about social media and texting. Even if your kids are too young for these issues, there are undoubtedly other things you are facing at every age and stage. We have compiled a list of go-to books to help you navigate the way along your parenting journey.

1. *Parenting Beyond Your Capacity: Connect Your Family to a Wider Community*

By: Reggie Joiner and Carey Nieuwhof

This book will help parents discover a bigger story in which to involve their family, one in which multiple influential voices combine in order to tell kids the same thing: that a relationship with God really matters.

Parenting Beyond Your Capacity can help parents establish a lifestyle in which they:

- Invite others to invest in their children to help shape and determine the direction of their lives.
- Create a culture of unconditional love to fuel the emotional and moral health of their children.
- Tap into the power of quality moments together, building a sense of purpose through everyday experiences.
- kids see what life with Him is like!

2. *Parenting Your...*

By: Kristen Ivy and Reggie Joiner

"Parenting Your" Phase Guides consist of an 18-part series (birth-18 years) of concise and interactive guides that simplifies what parents need to know about each phase of a kid's life and gives them the opportunity to discover more about their children—so they can make the most of every phase.

3. *Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids*

By: Dr. Kara E. Powell and Dr. Chap Clark

Most parents would give anything to anchor their children with a vibrant faith that "sticks" and continues to mature into adulthood. Yet, despite this deep desire, research indicates that approximately 40-50% of high school seniors drift from their faith after graduation. Recognizing the ramifications of that statistic, the Fuller Youth Institute (FYI) conducted the "College Transition Project" in an effort to identify the relationships and best practices that can set young people on a trajectory of lifelong faith and service. Based on FYI findings, this easy-to-read guide presents both a compelling rationale and a powerful strategy to show parents how to actively encourage their children's spiritual growth so that it will stick to them into adulthood and empower them to develop a living, lasting faith.

4. *Talk Now and Later: How to Lead Kids Through Life's Tough Topics*

By: Brian Dollar

Don't wait until something big happens to talk to your kids— start now!.

This book presents 10 common topics your child deals with— or will soon— and detailed advice on how to approach and discuss the issues with them. Learn to have these conversations early, have them often, and have them wisely so that when the difficult topics come up, the lines of communication will already be open.

Provides conversation starters on the following issues:

God
Death and Tragedy
Sex
Self-Image
Making Wise Choices
Divorce
Friendships
Money
Bullying
Restoring Broken Relationships

Get ready to talk to your children about the big issues in life— now and later.

5. *Don't Miss It: Parent Every Week Like it Counts*

by: Reggie Joiner and Kristen Ivy

You know what your kid is going through is just a phase, but what does that really mean?

This book reminds parents that phases are not just periods of time to be survived, but opportunities to be maximized. It gives parents a simple strategy for parenting every week like it counts. It can help them reprioritize their time with their kids; it may even change how they see their kids and themselves. (And because parents are busy, it's designed to take an hour or less to read.)

It's just a phase. So don't miss it.

6. *Right Click: Parenting Your Teenager in a Digital Media World*

By: Kara Powell, Art Bramford, and Brad M. Griffin

Drawing from the best research on media and youth, as well as conversations with parents and teenagers, Right Click offers new breakthroughs for your most pressing tech-related dilemmas. If you have questions about social media, apps, and other tech-related questions, this book is for you!

7. *Boundaries with Kids: How Healthy Choices Grow Healthy Children*

By: Dr. Henry Cloud and Dr. John Townsend

This book helps parents apply the Ten Laws of Boundaries to the challenges of raising children. In their popular, readable style, Cloud and Townsend help moms and dads make choices and develop a parenting approach that sees beyond the moment to the adults their children will become. *Boundaries with Kids* gives parents the can-do guidance they need in order to model healthy boundaries for their kids.

8. *Family ID – Intentional Direction: Discover Your Family’s Unique Purpose and Passion*

By: Greg Gunn

There is a gigantic disconnect that exists in our minds. Really just a mirage-like separation between worlds: the spiritual and the secular. Certain basic principles are required to run a successful business - a decent business plan and goals. Try to leave as little as possible to chance and maximize your efficiency by making sure everything you do has a purpose. And furthermore that purpose serves the business.

