



The Senior Pastor's Letter

Psalm 123

I raise my eyes to you — you who rule heaven. Just as the eyes of servants attend to their masters' hand, just as the eyes of a female servant attend to her mistress' hand — that's how our eyes attend to the LORD our God until he has mercy on us. Have mercy on us, LORD! Have mercy because we've had more than enough shame. We've had more than enough mockery from the self-confident, more than enough shame from the proud.

Psalm 123 is one of the briefest psalms, yet it carries a depth that speaks powerfully to the life of faith. In the CEB translation It begins with a simple, striking declaration: "I raise my eyes to you — you who rule heaven." That upward gaze sets the tone for the entire psalm. It is a prayer of alignment, a reminder that our help, our hope, and our healing come from God alone.

In our Wesleyan tradition, this upward gaze resonates with the call to holiness of heart and life. We look to God not as an escape from the world but as the One who empowers us to live faithfully within it. Psalm 123 acknowledges that life includes seasons of ridicule, hardship, and weariness. Yet the psalmist's response is not despair—it is dependence.

The psalmist uses the image of servants watching the hands of their master or mistress. It's an image of attentiveness, readiness, and trust. In the ancient world, servants watched for subtle gestures — signals of direction, provision, or protection. Their eyes stayed fixed because their well being depended on it.

For us, this image becomes a metaphor for spiritual attentiveness. We are invited to keep our eyes on God's movement, God's nudges, God's mercy. It's prevenient grace—the grace that goes before us, guiding us even when we do not yet recognize it. Our spiritual posture is not passive; it is expectant.

The writer does not shy away from the reality of suffering. The psalm speaks of being "held in contempt" and "ridiculed" by the proud. Many of us know what it feels like to be dismissed, overlooked, or misunderstood. Churches know this feeling too — trying to be faithful in a world that often values speed over depth, noise over wisdom and self promotion over service.

Yet the psalm does not end in complaint. It ends in a prayer for mercy. Mercy is the heartbeat of the psalm, and it is the heartbeat of the gospel. When we pray for mercy, we are not asking for pity — we are asking for God's healing presence to meet us in our need.

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The Senior Pastor's Letter

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Mercy is not merely forgiveness; it is transformation. God's mercy reshapes us. It softens what has hardened. It strengthens what has weakened. It restores what has been worn down by ridicule or exhaustion.

Psalm 123 teaches us that mercy is not something we demand — it is something we wait for. And waiting, in Scripture, is never passive. It is active trust. It is leaning forward with hope. It is believing that God's character is good even when circumstances are not.

This psalm is written in the plural: "Have mercy on us, Lord." It is a communal prayer. At St. Paul's we understand the power of community — connectionalism is part of our identity. We do not wait alone. We do not suffer alone. We do not hope alone.

Psalm 123 becomes a reminder that the church is a community of people who lift their eyes together. We encourage one another, pray for one another, and hold one another through seasons of contempt or weariness. We wait for mercy as a body, trusting that God's grace is sufficient for all of us.

As we continue to reflect on Psalm 123, consider what it means to lift our eyes. Where are we looking? What gestures of God's mercy might be appearing in your life — quiet, subtle, but real? What would it mean to adopt a posture of attentiveness, humility, and hope?

This psalm invites us to slow down, breathe deeply and remember God's mercy is not theoretical. It is present. It is active. It is coming.

Paz,
Pastor Sheridan

scam Reminder



Scammers use public information (like the pastor's name) to create fake email addresses and pose as church leaders, asking for money or gift cards. Contributions should only be made through stpaulsk.org/giving or sent to the church's physical address at 10401 Armory Avenue, Kensington MD 20895.

Summer Schedule

St. Paul's is on summer hours!

**We share one Sunday worship service at 10:30 AM.
Drop-in & Telephone Office Hours are
Tuesday-Thursday, 10:00 AM - 2:00 PM.**

Staff and building access are available outside of these hours by appointment. Please contact us if you wish to see a specific person. Staff and clergy may be taking vacation days, attending meetings, or using remote-work/flex hours. Many groups are also on break! Please check with leaders to confirm meeting times.



