



After God's Own Heart

Family Devotion August 2, 2026

Ice Breaker:

Give everyone in the room the opportunity to answer this question - What is your favorite thing to do together as a family or those you live with?

Scripture Reading:

Psalm 147:10-11; 1 Samuel 13:14; 1 Samuel 16:7

Message: The story of David in 1 Samuel 16 shows how God delights in using those individuals whom the world overlooks. When the prophet Samuel met the young shepherd, the Bible says David was “glowing with health and had a fine appearance,” (this is great motivation for us all to spend more time outside!) and in that moment “the Lord said, ‘Rise and anoint him; this is the one.’” God chose a boy taking care of sheep to become a king because God’s calling rests not on status, wealth, strength or skill, but on a heart that is willing to follow Him. We have the incredible opportunity to glimpse into the heart of David and his conversations and prayers to God. They are recorded in the book of Psalms in the Bible. David and his story are a reminder to your family that God sees potential where others see ordinary, and He still chooses everyday people to carry out His extraordinary purposes.

Questions:

1. What does it mean to have a heart after God’s own heart?
2. Have you ever felt insignificant or overlooked by those around you?
3. To prove that God sees you and your potential, think about Jesus and his time on earth. List some individuals or groups of people whom Jesus touched, healed or used, that might have been considered ordinary, or were overlooked by the world, or maybe even rejected by those around them?

Closing Prayer:

Bible Activity: Stockpile a bunch of CLEAN socks and fold them over on themselves into soft balls. For this activity we will be reenacting David the shepherd boy out in the field watching over his sheep. Take turns choosing someone to be the “lion” or the “bear” trying to get a sheep. All the other shepherds will need to use their ‘sock’ stones to throw at the lion or bear and scare them away from the sheep. These sock balls can also be used to act out the story of David vs Goliath too!