



The Senior Pastor's Letter

You're Invited

Welcome back to all things St. Paul's! It's time to get our calendars ready to save all the dates as we continue to be people called by God and move forward to be the followers of Jesus we're still becoming. So how do we do that? Well, I'm glad you asked. It starts with an invitation.

Evangelism is the holy work of extending God's welcome. At its heart, it is not salesmanship, pressure, or persuasion — it is the simple, grace filled act of inviting someone into the community where Christ is known, loved, and followed. As United Methodists, we believe evangelism grows from the conviction that God is already at work in every life. Our invitation to church is never the beginning of God's story with someone; it is one more step in the Holy Spirit's ongoing movement.

The invitation matters because it reflects the character of God. Scripture shows God continually calling people into relationship — Abraham and Sarah, Moses, Samuel, Mary, the disciples, the crowds who gathered around Jesus. Evangelism echoes that divine pattern. When we say, "Would you join me at church?" we participate in God's mission of drawing people toward hope, healing, and transformation. The invitation is not about filling pews; it is about opening doors to grace, community, and purpose.

Evangelism also reminds us that faith is meant to be shared. Many of us came to church because someone cared enough to invite us — a family member, a friend, a neighbor, a coworker. Their invitation became a turning point. In the same way, our willingness to extend an invitation may become the moment someone discovers that God has been seeking them all along. Our baptismal vows call us to "proclaim the good news and live according to the example of Christ." Inviting someone to worship is one of the simplest ways to live that vow.

An invitation to church communicates several powerful truths. First, it says, "You matter." In a world where people feel isolated or unseen, an invitation affirms dignity and worth. Second, it says, "You belong." Church is not a club for the perfect; it is a home for the searching, the hurting, the curious, and the hopeful. Third, it says, "God has something for you." Worship offers space to encounter scripture, prayer, music, and community — gifts that nourish the soul.

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The Senior Pastor's Letter

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Evangelism also shapes us. When we invite others, we become more attentive to what God is doing around us. We begin to see others not as strangers to faith but as people God loves deeply. Evangelism stretches our compassion, strengthens our courage, and deepens our trust that the Holy Spirit is active in ways we cannot see.

Ultimately, the invitation to church is an invitation into God's story. It is a chance for someone to hear that they are loved, forgiven, and called. It is a chance to discover that life has meaning beyond what they imagined. And it is a chance to join a community committed to following Jesus in service, justice, and joy.

Here's your first opportunity to extend an invitation. On September 6th, we start our 5-week sermon series called "Rooted in Christ." Developed by a Baltimore-Washington Conference Worship Team, it calls us to the theme of being *Grounded in our Baptismal Vows*. We're challenged to explore our charge to love boldly.

Let's keep finding ways to connect with people who may have no obvious reason to connect with us. Maybe they catch the return of the Coffeehouse at St. Paul's. Perhaps that invitation becomes community. Maybe that community becomes a safe place to ask questions. And maybe, somewhere along the way, they encounter Jesus.

May we be bold and gentle evangelists — people who extend Christ's welcome with humility, warmth, and hope. And may every invitation we offer become a doorway through which someone steps into the transforming love of God.

Peace and blessings,
Pastor Sheridan

Welcoming Statement

We, the community of St. Paul's United Methodist Church, Kensington, welcome you in love.
Jesus Christ accepts all, excluding none. So we welcome and affirm you who are gay, straight, lesbian, bisexual, transgender, or queer.
We welcome you without regard to your sexual orientation, gender identity or expression, national origin, culture, race, ethnicity, ability, education, or age.
We welcome you no matter your immigration, marital, or economic status.
Wherever you are on your spiritual journey, we welcome and affirm you as one of God's children into our community of God's unbounded love.
All are celebrated here and all are safe.