Contact Us

SENIOR PASTOR

Rev. Sheridan Allmond
sallmond@stpaulsk.org
301-933-7933 ext. 101

ASSOCIATE PASTOR

Rev. Joey Heath-Mason
joeyhm@stpaulsk.org
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tpedersen@stpaulsk.org

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& BOOKKEEPER

Ms. Tracey Furman
tfurman@stpaulsk.org
301-933-7933 ext. 106

Visit us online at
[stpaulsk.org/community/
meet-the-staff](http://stpaulsk.org/community/meet-the-staff)

Office Hours

**Drop-in and Telephone Hours
Tuesday - Thursday
10:00 AM to 2:00 PM**

To meet with specific clergy or staff, or for access to the building outside these hours, please make an appointment. Individual availability varies!

St. Paul's is closed on federal holidays and the week between Christmas & New Year's.

Thoughts from Pastor Joey

Most of us recognize the old image of Uncle Sam pointing directly at us with the words, “I Want You.” It was meant to get attention. It was meant to remind people that they had a part to play.

As we move into August and begin looking toward the fall, I want to offer a similar invitation: your church needs you.

This really isn’t about just filling empty slots or making anyone feel guilty. The church needs you because God has given each of us gifts that can bless others. And the work of the church only happens when we, the hands and feet of Christ, do the work.

Paul writes in 1 Corinthians 12:4-6, “Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord.” That means there is no single way to serve faithfully. Some people are comfortable standing in front of a room. Others would rather work quietly behind the scenes. Some enjoy teaching children, singing in the choir, preparing meals, greeting visitors, caring for the building, visiting those who are lonely, helping with technology, or organizing supplies.

Every bit matters.

Sometimes we convince ourselves that volunteering is only for people who have more time, more experience, or more confidence. We may think, “Someone else can do that better,” or “I am not sure I have much to offer.” But God has never asked us to offer gifts we do not have. God asks us to faithfully use the gifts we have been given.

Serving also changes us. When we volunteer, we get to know people we might not otherwise meet. We become more connected to the life of the church. We begin to see ministry not as something that happens around us, but as something God is doing through us. The church is strongest when we understand that ministry belongs to all of us. Pastors and staff may provide leadership, but the work of sharing Christ’s love is the calling of the whole congregation.

So, where might God be calling you to serve?

Perhaps there is a ministry you have been curious about. Perhaps there is something you once enjoyed doing and might consider doing again. Perhaps you have a gift that our church has not yet discovered.

You do not have to do everything. You do not have to serve forever. You simply have to be willing to take one faithful step.

This August, I invite you to pray about where God might be calling you to serve. Look around. Ask questions. Try something new.

Your church needs you, not just to fill a position, but to share the gifts God has placed within you. And when each of us offers what we can, God has a wonderful way of turning our individual gifts into something far greater than we could accomplish alone.



Photo: Many of our ministries and activities, highlighted on the bulletin board in the office wing. Check it out when you're nearby and imagine the possibilities!

Worship Schedule and Sunday Scripture

Sunday, August 2

Scripture: Matthew 14:13-21

10:30 AM Summer Worship

Rev. Sheridan Allmond, preaching

Sunday, August 9

Scripture: Matthew 14:22-33

10:30 AM Summer Worship

Rev. Joey Heath-Mason, preaching

Sunday, August 16

Scripture: Matthew 15:10-20, 21-28

10:30 AM Summer Worship

Rev. Joey Heath-Mason, preaching

Sunday, August 23

Scripture: Matthew 16:13-20

10:30 AM Summer Worship

Rev. Joey Heath-Mason, preaching

Sunday, August 30

Scripture: Romans 12:9-21

10:30 AM Summer Worship

Rev. Sheridan Allmond, preaching

Worship Livestreams each Sunday at 10:30 AM
stpaulsk.org/worship/worship-at-home

Still Wednesday Summer

Wednesday

August 19, 2026

7:00-8:00 PM

Come to the Octagon, light a candle, and settle into this hour of reflection, prayer, contemplation, and togetherness. The exact format varies depending on the rotating leaders, but usually includes 20 minutes of silent prayer.

