

Moving Through the Psalms of Ascent

Winter Bible Study ~ Psalms 120-134

IBC Weekday Bible Study Schedule:

January 23: Introduction

January 30: Week One – Psalms 120-122

February 6: Week Two – Psalms 123-124

February 13: Week Three – Psalms 125-127

February 20: Week Four – Psalms 128-129

February 27: Week Five – Psalms 130-131

March 5: Week Six – Psalms 132-134

Each week you can check this schedule to know what psalms we will be covering in our large group teaching time. We are including optional homework that will be available for you to access online at ibcshawnee.org/women. Contact the office if you need help finding the homework.

I'm so glad to be back with my IBC Bible Study family for this study. Many of you have grown up with me throughout the years in our love for God's Word and what it means to learn, share, and live it out together. I'm also so excited to meet some new friends who have joined this sweet fellowship in the last couple of years!

I have long wanted to spend some time studying this unique section of the Psalms and am thrilled to be discovering them with each of you. The Psalms of Ascent are about movement with and toward God in every kind of circumstance. I'm not sure that we've ever needed the challenge and encouragement of these songs more than we do now. As I've spent a few months ahead of our time together sinking into their lament and joy I know that we will be blessed. In these songs you will find echoes of your own struggles and celebrations...and there's nothing quite like finding that someone else has already put your own thoughts to words. These psalms are full of some of the very best "oh, me toos!" in Scripture. I can't wait to dive in deeply; together.

*Much Love,
Jamy*

Cited Study Resources:

Biblegateway.com

ESV.org

[The Complete Word Study Old Testament](#), Spiros Zodhiates

[Stepping Up: A Journey through the Psalms of Ascent](#), Beth Moore

[Christ-Centered Exposition: Exalting Jesus in Psalms 101-150](#), Daniel L. Akin and Tony Merida

[A Long Obedience in the Same Direction: Discipleship in an Instant Society](#), Eugene H. Peterson