Contact Us

SENIOR PASTOR

Rev. Sheridan Allmond
sallmond@stpaulsk.org
301-933-7933 ext. 101

ASSOCIATE PASTOR

Rev. Joey Heath-Mason
joeyhm@stpaulsk.org
301-933-7933 ext. 103

DIRECTOR OF MUSIC

Mr. N. Thomas Pedersen
tpedersen@stpaulsk.org

ORGANIST

Mr. Marvin Mills
mmills@stpaulsk.org

DIRECTOR OF COMMUNICATIONS & ADMINISTRATION

Dr. Erin Bone Steele
stpaulsunited@stpaulsk.org
301-933-7933 ext. 100

FACILITIES MANAGER & BOOKKEEPER

Ms. Tracey Furman
tfurman@stpaulsk.org
301-933-7933 ext. 106

Visit us online at
[stpaulsk.org/community/
meet-the-staff](http://stpaulsk.org/community/meet-the-staff)

Office Hours

Drop-in and Telephone Hours
Monday - Thursday
10:00 AM to 3:00 PM

To meet with specific clergy or staff, or for access to the building outside these hours, please make an appointment. Individual availability varies!

St. Paul's is closed on federal holidays and the week between Christmas & New Year's.

Thoughts from Pastor Joey

I have always loved summer. It probably goes all the way back to the more carefree days of my youth, when summer meant no school and few responsibilities. It meant more time to play and more time to do nothing. It meant beach trips and pool days, summer camp and time with friends.

Summer was a time to renew and, in some ways, to practice what Jesus taught in Mark 6:31 when he said to the disciples, "Come away to a deserted place all by yourselves and rest a while." Mark tells us that "many were coming and going, and they had no leisure even to eat." But summer was also a limited time. August and back-to-school season always came back around. With them came the resetting of routines and a return to the things of "regular life."

Today, of course, things are different. I am no longer going back to school, and I work throughout the summer. Yet there is still something about this time of year that feels like hitting a reset button. Schedules begin to fill again, church activities pick back up, and the pace of life seems to change. Reflecting on Jesus' words in Mark also draws me to what happens next. The disciples did not remain apart forever. They returned to the ministry of Jesus.

So as summer ends and our schedules begin to fill again, perhaps Jesus' invitation is not simply to get back to work. Maybe it is an invitation to build a life in which work, worship, service, and rest all have their proper place. Maybe this is a good time to ask not how busy we will be, but what kind of life we are building.

Jesus called the disciples away for a time, but he also called them back into community, ministry, and service. Their rest renewed them for the life they were called to live.

The same can be true for us. As we reset our routines this fall, perhaps we can recommit ourselves to a more complete rhythm of discipleship: gathering with others in worship, growing in faith, caring for one another, and serving beyond ourselves. These are not simply more activities to add to an already crowded calendar; they are what keep us connected to God and to the life Christ calls us to share.

So, as summer gives way to fall, let's not simply return to "regular life," but to a life centered on Christ, shaped by worship, strengthened by community, and poured out in service to others.

Lay Leader Reflections

From Anne Dean, Lay Leader

For just about 40 years, Church Leadership Team member Marge Higgins has called St. Paul's United Methodist Church home, arriving back when her and Rich's now-adult children were a gleam in the future. Marge's journey began with a simple invitation from a congregant, sparked by a refreshing independence and a desire for genuine community.

Marge's story has woven tightly into the fabric of our church. From teaching Sunday school and youth groups, to stepping up during the intricacies of the reconciling conversations and complexities of the COVID pandemic, her faith is rooted in action and, more importantly, community and relationships. For Marge, serving at St. Paul's is about relationship building, fellowship, and the intergenerational bonds that last a lifetime, from cheering on two-year-olds in the Sunday School classes to supporting Amazon-teacher-needs lists for former Sunday school students who are now teachers themselves.

Drawing inspiration from the passage of stepping out of the boat and into the water, Marge views leadership as a call to wade in, challenge ourselves, and think differently. When she isn't helping guide our community, you might find her singing her favorite choral anthem, "The First Song of Isaiah," with the Sanctuary choir.