We will return to weekly meetings in September.



Summer Worship Hours

Summer Sunday Worship

June 14 to August 30, 2026

10:30 AM only

Communion during Worship: 1st Sunday of the month
On Sundays when communion is not part of the order of worship, blessed "all-in-one" packages will be available at the chancel rail for all who wish to receive communion.

Summer Break

Many groups modify their schedules or take a break during the summer season, before coming back refreshed to greet the new programming year in the fall.

Currently on Summer Break

Pancake Breakfast – returning Sept. 5

Still Wednesday – returning to weekly meetings Sept. 9

Sanctuary Choir – returning Sept. 13

Yarn Ministry – returning Sept. 14

Taste & Sing – returning Sept. 15

United Methodist Men – returning Sept. 16

Children's Choir – returning Sept. 27

Joyful Ringers Bell Ensemble – returning Sept. 30

St. Paul's Youth (SPY)

Lydia Circle Sisters

Sunday School

Sermon Safari

Sympathy

The St. Paul's community offers our deepest sympathies for those who have lost loved ones recently.



The family of
Erma McWilliams
following her death

Peggy Graham and family,
following the death of her brother
Jay Whitcomb

Send a Card or Note

The following St. Paul's members are currently limited in their abilities to participate in the life of the church in-person, and appreciate your thoughts and expressions of care.

Mrs. Lyda Brookbank
Friends House
17141 Friends House Rd.
Sandy Spring, MD 20860

Mrs. Edie Kirk
3616 Littledale Rd
#109
Kensington MD 20895

Mrs. Alicia Dandridge
9701 Veirs Dr.
Rockville MD 20850

Mr. Bob Neidecker
415 Russell Ave.
Apt. 418
Gaithersburg, MD 20877

Joy

We celebrate
the birth of

**Grayson
Hajoon
Solomon**

grandson of
Mari-Jo & Larry Solomon
born July 2, 2026



Thank You!

Phil and I want to thank everyone at St. Paul's for your many kindnesses following the recent passing of my mom, Beryl Spry. I have been so grateful for your hugs and your loving words, both in cards and in person. You are indeed a beloved community.
~ Anne Rush



Welcoming Statement

We, the community of St. Paul's United Methodist Church, Kensington, welcome you in love. Jesus Christ accepts all, excluding none. So we welcome and affirm you who are gay, straight, lesbian, bisexual, transgender, or queer. We welcome you without regard to your sexual orientation, gender identity or expression, national origin, culture, race, ethnicity, ability, education, or age. We welcome you no matter your immigration, marital, or economic status. Wherever you are on your spiritual journey, we welcome and affirm you as one of God's children into our community of God's unbounded love. All are celebrated here and all are safe.



Happy 100th Birthday!

Ms. Ruby Meyers celebrates her 100th birthday on August 10! Consider showering Ruby with cards and well-wishes. Look for a basket in the Narthex, or mail a card to her home at 10514 Parkwood Drive, Kensington MD 20895. We will also celebrate this milestone birthday at a special Sipping Ministry fellowship time after worship on August 9.



Backpacks & School Supplies



August 2-9, 2026

St. Paul's UMC partners with Interfaith Works each year to get new school supplies to disadvantaged children across Montgomery County before the start of the school year. Thank you for donating NEW school supplies to help families who would otherwise struggle to source these items themselves! All donations must be received at St. Paul's by August 9! Our Justice & Compassion team will then deliver our donations to InterFaith Works for distribution. If you prefer to make a monetary contribution, we will use those funds to order additional items directly from Interfaith Works wish list.

