

# UPSIDE DOWN

jesus changes everything

SERVANT 1-3 • Week of April 19th



Use this guide to help your family learn how God can help us live with humility.

First, watch this video

<https://youtu.be/8t1u7y0iqVs>

Then follow up with the activity below!

## MEMORY VERSE

“Don’t do anything only to get ahead. Don’t do it because you are proud. Instead, be humble. Value others more than yourself.  
Philippians 2:3 (NirV)

## LIFE APP

### HUMILITY:

putting others first by giving up what you think you deserve

## BIBLE STORY

Lean on Me  
(Servant Principle)  
Philippians 2:3-8

## BOTTOM LINE

Put others first because Jesus put you first.



PARENT  
CUE

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## ACTIVITY: MAY I?

**WHAT YOU NEED:** nothing!

### WHAT YOU DO:

Choose one person to be the leader. (This is a great chance for one of the kids to be the leader!) Have anyone who’s playing the game line up shoulder to shoulder. Position the leader as far away as possible from (but in the same room as) the game participants. The first person comes up with one way to put someone else first. Then the leader gets to decide how big of a deal it would be to put someone first in that way.

- Smaller things (like letting someone else choose that night’s movie) let you move forward one step.
- Medium things (like letting someone else ride your bike or play with your toy) let you move forward two steps.
- And really big things (like doing a chore for someone else when they’ve had a really busy day) let you move forward three steps!

The first person to make it all the way to the leader is the winner!

Play as many times as you want to. You can choose whether or not to let players repeat ideas if everyone starts running out of ways to put others first!

### Talk about the Bible story:

- o How did Jesus put us first in a huge way? (*By dying on the cross for us.*)  
*Explain that this week, you’ll work together as a family to put others first. Have everyone think about the next two questions and write down their answers without letting anyone else see.*
- o Who can you put first today?
- o What can you do to put that person first?  
*As you go through this next week, celebrate whenever someone puts someone else first!*

## PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

“God, it’s really hard to put others first. Most of the time, we want to make sure we’re doing what WE want to do and getting our own way. But when You sent Jesus to die for us, You turned that thinking upside down! Especially as we have a lot more time together than we normally do, please help us to always be thinking about how to put someone else ahead of ourselves. In Jesus’ name we pray. Amen.”