Worship Schedule and Sunday Scripture

Sunday, September 6

Scripture: Ephesians 3:14-21

10:30 AM Summer Worship with Communion
Rev. Joey Heath-Mason, preaching

Sunday, September 13

Scripture: Ephesians 4:11-16

9:00 AM Worship with Communion
10:30 AM Worship with Sanctuary Choir
Sunday School Kickoff and
Third Grade Bible Presentations
Rev. Sheridan Allmond, preaching

Sunday, September 20

Scripture: Ephesians 4:17-32

9:00 AM Worship with Communion
10:30 AM Worship with Sanctuary Choir
Rev. Joey Heath-Mason, preaching

Sunday, September 27

Scripture: Ephesians 5: 6-21

9:00 AM Worship with Communion
10:30 AM Worship with Sanctuary Choir
Rev. Sheridan Allmond, preaching

Worship Livestreams each Sunday at 10:30 AM
stpaulsk.org/worship/worship-at-home

Still Wednesday

Wednesdays each week starting September 9, 2026
7:00-8:00 PM in the Octagon

All are invited to come to the Octagon, light a candle, and settle into this hour of reflection, prayer, contemplation, and togetherness. The exact format varies depending on the rotating leaders, but usually includes 20 minutes of silent prayer.



Worship Hours

Summer Sunday Worship hours apply through Labor Day Weekend, September 6, 2026 with one worship service at 10:30 AM only.

Kick-off the 2026-2027 season on September 13, 2026. Worship on Sunday at 9:00 AM will feature Communion each week. Worship at 10:30 AM includes the Sanctuary Choir weekly, with Communion on the first Sunday of each month.



Music Ministries

Our music ministries are looking forward to welcoming back old friends and meeting new ones! For Children's Choir questions, email Ms. Christina Griffin at childrenschoir@stpaulsk.org. Contact Mr. Tom Pedersen, Director of Music, at tpedersen@stpaulsk.org with questions about other musical opportunities!

- **The Sanctuary Choir** returns on September 13. Adult singers and youth in Grade 7 and up are welcome each Sunday to rehearse at 9:30 AM, then sing in worship at 10:30 AM.
- **Children's Choir**, under the direction of Ms. Christina Griffin, will meet for singing, learning, snacks, and fun starting September 27 after worship, 11:45-12:30 in the MPR. All children in grades K-6 and their friends are invited!
- **Joyful Ringers**, our bell choir, will begin regular rehearsals on September 30. We rehearse Wednesdays, 7:00-8:00 PM and play in worship about once a month. If you've never played handbells before, we can teach you!

Sympathy

The St. Paul's community offers our deepest sympathies for those who have lost loved ones recently, especially:

The family of
Darlene Rice
following her death



Congregational Care

Joys and concerns are shared each week in the Congregational Care list, available for pick-up in the Narthex. Our dedicated Card Ministry volunteers also prepare cards, so our members and friends can easily drop a note to someone who can use a little encouragement. Additional prayer concerns are lifted up each week during the Prayerwaves phone call. See more details about these ministries on page 11!

Thank You!

Dear St. Paul's Pastors and Congregation,

Steve and I would like to share our heartfelt appreciation and thanks for the love and support these past eight months during my cancer journey. You made a challenging time easier and reminded us how blessed we are to be part of a thoughtful family. Thank you from the bottom of our hearts.

Love to all,

~ Pat and Steve Warren

Send a Card or Note

The following St. Paul's members are currently limited in their abilities to participate in the life of the church in-person, and appreciate your thoughts and expressions of care.

Mrs. Mabel Baker

3616 Littledale Rd
Apt 302B
Kensington MD20895

Mrs. Mary Lou DeHaven

900 N. Taylor St.
Apt. 421, West Tower
Arlington, VA 22201

Mr. Arthur Bazawada

11716 Dinwiddie Dr.
Rockville MD 20852

Mrs. Dorothea Depenbrock

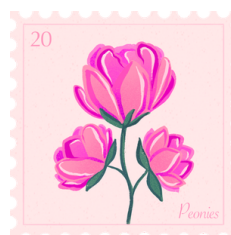
6602 Greyswood Road
Larmax Home
North Bethesda MD 20817

Dr. Jo Campa

301 Russell Ave
Wilson Building, #219
Gaithersburg MD 20877

Mrs. Carol MacIntyre

2100 Merrifields Dr.
Silver Spring MD 20906



Mrs. Marybelle Waldroff

9901 Capitol View Ave Silver
Spring MD 20910

Thank You!