SUPPLIES REQUESTED (all items must be NEW)

Backpacks, approx. 15"-19"

Composition or spiral-bound notebook

Markers (10-color box)

Crayons (24-color box)

2-pocket folders

1-inch three ring binder

Lined filler paper for binders

Pens (Blue or Black ink)

Colored pencils

Pencil pouches or boxes

Pencils

Scissors

Erasers

Ruler

Index cards

Highlighters

Glue Sticks

Kensington Coffee House @ St. Paul's



Some friends of St. Paul's may remember the years when the Kensington Coffeehouse at St. Paul's brought local and national musicians to Fellowship Hall for an evening of live original music, homemade desserts, and hot coffee.

We are thrilled to announce that this fall, we will reopen with a fresh and varied lineup of artists!

Please join us Saturday, September 19, 7:00-10:00 PM in the Fellowship Hall.

Admission will be just \$10. We will have online ticketing coming soon, or you can pay at the door! Coffee and dessert are an additional optional charge.

The featured performers for September are The Sidleys Electric Duo.

The Sidleys consists of husband and wife, Annie & Steve Sidley. With over 30 years experience in performing together, they have taken their award-winning songwriting talents and crafted an impressive blend of rock and soul. From their amazing original songs to a widely varied and unexpected choice of covers, The Sidleys bring an electrifying performance everywhere they go. They have gained a reputation for being one of the most talented acts around, and have toured all over the US. Come join us! You can check out more about the Sidleys, including some performance highlights, at <https://www.thesidleys.com/sidleyelectricduo>

The Kensington Coffeehouse team is looking to expand! If you are interested in working with Jenny Smith to bake or help with the refreshment table, please reach out to jenny.kensington@verizon.net. If you're just interested in being involved some other way, please reach out to Molly Ruskin: mollyruskin@gmail.com.

Most importantly, please come to our show September 19, and have a great time!

Hunger Ministry Updates



We have officially been invited to apply to become a distributing partner of the Capital Area Food Bank! This would give us access to their supply of bulk grocery orders. Unfortunately, there's not only a lot of paperwork involved, but also there are also a lot of waiting periods. So this summer, we are relying on our members and friends to fill the shelves with our most-needed grocery essentials, just as we did when we set out over a decade ago to help make the 20895 ZIP code a "Hunger Free Zone." Our financial supporters also make it possible for us to provide our recipients with grocery cards. This allow them to purchase the fresh produce, meat, dairy, frozen foods, or hygiene products that their families need.

Food insecurity doesn't take a summer break. St. Paul's continues to serve about 170 households every month., because of our volunteers and donors! From moving supplies to taking inventory, from packing bags to sorting donated produce, from delivering groceries to greeting recipients to handing out meals, all of it happens because of you!

Donations Needed Every Month

** Special Focus for Summer*

- peanut butter
- *canned tuna **
- *canned chicken **
- canned vegetables
- canned fruit or applesauce
- *cereal **
- *instant/quick oatmeal **
- soup
- rice
- beans
- pasta
- pasta sauce (plastic jars)
- cooking oil
- boxed milk or oat milk

"NO THANK YOU"

--- No dirty or damaged containers. No items beyond their "best by" or "sell by" dates.

We can't give them out, and our volunteers have to throw away damaged or "expired" containers.

--- No glass. Glass breaks and creates a hazard - and a mess!

Do you know a member of the church or someone in our neighborhood who needs food? New recipients can contact the church office or visit the Fellowship Hall at 7:00 PM on the second Monday each month.



Taste & Sing

Taste & Sing returns Tuesday, September 15, 12:00-1:30 PM

Our casual time of food and song is held once a month, September-May! St. Paul's Director of Music, Mr. Tom Pedersen, will be at the keyboard. We start by singing through some hymns from the UM Hymnal - feel free to request your favorites! No musical expertise necessary! Then Dr. Erin Steele will guide us through a short program about a composer, lyricist, or theme, offering a deeper dive into the stories behind some of our worship songs. Our time together culminates with fellowship over a tasty lunch for a \$5 donation. Each meal is lovingly prepared by Ginny Hagberg.



Bible & Brews

Saturday, August 15, 2026

5:00-6:00 PM

All are welcome at this monthly gathering for interfaith conversations with Pastor Joey, Rabbi Adam, and friends from Temple Emanuel. Family-friendly meetings take place at a local Kensington small business, where you can purchase food or beverages as you like. For the summer months, we will meet at Babycat Brewery. Contact joeyhm@stpaulsk.org with any questions!