That same successful businessperson goes home, and doesn't have a clue. It's as though he thinks everything that he wants to happen at home is just going to happen by accident. That somehow it's just going to come together. It does not.

Our goal is to teach and train more than one million families to “stir it up” and draw out the God-given purpose for their family, to lead them to “write it down”, to equip them to “live it out”, and inspire them to “pass it on” to future generations.

9. *Nurturing the Leader within Your Child: What Every Parent Needs to Know*

By: Dr. Tim Elmore

This book helps parents discover the leadership qualities that exist in every child, and how to nurture and encourage the development of those characteristics.

10. *Parenting with Love and Logic: Teaching Children Responsibility & Parenting Teens with Love and Logic*

By: Foster Cline and Jim Fay

This parenting book shows you how to raise self-confident, motivated children who are ready for the real world. Learn how to parent effectively while teaching your children responsibility and growing their character. Establish healthy control through easy-to-implement steps without anger, threats, nagging, or power struggles.

The teen book empowers parents with the skills necessary to set limits, teach important skills, and encourage decision-making in their teenagers. Covering a wide range of real-life issues teens face—including divorce, ADD, addiction, and sex—this book gives you the tools to help your teens find their identity and grow in maturity.

Both books are indexed for easy reference.

11. Are My Kids on Track? The 12 Emotional, Social, and Spiritual Milestones Your Child Needs to Reach
By: Sissy Goff, Med. LPC-MHSP, David Thomas LMSW, Melissa Trevathan, MRE

From birth to adulthood, our children's physical and intellectual development is carefully tracked and charted. But what about their hearts? After all, how our children develop emotionally, socially, and spiritually will determine who they become as husbands and wives, fathers and mothers, friends and co-workers.

Are My Kids on Track? helps you identify and measure 12 key emotional, social, and spiritual milestones in your children's lives. Moreover, you will discover practical ways to guide your kids through any stumbling blocks they might encounter and help them reach the appropriate landmarks. Along the way the authors pinpoint the different ways boys and girls develop, so you can help your child flourish in his or her own way.

Don't just raise smart kids--raise courageous, compassionate, resilient, empathetic, and smart kids.

12. Parenting: 14 Gospel Principles that can Radically Change Your Family
By: Paul David Tripp

What is your calling as a parent?

In the midst of folding laundry, coordinating carpool schedules, and breaking up fights, many parents get lost. Feeling pressure to do everything "right" and raise up "good" children, it's easy to lose sight of our ultimate purpose as parents in the quest for practical tips and guaranteed formulas.

In this life-giving book, Paul Tripp offers parents much more than a to-do list. Instead, he presents us with a big-picture view of God's plan for us as parents. Outlining fourteen foundational principles centered on the gospel, he shows that we need more than the latest parenting strategy or list of techniques. Rather, we need the rescuing grace of God—grace that has the power to shape how we view everything we do as parents.

Freed from the burden of trying to manufacture life-change in our children's hearts, we can embrace a grand perspective of parenting overflowing with vision, purpose, and joy.

13. The Lifegiving Parent: Giving Your Child a Life Worth Living for Christ
By: Clay and Sally Clarkson

In today's world, it's easy to become overwhelmed and even paralyzed by the constant flow of parenting advice. We're flooded with so much practical information that we wonder if we're choosing the right way. And we may be missing the one thing God really wants us to give to our children: His life. God doesn't include a divine methodology for parenting in the Bible, but He does provide principles that can enable any faithful parent to bring His life into the life of their home.

The Lifegiving Parent will equip you with the tools and wisdom you need to give your children much more than just a good Christian life. You'll give them the life of Christ.

Podcasts

Parental Guidance Required

By: Andy Stanley and Reggie Joiner

This teaching series is great to listen to while you're on-the-go. There is a different topic each week that is clearly titled so you can listen to the episode you need most at that tie.

Parent Cue Live

This podcast features various authors, speakers, and pastors who talk about a range of topics such as technology, adoption, church, etc. to answer some of your tough questions.

For more podcast suggestions, visit the website <https://player.fm/podcasts/christian-parenting>.