



The Senior Pastor's Letter

Connectional Witness

Connectional witness is the living pulse of the United Methodist Church — a reminder that our discipleship is never solitary but always shared, always woven into the larger fabric of Christ's body. At its heart, connectional witness proclaims that God has not called us to be isolated believers but a people bound together by grace, mission, and mutual care. In every generation, the Holy Spirit has used our connection to strengthen the church's witness, deepen our unity, and expand our reach far beyond what any single congregation could accomplish alone.

Connectional witness begins with Christian unity. In a culture that often celebrates independence and self-reliance, the gospel calls us into holy interdependence. Paul's image of the church as "one body with many members" is not simply poetic language; it is a blueprint for how we live, serve, and grow. Each congregation, each ministry, each disciple becomes a vital part of a larger whole. When one church rejoices, the entire connection rejoices. When one community faces hardship, the entire connection responds. This shared life becomes a living testimony that Christ is present, active, and binding us together in love.

Connectional witness also strengthens our mission. Through mission shares, shared ministries, global partnerships, and disaster relief, we accomplish together what no single church could do alone. One congregation may not be able to send missionaries across the world, but through the connection, St. Paul's participated in global evangelism, education, health care, and justice work. A rural church may not have the resources to support a large feeding ministry like our Hunger Ministry, yet through the connection, they join hands with others to address hunger in meaningful ways. Our witness becomes multiplied — expanded by the prayers, gifts, and service of believers we may never meet but with whom we are spiritually joined.

This shared mission is not merely structural; it is deeply spiritual. Connectional witness grows when we listen to one another, honor diverse voices, and trust that the Holy Spirit works through communities different from our own. It is seen when churches collaborate across districts, when youth groups serve together, when clergy support one another, and when laity share wisdom across generations. Every shared ministry, every cooperative mission, every cross-conference partnership points to Jesus. In these moments, we discover that connectional witness is not about uniformity but about unity — unity shaped by love, humility, and a willingness to learn from one another.

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The Senior Pastor's Letter

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Connectional witness also forms us spiritually. It teaches us that discipleship is not a private endeavor but a communal calling. When we pray for churches we have never visited, when we give generously to ministries we will never personally experience, when we celebrate the growth of congregations far from our own, we participate in a spiritual discipline of generosity and shared hope. The connection stretches our imagination, reminding us that the church is bigger than our sanctuary, our community, or our conference. It invites us to see ourselves as part of a global movement of grace.

Most importantly, connectional witness is a gift we offer the world. In an age marked by division, polarization, and fragmentation, the church's unity becomes a counter-cultural proclamation. When we show up for one another, when we give sacrificially, when we pray beyond our own walls, we reveal a Savior whose love binds people together in hope. Our unity becomes evangelism. Our shared mission becomes a testimony. Our connection becomes a living sign of Christ's reconciling love.

Connectional witness reminds us that we are never alone. We are part of a people shaped by grace, sustained by prayer, and empowered by the Spirit to love boldly, serve joyfully, and lead courageously. We belong to one another — not out of obligation, but out of love. And through that love, the world catches a glimpse of Christ.

May we cherish this calling. May our shared witness shine brightly. And may the world glimpse Christ through the beautiful, Spirit-woven connections that make us one.

Peace,
Pastor Sheridan

Welcoming Statement

We, the community of St. Paul's United Methodist Church, Kensington, welcome you in love. Jesus Christ accepts all, excluding none. So we welcome and affirm you who are gay, straight, lesbian, bisexual, transgender, or queer. We welcome you without regard to your sexual orientation, gender identity or expression, national origin, culture, race, ethnicity, ability, education, or age. We welcome you no matter your immigration, marital, or economic status. Wherever you are on your spiritual journey, we welcome and affirm you as one of God's children into our community of God's unbounded love. All are celebrated here and all are safe.

Contact Us

SENIOR PASTOR

Rev. Sheridan Allmond
sallmond@stpaulsk.org
301-933-7933 ext. 101

ASSOCIATE PASTOR

Rev. Joey Heath-Mason
joeyhm@stpaulsk.org
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DIRECTOR OF MUSIC

Mr. N. Thomas Pedersen
tpedersen@stpaulsk.org

ORGANIST

Mr. Marvin Mills
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Visit us online at
[stpaulsk.org/community/
meet-the-staff](http://stpaulsk.org/community/meet-the-staff)

Office Hours

Drop-in and Telephone Hours
Monday - Thursday
10:00 AM to 3:00 PM

To meet with specific clergy or staff, or for access to the building outside these hours, please make an appointment. Individual availability varies!