Save the Date! United Methodist Men

Wednesday, September 16, 6:30-8:30 PM

After a long lapse, the United Methodist Men will resume holding periodic suppers and general meetings. All men of the church - and their sons! - are invited to this gathering. We will have subs & pizza from Continental, as we often did before Covid. We will also have a nice dessert of some kind. The cost for all attendees will be \$8 per person. If you would like to attend, please send RSVP by contacting Jerry Watkins at j50.09w@verizon.net or 301-675-1236. More information about this opportunity will appear in the September Epistle.



Lydia Circle Leaders

After 13 years of service, Susan Schwarz has stepped down as the leader of the Lydia Circle. Any ladies interested in leading the Lydia Circle starting in Fall 2026 may contact Susan at susan10748@aol.com or 301-339-8242 for more information.

Pancake Breakfast Returns!

Schedule for 2026:

Sept. 5, 2026

Oct. 3, 2026

Nov. 7, 2026

Dec. 5, 2026

Serving hours: 8:00-10:30 AM



Our popular Community Pancake Breakfast, sponsored by our United Methodist Men's group, will be back in September after our traditional summer break! Bring your friends, and your appetite! Breakfasts are scheduled for the first Saturday of each month, September-June. The monthly menu includes pancakes, scrambled eggs, fresh sage sausage, grits, fruit, and coffee, tea, hot chocolate and milk. There is also a specialty treat offered every month! Past favorites included French toast, strawberry waffles, breakfast burritos, corn hoecakes...

Join us in the Fellowship Hall! Use the entrance at the corner of Mitchell & Fawcett Streets. Instead of charging a fixed price, families are asked to make a generous goodwill donation. (As a guide, the suggested amount is \$20 for a family of 4.) Proceeds benefit community ministries at St. Paul's and charitable organizations across our region and around the world.

Lay Leader Reflections

From Anne Dean, Lay Leader

Dear friends,

Starting after Easter this year, the Church Leadership Team at St. Paul's has been showing up in a new way. We have talked about the unique Spiritual Gifts we each hold as uniquely divine from God. We have shared what it means to serve St. Paul's mission and ministry through the Church Leadership Team. We have told our own story of why serving feels right for us.

Now, we invite you. Please join us. Just like the communion table, there is room and space for all gifts at the Church Leadership Team table. In serving the church, you are serving our ministries. In serving our ministries, you are serving God's people. In serving God's people, you are serving God. Yes, we also do "business" - the business of the church, the business of God.

If you think you don't have enough experience, or the right kind of experience, know *God has gifted you*. You do not need to be an expert, only someone who cares about the mission of our church.

Psalm 78:71-72 says, "He chose David his servant and took him from the sheep pens; from tending the sheep he brought him to be the shepherd of his people Jacob, of Israel his inheritance. And David shepherded them with integrity of heart; with skillful hands he led them."

This fall, we will elect new church leaders. If God is calling you, reach out to Pastor Sheridan (sallmond@stpaulsk.org), Pastor Joey (joeyhm@stpaulsk.org), Leadership Team chair Bill Stephens (wtstephens@verizon.net), Lay Leader Anne Deane (annepdean@gmail.com), or another Leadership Team member. You can find all the current members of the leadership team, and some of the areas where they focus their service, listed at stpaulsk.org/community/meet-the-staff. Please join us.

Get Ready! Music Ministries Are Coming

After a refreshing summer break, the music ministries are coming back! Want to get involved? Contact Tom Pedersen, Director of Music, at tpedersen@stpaulsk.org to learn more!

The Sanctuary Choir is made of adult and youth singers (grade 7 and older) who lend their musical voices to lead and enrich each 10:30 AM worship service. We are eager to catch up with old friends and welcome new ones! Please contact Director of Music Tom Pedersen at tpedersen@stpaulsk.org if you have any questions.

