

Fusion Wellness Room Covid Rules

1. A Fusion Wellness ACCIDENT WAIVER AND RELEASE OF LIABILITY/Medical release FORM must be read, and signed prior to using the Fusion Room.

2. We ask that no more than 10 people work out at one time. If the room is at capacity, we ask that you wait for someone to exit before entering and starting your workout.

3. Please keep a distance of 6 feet between those around you not living in the same household.

4. FOBs and/or KEYS must NOT be shared with anyone other than family members who are authorized on that FOB.

5. ONLY FOB holders are allowed in the Fusion Wellness Room unless other arrangements have been made prior to visit.

6. **Gym Hours are from 4:30am to 8:00pm Mon-Sat & 12:00pm-8pm Sundays, and will be closed on Holidays.**

* We ask that you abide by the set time listed above.

7. The safety of all who use the Fusion Room is a top priority and we ask that you help us to keep the machines and surfaces clean. Please use fresh towels to clean each machine or surface. There is a spray bottle of cleaner and paper towels available on the table closest to the back door.

8. Anyone under the age of 14 is not allowed to participate in the use of the Fusion Room. Those 14-16 years of age must be accompanied by an adult.

9. No food allowed in the Fusion Room.

10. Please bring your own music devices & ear buds for your enjoyment.

11. Spotters **MUST** be present when using bench press, leg press etc.

12. No Swearing, profanity is offensive and has no place in the Fusion Room.

13. No Smoking!

14. Please wear proper attire, tennis shoes, no jeans etc.

15. Please be careful when you are carrying a weight. Dropping weights on the floor can cause injury to yourself or others and can also damage the equipment itself. Always let the weight down as gently as possible.

16. Keys of any kind are **NOT** to be duplicated.

17. Please access only the Fusion Room or set of restrooms closest to the gym.

Anyone not following the rules above will have your privileges suspended or revoked.

Signature

Date