St. Paul's is closed on federal holidays and the week between Christmas & New Year's.

Thoughts from Pastor Joey

Each year, on the first Sunday in October, we join Christians around the world in celebrating World Communion Sunday. It is a day that reminds us of something both beautiful and important: the table of Jesus Christ extends beyond every border.

On the same day we receive the bread and cup, Christians across the globe will be doing the same. Some will worship in grand cathedrals, others in small country churches, and others in places we might not recognize as church buildings at all. The languages, music, customs, and traditions may differ, but all are united in faith in Jesus Christ.

World Communion Sunday invites us to remember that this connection is more than an idea. It is a spiritual reality rooted in the love of God.

When Jesus was asked, "Who is my neighbor?" he responded with the parable of the Good Samaritan (Luke 10:25–37). In that story, Jesus challenged the boundaries people had drawn around who counted as a neighbor. Love was not limited by nationality, religion, or social identity. The neighbor was the one who showed mercy.

It is easy to think of our neighbors as the people who live next door, attend our church, or share our experiences. We are certainly called to love and care for them. But the love of Christ does not end at the edge of our neighborhood or even our nation.

Our neighbors include people we may never meet, people who speak languages we do not understand, people whose experiences differ greatly from our own, and people living in places we may never visit.

Our neighbors also include people living right here among us who have come from every corner of the globe in search of freedom, safety, and the opportunity to build a life. Many of them now live in fear that a single encounter with the wrong government official could take it all away. It is a sin we as a nation will carry, because when we allow our neighbors to live in fear, we fail to live out the love Christ commands.

Their joys and sorrows matter. Their hopes and struggles matter. Their lives matter to God, and so they must matter to us.

The Apostle Paul reminds us, "Because there is one bread, we who are many are one body, for we all partake of the one bread" (1 Corinthians 10:17). When we come to the Lord's Table, we remember that we belong to something much larger than ourselves. We share in the body of Christ with people across the world, and the grace we receive at that table calls us to extend Christ's love to the whole human family.

And the table is just the beginning. Long after the bread and cup have been cleared away, it keeps calling us outward, to neighbors across the world and across the street.



Pastor Appreciation Month

A Message from the Leadership Team, Pastor-Parish Relations

October is Pastor Appreciation Month! Join us as we celebrate and give thanks for our pastors and the faithful leadership, care, and encouragement they provide to St. Paul's UMC. Throughout the month, take time to share a kind word, write a note of appreciation, pray for Pastor Sheridan and Pastor Joey, and show our gratitude for all they do. Together, let's make October a special month of encouragement and appreciation!

Worship Schedule and Sunday Scripture

Sunday, October 4

World Communion Sunday

Scripture: Ephesians 6:10-20

9:00 AM Worship with Communion

10:30 AM Worship with Communion and Choir

Rev. Joey Heath-Mason, preaching

Sunday, October 11

Scripture Philippians 4:1-9

9:00 AM Worship with Communion

10:30 AM Worship with Sanctuary Choir

Rev. Sheridan Allmond, preaching

Sunday, October 18

Scripture: Acts 10:34-43

9:00 AM Worship with Communion

10:30 AM Worship with Sanctuary Choir

Rev. Sheridan Allmond, preaching

Sunday, October 25

Scripture: TBA

9:00 AM Worship with Communion

10:30 AM Worship with Sanctuary Choir

Rev. Joey Heath-Mason, preaching

Worship Livestreams each Sunday at 10:30 AM
stpaulsk.org/worship/worship-at-home

Still Wednesday

Wednesdays each week

7:00-8:00 PM in the Octagon

"Come, Come whoever you are." All are invited to come to the Octagon every Wednesday, 7:00-8:00. You can light a candle, hear readings, prayers, journaling, and optional sharing. There will be 20 minutes of silent prayer. The exact format varies depending on the rotating leaders. It is an hour to slow down and experience contemplation.



WORLD COMMUNION SUNDAY

"Since there is one loaf of bread, we who are many are one body, because we all share the one loaf of bread."

—1 CORINTHIANS 10:17, CEB



World Communion Sunday and Special Offering

World Communion Sunday is one of the Special Sundays designated by the UMC. The connectional offering among all UMC congregations supports scholarships through the United Methodist Church for those called into ministry and service, all while celebrating the Great Thanksgiving and reminding us we are all one, since we all share in the one body of Christ.