*Beginning Sunday, September 13, 2026
Rehearsals: 9:30 AM on Sundays in Room 211 (Choir Room)*

We lead music in worship at 10:30 AM on Sundays

Singers are welcome on a week-to-week or ongoing basis!

The Children's Choir is for students in grades K-6. We need many voices to make beautiful music together! Come sing, have fun with friends, and share God's message through song. Have a friend who loves to sing? Bring them along! Everyone is welcome!

*Beginning September 27, 2026
Rehearsals most Sundays after
10:30 Worship
11:45 AM – 12:30 PM in the MPR*

Come for snacks, songs, and fun!
Contact Children's Choir Director Ms. Christina Griffin at childrenschoir@stpaulsk.org.

The Joyful Ringers is a handbell choir for adults that promises fun and fellowship. We are looking for new ringers! The Joyful Ringers ensemble has been ringing since 1966 and includes members of varying levels of musical experience.

*Beginning Wednesday, Sept. 30, 2026
Rehearsals Wednesdays,
7:00-8:30 PM*

We play for Sunday services approximately once a month.

Children's Programming

All children in grades K-5 will be in worship with their families during the 10:30 worship hour for most of the summer.

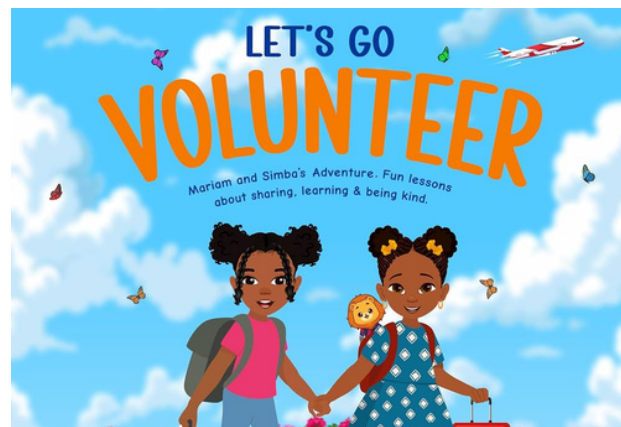
Busy Bags with quiet children's activities can be found at the Welcome desk. Restless friends of any age (accompanied by an adult) are always welcome to take a break in the Octagon room across from the Sanctuary, where we usually have our worship livestream playing, or the Library near the restrooms where there are comfy chairs and children's books

Nursery care is usually available for children in Pre-K and younger during the 10:30 worship hour.

PLEASE NOTE: August 2: Our professional nursery workers are both out of town on August 2, so there will be no nursery care that day.

Our youngest friends are also always welcome in worship.

Summer Sunday School Special Event!
August 23: During the 10:30 worship service, all kids in grades K-5 will be invited to hear local author Zawadi Sakapalla-Ukondwa read her new book, "Let's Go Volunteer," an original story with fun lessons about sharing, learning, and being kind.



Confirmation Classes Coming Soon!

The pastors will be offering a Confirmation Class during the 2026-2027 programming year!

Confirmation Class is designed for young people in Grade 6 (age 12) and up, who have not yet become full members of the church and would like to learn more about faith, beliefs, history, the present day United Methodist Church, and what it means to be a member.



If someone in your household is a good fit for Confirmation Class, or if you have questions, please contact Pastor Sheridan (sallmond@stpaulsk.org).

OVERVIEW

Confirmation is a commitment. It requires regular class attendance, study, and reflection. Classes introduce important concepts about our faith, church history, and our membership vows. There are also usually volunteer or service elements, requirements for worship attendance and participation, and mentorship opportunities that create connections across generations at St. Paul's. Past classes have also had fun on field trips to historical sites, weekend retreats, craft and art projects, and learning from special guests.

JOINING THE CHURCH

Confirmation students, or "confirmands," who complete confirmation class and choose to become full church members will be received into membership, usually during the 10:30 AM worship service on Pentecost Sunday in late Spring, or another notable date on the church calendar.