Dear St. Paul's UMC,

On behalf of Doctors without Borders / Médecins Sans Frontières, thank you for the generous gift of financial support. Your donation helps ensure our patients receive the care they urgently need. Our work relies on compassionate people like you.

Your support enables us to provide medical care to people in more than 70 countries around the world. Recent examples include our clinics serving displaced people in Lebanon, the Ebola disease outbreak in the Democratic Republic of Congo, and clinics in Honduras tailored to treating the needs of LGBTQI+ people who face barriers to medical care.

Our ability to deliver emergency care to people in crisis wouldn't be possible without your support.

Thank you.

With deepest gratitude,

~ Tirana Hassan, CEO

Doctors without Borders/MSF USA

Kensington Coffee House @ St. Paul's

Saturday, September 19

7:00-10:00 PM

Fellowship Hall

Some friends of St. Paul's may remember the years when the Kensington Coffeehouse at St. Paul's brought local and national musicians to Fellowship Hall for an evening of live original music, homemade desserts, and hot coffee. We're back!

We have a powerhouse musician lineup running 7:00-10:00 PM in the Fellowship Hall on September 19! Enjoy our comfortable "listening room" environment. Please bring friends and family to enjoy the music of Ella Gallogly, Safety Bear, Levi Stephens, and the Sidleys!

Tickets are \$10 per person. Please purchase online at www.zeffy.com/en-US/ticketing/kensington-coffeehouse-at-st-pauls or scan the QR code below! Tickets will also be available at the door. Coffee and baked goods, including JennyCakes specialties, will be available for purchase.

Read more about the Kensington Coffeehouse at St. Paul's on our website: <https://www.kensingtoncoffeehouse.org/>

Volunteers are always welcome to help support the show! For more information contact Molly Ruskin: mollyruskin@gmail.com.





Bible & Brews

No meeting in September due to Jewish Holiday schedule

Saturday, October 24, 2026

Sunday, November 8, 2026

Sunday, December 13, 2026

5:00-6:00 PM

All are welcome at this monthly gathering for interfaith conversations with Pastor Joey, Rabbi Adam, and friends from Temple Emanuel. Family-friendly meetings take place at a local Kensington small business, where you can purchase food or beverages as you like. In warm weather months, we will meet at Babycat Brewery. Contact joeyhm@stpaulsk.org to confirm details!



Taste & Sing

Tuesday, September 15, 12:00-1:30 PM

Our casual time of food and song is held once a month, September-May! We start by singing through some hymns from the UM Hymnal - feel free to request your favorites! No musical expertise necessary! St. Paul's Director of Music, Mr. Tom Pedersen, will be at the keyboard. Then Dr. Erin Steele will guide us through a short program about a composer, lyricist, or theme, offering a deeper dive into the stories behind some of our worship songs. Our time together culminates with fellowship over a tasty lunch for a \$5 donation. Each meal is lovingly prepared by Ginny Hagberg.



Pancake Breakfast

Schedule for 2026: Sept. 5, Oct. 3, Nov. 7, Dec. 5

Serving hours: 8:00-10:00 AM

It is not just the NFL football season resuming in a few weeks, the United Methodist Men are back with Pancake Breakfast season! The all-you-can-eat breakfast will have delicious buttermilk pancakes, fresh sage sausage, scrambled eggs, grits, fruit, and coffee, tea, or hot chocolate. There will also be a specialty pancake served along with the regular selections. Please join us on the first Saturday of each month from 8:00 to 10:00 AM. (Note the updated hours!) Invite your friends and neighbors to join us in the Fellowship Hall! Diners are asked to make a generous donation at the door. Proceeds from the breakfasts will go towards supporting local charitable organizations.