To make a special World Communion Sunday offering or read about some of the lives that have been changed by World-Communion-funded scholarships, please visit stpaulsk.org/giving. Donations may be mailed to St. Paul's UMC, 10401 Armory Ave., Kensington MD 20895. Checks should be made to St. Paul's UMC with "World Communion" memo.

Stewardship



From Gregg Molander, Stewardship

This fall, we'll once again come together as a congregation to reflect on what St. Paul's means to each of us and how we can support the life and work of our church in the year ahead. Our 2027 Stewardship Campaign will begin Sunday, October 18, and continue through Friday, November 20 when we'll ask everyone to have their pledges submitted. Look for more information the week of October 12 about how you can participate in this year's campaign. We're grateful for the many ways you support St. Paul's and look forward to this journey together.

All Saints Sunday

On Sunday, November 1, 2026, the St. Paul's community will celebrate All Saints Sunday.

This is a cherished time in the worship calendar when we honor members of this church who have died in the past year. All Saints Sunday is also a time to recognize the lives of loved ones who have passed away during the year, so the special memorial bulletin for All Saints day also includes the names of deceased persons who were immediate family members of those in our church community and constituents of the church.

If you would like us to include the name of a relative of yours who died in the past 12 months, please share this information with us.

All information must be received by **Sunday, October 25, 2026** to be included in the memorial bulletin. Please use the submission form online at stpaulsk.org/worship/memorials, use the QR code, or find paper forms in the Narthex outside the Sanctuary doors. You may also email Erin Steele in the church office at stpaulsunited@stpaulsk.org or phone 301-933-7933 ext 100 and provide your name, the full name of the deceased as it should be printed, and their relationship to you.



All Saints 2026

Worship through Music



Our music ministries bring together members and friends of the St. Paul's community to make a joyful noise and lead in worship through music.

- **The Sanctuary Choir** is made of adult singers and youth in Grade 7 and up. Choir meets each Sunday morning in the Choir Room (room 211) to rehearse at 9:30 AM, then sings in worship at 10:30 AM. We also prepare additional music for Christmas and special services like Bluegrass Sunday. Singers are welcome on a week-to-week or continuing basis, so you are invited to try out choir any time or participate as you are able. Contact director Tom Pedersen at tpedersen@stpaulsk.org
- **Children's Choir** meets for singing, learning, snacks, and fun most Sundays after worship, 11:45-12:30 in the MPR. All children in grades K-6 and their friends are invited! Email director Ms. Christina Griffin at childrenschoir@stpaulsk.org.
- **Joyful Ringers**, our bell ensemble, rehearses Wednesdays 7:00-8:00 PM and plays in worship about once a month. If you've never played handbells before, we can teach you! Reach out to director Tom Pedersen at tpedersen@stpaulsk.org

Milestone Birthday

Deane Hill is currently the longest-standing member of our congregation, having joined St. Paul's in 1949! She is celebrating her 90th birthday on October 14.



Birthday cards and well-wishes can be sent to:
Mrs. Deane K. Hill
3210 N. Leisure World Blvd.
Apt. 507
Silver Spring MD 20906

Please join us for a special Sipping Ministry after the 10:30 AM worship service on Sunday, October 4 when her family will host the coffee hour with a birthday cake. Blank birthday cards are also available in the Narthex to help spread happy birthday wishes.

Send a Card or Note

The following St. Paul's members are currently limited in their abilities to participate in the life of the church in-person, and appreciate your thoughts and expressions of care.

Mrs. Lyda Brookbank

Friends House
17141 Friends House Rd.
Sandy Spring MD 20860

Mrs. Edie Kirk

3616 Littledale Rd
#109
Kensington MD 20895

Mrs. Alicia Dandridge

9701 Veirs Dr.
Rockville MD 20850

Mr. Bob Neidecker

415 Russell Ave.
Apt. 418
Gaithersburg MD 20877



Congregational Care

Joys and concerns are shared each week in the Congregational Care list, available for pick-up in the Narthex. Our dedicated Card Ministry volunteers also prepare cards, so our members and friends can easily drop a note to someone who can use a little encouragement. Additional prayer concerns are lifted up each week during the Prayerwaves phone call. See more details about these ministries on page 11!

Thank You!

Dear St. Paul's United Methodist Church,

On behalf of the Oakleaf Club of Greater Washington, we would like to thank you for your donation in 2026. Your support helps promote benevolence programs for military families, and the staff and patients at Walter Reed Medical Center. We appreciate you!