MEETING SCHEDULE

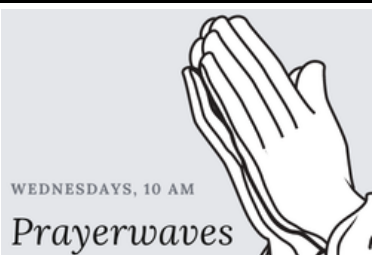
The exact series of dates, classes, and meeting times has varied over the years. Sometimes confirmation classes are scheduled to meet regularly throughout the year. Others are condensed into a short but intensive period of study and discernment. The pastors are working on this year's schedule now! Reach out to find out more!

SIGNING UP

E-mail Pastor Sheridan for more details at sallmond@stpaulsk.org.

More Ways to Be Involved

Many groups meet regularly during the year, and there are many ways to get involved with ministries, outreach, and hospitality at St. Paul's. Here are some of the groups inviting you to join in ministry and fellowship.



Wednesdays at 10:00 AM

Prayerwaves meets each week by phone. We take turns lifting up the needs of the church, community, and the world. On Wednesday, dial 425-436-6326 a few minutes before 10:00 AM. Enter access code 774042 followed by the # sign. If you would like to receive the prayer list by email, please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



This time for fellowship with drinks and snacks after worship occurs whenever a family, class, or groups offers to host. You might serve the ever-popular coffee and cookies... or it might be lemonade and cheese crackers, tea and tarts, cider and donuts, cocoa and candy canes... you decide! To host, simply add your name or group to the chart on the office bulletin board and take an instructions sheet (also available for download at stpaulsk.org/community/calendar-events).



Would life feel better right now if you had someone to listen to your worries and cares? Stephen Ministers are there for you! Stephen Ministers have received special training to provide one-on-one Christian care to those who are experiencing challenging life events. To learn how you or someone you know can receive care – or how to become a Stephen Minister – contact Martha Lipscomb, Stephen Leader, at mmlipscomb@verizon.net or 301-518-1642.



Few things better demonstrate our hospitality than making sure all of our members and friends receive a warm welcome upon arrival at church, and that new Sunday morning visitors can get some simple questions answered! Please consider participating in St. Paul's Welcome Ministry. We are always looking for volunteers to cover the welcome table by the Sanctuary doors and guide people as they enter for worship. Families are invited to volunteer together!



St. Paul's makes every effort to reach out to those who are experiencing times of sickness, grief, change, or celebration by providing greeting cards each week. On typical Sundays, anyone can stop by the Welcome Desk to pick up a pre-addressed, pre-stamped card. You can write a personal note or simply sign the card and drop it in the mail. We know card recipients are truly thankful for the notes that come their way.

Want to send your own card later, or spend some time in prayer for our members and friends? Pick up a Congregational Care list at the welcome desk on Sunday mornings. Please note that the Congregational Care list is not exhaustive. For privacy reasons, St. Paul's only shares information if given permission to do so by the person(s) involved or an immediate family member. If you have information to share please contact Erin Steele in the church office at stpaulsunited@stpaulsk.org.



Church leaders at St. Paul's serve in a unified board to guide such things as the church mission and ministry, finances, and personnel. The Leadership Team meets once a month in-person in the Octagon with a Zoom option, all meetings are open to the public. Contact the chairperson for 2026, Bill Stephens (wtstephens@verizon.net) for the meeting schedule and the Zoom link. For more about the Leadership Team, visit stpaulsk.org/community/meet-the-staff and scroll to the bottom of the page.



St. Paul's

United Methodist Church

10401 Armory Avenue
Kensington, MD 20895

stpaulsk.org | 301-933-7933

Worship with St. Paul's

Sunday Worship in the Sanctuary

August 2

10:30 AM • Summer Worship with Communion

August 9, 16, 23, 30

10:30 AM • Summer Worship

Worship-at-Home

Livestreaming every Sunday at 10:30 AM

stpaulsk.org/worship/worship-at-home

August 2026 Epistle Options

Email (color) or Mail (black & white):

Email stpaulsunited@stpaulsk.org
to be added to the distribution list

Download (color)

stpaulsk.org/community/epistle-weekly-news