United Methodist Men

Wednesday, September 16, 6:30-8:30 PM

After a long lapse, the United Methodist Men are resuming periodic suppers and general meetings. All men of the church - and their sons! - are invited! We will have subs & pizza from Continental, and a nice dessert. The cost for all attendees will be \$8 per person. Please help us plan by sending an RSVP to Jerry Watkins at j50.09w@verizon.net or 301-675-1236.



Beginning September 13, 2026

Sunday School for Grades K-5

On Sunday, September 13, students in grades K-5 will begin in worship in the Sanctuary. Children in 3rd Grade will be presented with Bibles, and we will commission this season's Sunday School teachers. Students will transition to their classrooms with their teachers and regular Sunday School for the 2026-2027 programming year will begin!

Sunday School will meet during the 10:30 AM worship hour most Sundays between Labor Day and Memorial Day. As is our tradition, Sunday School will not meet on the first Sunday of the month when children will be in the Sanctuary to experience the full rhythm of worship, including Communion.

To keep everyone safe and happy, we encourage all families to register for Sunday School and provide emergency contact info using the secure online form at stpaulsk.org/community/children. Walk-in visitors can fill out a paper form at the classroom.

Nursery care is available for children in Pre-K and younger during the 10:30 worship hour. Our young friends are also always welcome in worship!

Especially for Teachers - and those interested in teaching Sunday School in the future!

September 13, 2026

Two Sessions! 9:30 AM and 12:00 PM

We will hold brief information sessions at 9:30 AM and 12:00 noon in room 109 to introduce the Sunday School leader materials. These sessions are designed to help teachers and leaders become more familiar with the resources we use, and feel more comfortable and confident teaching Sunday School. Current teachers - and anyone interested in learning more about teaching - are encouraged to join us! Questions? Contact Pastor Joey at joeyhm@stpaulsk.org.

Confirmation Class Time!

Confirmation Class is designed for young people in Grade 6 (age 12) and up, who have not yet become full members of the church and would like to learn more about faith, beliefs, history, the present day United Methodist Church, and what it means to be a member of St. Paul's UMC. Classes include lessons, projects, worship attendance, guest speakers, and field trips. At the end of the class series, those who choose to become members will be received into membership, usually during the 10:30 AM worship service on Pentecost Sunday in late Spring. If someone in your household is a good fit for Confirmation Class, or if you have questions, please contact Pastor Sheridan (sallmond@stpaulsk.org).

Wednesdays, 4:00-5:00 via Zoom

Sermon Safari

Come one, come all! St. Paul's weekly virtual Sermon Safari adventures resume on September 16, and we're excited to embark on another season of rich conversation and shared discovery. This come-when-you-can, drop-in Zoom study invites participants to watch a sermon together and then dive into a lively, thoughtful discussion that sparks insight and connection. Our past sessions have featured sermons from inspiring voices such as Diana Butler Bass, Senator Rev. Raphael Warnock, and Mariann Budde, Bishop of the National Cathedral — each offering fresh perspectives that have fueled meaningful dialogue. While we're blessed with a dedicated (and international!) circle of regulars, new explorers are always warmly welcomed. Your presence and your voice will enrich the journey! For more information or to receive the Zoom link, contact Dr. Meg Baker at megbaker@verizon.net.



SPYs in the Year Ahead!

Get ready! St. Paul's Youth (SPY) is back for another year of fellowship, fun, faith, and - of course - food! SPY is open to all students in grades 6-12 and is a volunteer/parent-led ministry, with support and guidance from our pastors. Our mission is simple: give our youth a place to build community, grow in their faith, and have a great time doing it.

How We Kick Off

This year starts with a special trip to Hershey Park on Saturday, September 12. Two weeks later, on September 27, students are invited to an offsite IGNITE Campfire event at West River. Our first regular meeting, which includes a Parent Info Session, will be held at the church on Sunday, October 4, 7:00-8:30 PM. We strongly encourage parents and guardians to attend this first meeting to learn more about SPY, meet our volunteer leaders, and find out how you can get involved and support the group throughout the year.