~ Amanda Joyce (Sunshine Chair) with
Lee Malone, Alicia McMahon, and Eva Stark

Thank You!

Dear St. Paul's UMC,

The dear people you have helped with your gifts to UMCOR may never have the opportunity to meet you, but if they did, I am certain their response would be: Thank you!

Through your financial support you are serving within a vital web of interactive relationships, partnering to engage globally in direct ministry to people in need. Together, may we continue to reveal the love of God for all people of all ethnic, racial, cultural, and national backgrounds, and to demonstrate the healing power of the gospel with those who suffer.

In God's Mission Together,

~ Roland Fernandes

General Secretary of Global Ministries,
UMCOR



Kensington Coffeehouse

October 24, 7:00-10:00 PM

Many thanks to those who have made special donations to help bring the coffeehouse back to St. Paul's!



We have an all-new lineup for the another coffee house experience on October 24. Time in the Wilderness, an instrumental jazz, funk, and world-fusion quintet, will take the stage along with singer-songwriters Cletus Kennelly, David Scott Weaver, and Hassan El-Tayyab from the band American Nomad. You can read more about each of these acts and Kensington Coffeehouse at <https://www.kensingtoncoffeehouse.org/>

Tickets are \$10 and may be purchased online, using the QR code, or at the door. Fresh hot coffee and baked goods, including JennyCakes specialties, also will be available for purchase. Proceeds from the Coffeehouse will go to support St. Paul's Hunger Ministry. Volunteers are always welcome to help support the show! For more information contact Molly Ruskin: mollyruskin@gmail.com.



Hunger Ministry

It's not just individual households seeing their grocery bills rise. St. Paul's has also seen an up-tick in what it takes to provide food assistance to 170 households in the 20895 ZIP code every month. Please donate non-perishables from our list or make a financial contribution to help us purchase pantry staples and to cover the grocery store cards that allow our recipients to choose fresh produce, meat, dairy, frozen foods, or hygiene products with dignity.

Donations Needed Every Month

- **peanut butter**
- **canned tuna**
- **canned chicken**
- **canned vegetables**
- **canned fruit or applesauce**
- **pasta**
- **rice**
- **beans**
- **cereal**
- **soup**
- **instant/quick-cook oatmeal**
- **pasta sauce (plastic jars or cans)**
- **boxed milk or oat milk**



"NO THANK YOU"

- No dirty or damaged containers.
- No items beyond their "best by / sell by" dates.
We can't give out damaged or expired containers, and our volunteers have to throw them away.
- No glass. Glass breaks!



Lay Leader Reflections: Meet Jonathan Smith, Leadership Team Secretary

From Anne Dean, Lay Leader

For our Church Leadership Team secretary, Jonathan Smith's journey with St. Paul's came in two chapters. His family first joined when he was in fourth grade. After college and a busy professional season, Jonathan returned to regular worship, when daughter, Julia, was young. Jonathan wanted Julia to experience the community that had meant so much to him growing up.

Community, family programming, and the people of St. Paul's drew Jonathan back and led him to leadership. In 2020, a personal outreach invited him to serve as Church Leadership Team secretary. Jonathan saw an opportunity for personal growth and a chance to help move the church's work forward.

What has surprised Jonathan most? "The number of good things that the church does within itself and outside the four walls. The amount of good we are doing is greater than I realized."

Serving has also shown him the communal power of contributing to something larger. By sharing his time and talents with the church, Jonathan can amplify what he could accomplish on his own.

A recent favorite Scripture is Romans 12:9-21, a challenging reminder that discipleship calls us to do difficult things for the good of others. The Prayer of Ignatius of Loyola also resonates with a similar message. Both are easy to make personal. A favorite hymn is tough to pin down but Jonathan did call out, as one of many, "For the Healing of the Nations" (428).

After five years of leadership service, Jonathan offers his own invitation: "We do a lot of good stuff — more than folks would realize. We can always use an extra pair of hands. Come join us!"



Bell Tower Repairs

From Mike Barnes, Leadership Team & Trustees

On behalf of the Leadership Team, I wanted to update everyone on our ongoing work in the bell tower to get safe access up to the belfry so we can check on the condition of our bell and related hardware.

All electrical work has been done to provide light in the tower, and a new intermediate platform has been built. The new permanent ladder is scheduled to be installed in mid-October. Our bell has both internal and external striking mechanisms that appear to be in good condition, and we hope to have our bell ringing once again shortly.

Top: A view from the floor looking upward at the temporary platforms and scaffolding, allowing workers safe access inside the bell tower.

Bottom: The inscription on our tower bell reads McShane Bell Foundry, Baltimore, Md. 1897. McShane, now operating out of St. Louis, Missouri, was founded in Baltimore in 1847 and is America's oldest continually-operating bell foundry.



Apple Sale News

With great regret, we share the news that the Apple Sale will not take place this fall. Scenic View Orchards, where we have been getting our apples for many years, was severely hit by the late April frost that killed their apple tree blossoms. Our apple sale organizers contacted several other orchards to determine if they could provide what we would need to have the sale, but none were able to help us. We invite you to pray for the farmers and farm workers whose livelihoods are impacted by this event. We hope to have better news next year!

Pancake Breakfast

Schedule for 2026: Oct. 3, Nov. 7, Dec. 5

Serving hours: 8:00-10:00 AM

The all-you-can-eat breakfast continues on the first Saturday of each month! We will have delicious buttermilk pancakes, fresh sage sausage, scrambled eggs, grits, fruit, and coffee, tea, or hot chocolate. There will also be a specialty pancake served along with the regular selections. Invite your friends and neighbors to join us in the Fellowship Hall! Diners are asked to make a generous donation at the door. Proceeds from the breakfasts will go towards supporting local charitable organizations.



Taste & Sing

Tuesday, October 20, 2026

12:00-1:30 PM

Our casual time of food and song is held on the 3rd Tuesday of the month, September-May! No musical expertise necessary! We start by singing some hymns from the UM Hymnal - feel free to request your favorites! St. Paul's Director of Music, Mr. Tom Pedersen, will be at the keyboard. Then Dr. Erin Steele will guide us through a short program about a composer, lyricist, or theme, offering a deeper dive into the stories behind some of our worship songs. Our time together culminates with fellowship over a tasty lunch for a \$5 donation. Each meal is lovingly prepared by Ginny Hagberg.

Bible & Brews

Saturday, October 24, 2026

5:00-6:00 PM

All are welcome at this monthly gathering for interfaith conversations with Pastor Joey, Rabbi Adam, and friends from Temple Emanuel. Family-friendly meetings take place at a local Kensington small business, where you can purchase food or beverages as you like. For October, we plan to meet at Babycat Brewery (10241 Kensington Parkway, Kensington MD). Contact joeyhm@stpaulsk.org to confirm details!



Sunday School for Grades K-5

On the first Sunday of each month, all children will be in the Sanctuary with their families for worship to experience the full rhythm of worship, including Communion. Kids in worship are welcome to borrow a Busy Bag with quiet children's activities. Restless friends (with an adult) can take a break in the Library where we have a variety of children's books, or in the Octagon where we can run a livestream of the service on the large TV screen.

The rest of the month, we strive to offer Sunday School classes for grades K-5 during the 10:30 AM worship hour. Grades K-2 meet in Room 200 and grades 3-5 meet in the Parlor.



Nursery care is available for children in Pre-K and younger during the 10:30 worship hour. Our young friends are also always welcome in worship!

St. Paul's Youth

To start the new SPY year, six of our SPY kids spent a day together at HersheyPark on September 12. Rachel & Travis Stalcup and Stephen Dean went along as chaperones. The day was a great way to begin the year together. Everyone got to enjoy the park in their own way. Some kids headed straight for the roller coasters. Others preferred the spinning rides, and a few were happy to take in the sights. Between the rides, the food, and the laughs, it was a chance for our group to build friendships outside of our usual meeting time. Thank you to everyone who supports this youth ministry. We're looking forward to a great year together!



Sunday, October 4, 7:00-8:30 PM is our first SPY meeting in the Multi-Purpose Room at St. Paul's. This is also an Info Session for parents & caregivers! We strongly encourage adults to attend this first meeting to learn more about SPY, meet our volunteer leaders, and find out how you can support youth connections throughout the year!

SPYs at IGNITE

Each year, our youth and parent chaperones attend the Baltimore-Washington Conference's IGNITE youth conference in Ocean City. It's some church/worship/workshops, some music concerts, some dodgeball, some crafts, some giant pizzas, some indoor swimming, and some boardwalk to boot! The first year we had a few rather tentative attendees, and those are the ones that had the most fun in the end! So if your youth is even a little interested, we'd nudge them to try it. IGNITE this year will be January 22-24, 2027 (earlier than previous years!). Earlybird registration closes at the end of October. Please contact Megan Montgomery (megan.w.montgomery@gmail.com) with "yes" and "possible yes" RSVPs by October 26.