What to Expect Weekly

Most Sundays during the school year, SPY meets in the Multipurpose Room, 7:00-8:30 PM. Each meeting includes fellowship, games, a faith-based lesson, and dinner. Throughout the year, you'll also see some of our regular traditions return including service projects, movie nights, and craft nights.

Special Events & Trips

In addition to weekly meetings, SPY has several special events planned throughout the year:

- December 13 — Field Trip to Brookside Gardens
- January 22-24 — IGNITE Conference in Ocean City
- March 14 — Egg-stuffing activity for Egg My Yard
- June 13 — Last SPY of the year, with a party to celebrate!

No-SPY Weeks

SPY takes breaks around school holidays and long weekends, including Thanksgiving, winter break, spring break, and other no-school Mondays — check the full calendar below for exact dates.

SPY Calendar for 2026

9/12/2026	Offsite Event – Fall SPY Kick Off at Hershey Park
9/20/2026	No SPY (No school Monday)
9/27/2026	Offsite Event – IGNITE Campfire @ West River
10/4/2026	First SPY / Parent Meeting
10/11/2026	Regular meeting
10/18/2026	Regular meeting
10/25/2026	Regular meeting
11/1/2026	No SPY (No school Monday)
11/8/2026	No SPY (No school Monday)
11/15/2026	Regular meeting
11/22/2026	Regular meeting
11/29/2026	No SPY – Thanksgiving weekend
12/6/2026	Regular meeting
12/13/2026	Offsite Event – Brookside Gardens
12/20/2026	Regular meeting
12/27/2026	No SPY – Winter break



Hunger Ministry



Share your bread with the hungry

~ Isaiah 58:7a

Your donations keep our signature ministry running! Each month St. Paul's provides food resources for about 170 households in the 20895 ZIP code. Please donate non-perishables from our list or make a financial contribution to cover the grocery store cards that allow our recipients to purchase the fresh produce, meat, dairy, frozen foods, or hygiene products that their families need.

Donations Needed Every Month

- **peanut butter**
- **canned tuna**
- **canned chicken**
- **canned vegetables**
- **canned fruit or applesauce**
- **pasta**
- **rice**
- **beans**
- **cereal**
- **soup**
- **instant/quick-cook oatmeal**
- **pasta sauce (plastic jars or cans)**
- **boxed milk or oat milk**

"NO THANK YOU"

--- No dirty or damaged containers. No items beyond their "best by" or "sell by" dates.

We can't give out damaged or expired containers, and our volunteers have to throw them away.

--- No glass. Glass breaks and creates a hazard - and a mess!

Do you know a member of the church or someone in our neighborhood who needs food? New recipients can visit the Fellowship Hall at 7:00 PM on the second Monday each month or contact the church office Monday-Thursday. Want to volunteer? Contact Erin Steele in the office at stpaulsunited@stpaulsk.org to learn more!

Stephen Ministry

Several members of St. Paul's Stephen Ministry Team attended Stephen Ministries' 50th Anniversary Celebration in Gaithersburg on August 15. The all-day gathering highlighted the organization's history and offered renewed resources for ministering to those who are grieving, coping with cancer, or serving as caregivers. Stephen Ministry teams were encouraged to host congregation-wide book studies on *The Gift of Empathy* and *Caring Assertiveness*, two works that provide practical tools and insight for strengthening how we care for and relate to one another.

The celebration also introduced Stephen Ministries' newest initiative focused on mental health empowerment, with a particular emphasis on preventative mental health care. Their vision encourages congregations and communities to cultivate environments where emotional well being is supported early—through education, connection, and compassionate practices — so individuals receive care long before challenges escalate into crisis.

This proactive approach equips churches to respond faithfully and effectively to the growing mental health needs present in our society.