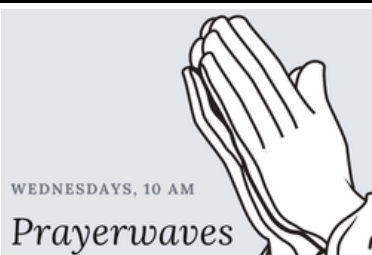
Sermon Safari

Wednesdays, 4:00-5:00 via Zoom

Come one, come all! St. Paul's virtual Sermon Safari adventures continue weekly throughout the fall. This come-when-you-can, drop-in Zoom study invites participants to watch a sermon together and then dive into a lively, thoughtful discussion that sparks insight and connection. While we're blessed with a dedicated (and international!) circle of regulars, new explorers are always warmly welcomed. Your presence and your voice will enrich the journey! For more information or to receive the Zoom link, contact Dr. Meg Baker at megbaker@verizon.net.

More Ways to Be Involved

Many groups meet regularly during the year, and there are many ways to get involved with ministries, outreach, and hospitality at St. Paul's. Here are some of the groups inviting you to join in ministry and fellowship.



Wednesdays, 10:00-10:30 AM

Prayerwaves meets each week by phone for 15 to 30 minutes. We take turns lifting up the needs of the church, community, and the world. On Wednesday, dial 425-436-6326 a few minutes before 10:00 AM. Enter access code 774042 followed by the # sign. If you would like to receive the prayer list by email, please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



This time for fellowship with drinks and snacks after worship occurs whenever a family, class, or groups offers to host. You might serve the ever-popular coffee and cookies... or it might be lemonade and cheese crackers, tea and tarts, cider and donuts, cocoa and candy canes... you decide! To host, simply add your name or group to the chart on the office bulletin board and take an instructions sheet (also available for download at stpaulsk.org/community/calendar-events).



Would life feel better right now if you had someone to listen to your worries and cares? Stephen Ministers are there for you! Stephen Ministers have received special training to provide one-on-one Christian care to those who are experiencing challenging life events. To learn how you or someone you know can receive care – or how to become a Stephen Minister – contact Martha Lipscomb, Stephen Leader, at mmlipscomb@verizon.net or 301-518-1642.



Few things better demonstrate our hospitality than making sure all of our members and friends receive a warm welcome upon arrival at church, and that new Sunday morning visitors can get some simple questions answered! Please consider participating in St. Paul's Welcome Ministry. We are always looking for volunteers to cover the welcome table by the Sanctuary doors and guide people as they enter for worship. Families are invited to volunteer together!



St. Paul's makes every effort to reach out to those who are experiencing times of sickness, grief, change, or celebration by providing greeting cards each week. On typical Sundays, anyone can stop by the Welcome Desk to pick up a pre-addressed, pre-stamped card. You can write a personal note or simply sign the card and drop it in the mail. We know card recipients are truly thankful for the notes that come their way.

Want to send your own card later, or spend some time in prayer for our members and friends? Pick up a Congregational Care list at the welcome desk on Sunday mornings. Please note that the Congregational Care list is not exhaustive. For privacy reasons, St. Paul's only shares information if given permission to do so by the person(s) involved or an immediate family member. If you have information to share please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



Church leaders at St. Paul's serve in a unified board to guide such things as the church mission and ministry, finances, and personnel. The Leadership Team meets once a month in-person in the Octagon with a Zoom option. All meetings are open to the public. Contact the chairperson for 2026, Bill Stephens (wtstephens@verizon.net) for the meeting schedule and the Zoom link. For more about the Leadership Team, visit stpaulsk.org/community/meet-the-staff and scroll to the bottom of the page.



St. Paul's

United Methodist Church

10401 Armory Avenue
Kensington, MD 20895

stpaulsk.org | 301-933-7933

Worship with St. Paul's

Sunday Worship in the Sanctuary

October 4

9:00 AM • Worship with Communion

10:30 AM • Worship with Communion & Sanctuary Choir

October 11, 18, 25

9:00 AM • Worship with Communion

10:30 AM • Worship with Sanctuary Choir

Worship-at-Home

Livestreaming every Sunday at 10:30 AM

stpaulsk.org/worship/worship-at-home

October 2026

Epistle Options

Email (color) or Mail (black & white):

Email stpaulsunited@stpaulsk.org
to be added to the distribution list

Download (color)

stpaulsk.org/community/epistle-weekly-news



ST PAUL'S
UNITED
METHODIST
CHURCH