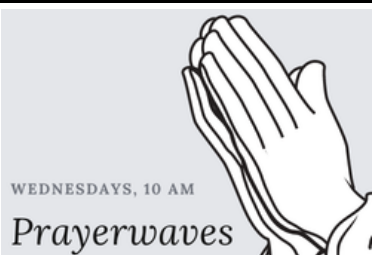
St. Paul's Stephen Ministers undergo extensive training to provide effective one-on-one confidential care alongside those who are experiencing job loss, hospitalization, terminal illness, confinement to the home, life transitions, separation or divorce, birth or adoption, loneliness and depression, grief, struggles with God, or other life difficulties. If you or someone you know might benefit from this ministry, or you would like to learn more, contact Stephen Leader Martha Lipscomb (301-518-1642).

(L-R: Meg Baker, Marie Muller, Martha Lipscomb, Nancy Longo, and Jeannette Carlson, made with iPhone oil-painting app)



More Ways to Be Involved

Many groups meet regularly during the year, and there are many ways to get involved with ministries, outreach, and hospitality at St. Paul's. Here are some of the groups inviting you to join in ministry and fellowship.



Wednesdays at 10:00 AM

Prayerwaves meets each week by phone. We take turns lifting up the needs of the church, community, and the world. On Wednesday, dial 425-436-6326 a few minutes before 10:00 AM. Enter access code 774042 followed by the # sign. If you would like to receive the prayer list by email, please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



This time for fellowship with drinks and snacks after worship occurs whenever a family, class, or groups offers to host. You might serve the ever-popular coffee and cookies... or it might be lemonade and cheese crackers, tea and tarts, cider and donuts, cocoa and candy canes... you decide! To host, simply add your name or group to the chart on the office bulletin board and take an instructions sheet (also available for download at stpaulsk.org/community/calendar-events).



Would life feel better right now if you had someone to listen to your worries and cares? Stephen Ministers are there for you! Stephen Ministers have received special training to provide one-on-one Christian care to those who are experiencing challenging life events. To learn how you or someone you know can receive care – or how to become a Stephen Minister – contact Martha Lipscomb, Stephen Leader, at mmlipscomb@verizon.net or 301-518-1642.



Few things better demonstrate our hospitality than making sure all of our members and friends receive a warm welcome upon arrival at church, and that new Sunday morning visitors can get some simple questions answered! Please consider participating in St. Paul's Welcome Ministry. We are always looking for volunteers to cover the welcome table by the Sanctuary doors and guide people as they enter for worship. Families are invited to volunteer together!



St. Paul's makes every effort to reach out to those who are experiencing times of sickness, grief, change, or celebration by providing greeting cards each week. On typical Sundays, anyone can stop by the Welcome Desk to pick up a pre-addressed, pre-stamped card. You can write a personal note or simply sign the card and drop it in the mail. We know card recipients are truly thankful for the notes that come their way.

Want to send your own card later, or spend some time in prayer for our members and friends? Pick up a Congregational Care list at the welcome desk on Sunday mornings. Please note that the Congregational Care list is not exhaustive. For privacy reasons, St. Paul's only shares information if given permission to do so by the person(s) involved or an immediate family member. If you have information to share please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



Church leaders at St. Paul's serve in a unified board to guide such things as the church mission and ministry, finances, and personnel. The Leadership Team meets once a month in-person in the Octagon with a Zoom option. All meetings are open to the public. Contact the chairperson for 2026, Bill Stephens (wtstephens@verizon.net) for the meeting schedule and the Zoom link. For more about the Leadership Team, visit stpaulsk.org/community/meet-the-staff and scroll to the bottom of the page.



St. Paul's

United Methodist Church

10401 Armory Avenue
Kensington, MD 20895

stpaulsk.org | 301-933-7933

Worship with St. Paul's

Sunday Worship in the Sanctuary

September 6

10:30 AM • Summer Worship with Communion

September 13, 20, 27

9:00 AM • Worship with Communion

10:30 AM • Worship with Sanctuary Choir

Worship-at-Home

Livestreaming every Sunday at 10:30 AM

stpaulsk.org/worship/worship-at-home

September 2026 Epistle Options

Email (color) or Mail (black & white):

Email stpaulsunited@stpaulsk.org
to be added to the distribution list

Download (color)

stpaulsk.org/community/epistle-weekly-news